Oxford Health CAMHS (Oxon/Bucks)

#### EATING DISORDERS

PARENTS / CARERS SUPPORT GROUP

**WHO FOR?** Parents/carers of a young person with an eating disorder receiving care from Child/Adolescent Mental Health Services in Oxfordshire or Bucks

**WHY?** To share ideas and knowledge over a coffee with other parents of young people with eating disorders, to discuss particular topics facilitated by clinicians, and to learn the skills to be able to help your daughter and son recover from their eating disorder.

 Each session is led by clinicians experienced in working with young people with eating disorders

**WHEN?** Every month in term time on a Monday **from 5.15 – 6.30 pm**

**NEXT TWO MEETINGS:**

**Monday 19th November Different styles of caring for a young person with an eating disorder**

**Monday 17th December Motivating someone with an eating disorder**

## **WHERE?** The Venue, 242 B Barns Road, Cowley, Oxford OX4 3RQ – public parking nearby.

If you would like further information and to confirm a place, please contact

**Lindy Rapkins/Helen Scragg on 01865 904708**