

Please retain this letter and return the consent form to your child's school as soon as possible.

STAY WELL
THIS WINTER

Childhood Flu programme

Dear Parent/Guardian,

Autumn Term 2017

Your child's annual flu vaccination is now due

A yearly flu vaccination is now part of the UK childhood vaccination schedule. This vaccination programme is in place to help protect your child against flu. Flu vaccination is offered each year between October and January. Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family members and friends by preventing the spread of flu.

The vaccination is painless and free, given by a quick and simple spray up the nose.

Please complete the enclosed consent form (one for each child) and return to your child's school within the next 7 days to ensure your child receives their vaccination.

Date of vaccination session - the nasal flu vaccination will be given in school to children in Reception class and in year groups 1, 2, 3 & 4 this year. The school nurse team will visit each primary school once and the date will be given to you by your child's school. The dates will also be available on our website: www.oxfordhealth.nhs.uk/children-and-youngpeople/oxon/school-health-nursing/flu-immunisations/

Important parent/carer information - Please read the leaflet enclosed which explains the vaccination programme. If your child is at high risk from flu due to one or more medical conditions and can't have the nasal flu vaccine, they should have the flu vaccine by injection. Children at high risk are offered the flu vaccine each year from their GP and you can choose if you would like your child to be vaccinated in school or at your GP surgery.

Asthma- We will be unable to vaccinate your child with the nasal vaccine if they have had steroid tablets or increased use of inhaled steroids, in the two weeks prior to the vaccination session in school, or if they have been wheezy in the 3 days prior to the vaccination session in school. **Please inform the school nurses, contact details overleaf. If your child is wheezy on the day of the vaccination session, please phone us before school starts and inform the school office.**

Unwell on the day - If your child is not well enough to be vaccinated, they will be invited to book into the catch up sessions.

Catch up sessions - if your child is unwell or absent on the day of vaccination, the school nurse team (not your GP) will offer appointments in December/January. Please call the school nurse office nearest your child's school if you need to book an appointment, phone numbers overleaf.

Declining the offer of flu vaccination - Please return your consent form.

If your child has already been vaccinated (or booked to have the vaccine at GPs) as they are in a high risk group, or you decide you do not want to vaccinate your child against flu, please complete and return the consent form. If you would like to share why you do not want your child to receive the flu vaccine, this will help us plan and improve the service.

For further information: www.nhs.uk/child-flu

Contact the school nurse team if you have any concerns - flu.schoolnurses@oxfordhealth.nhs.uk

- **Email:** please include your child's name, date of birth and school
- **Phone** numbers overleaf, please contact the base nearest your child's school

Yours sincerely,

Margaret Fallon, Operational Manager, School Health Nursing

Contact Details (on the day of vaccination please call the mobile number)		
Area & School Office Base	School Nurse Assistant	Office Phone Number
Abingdon Community Hospital, Marcham Rd, OX14 1AG	Lynn Charles Mobile: 07776 162162	Tel : 01865 904890
Banbury Orchard Health Centre, Cope Rd, OX16 2EZ	Jemma Jackson Mobile: 07717 320582	Tel: 01865 904234
Bicester Victoria House Surgery, Buckingham Rd, OX26 3EU	Katie Peppiatt Mobile: 07717 701032	Tel: 01869 604095
Carterton/Chipping Norton Broadshires Health Centre, Carterton OX18 1JA	Alison Whitfield Mobile: 07799 407997	Tel: 01993 867149
Didcot Didcot Health Centre, Britwell Rd, OX11 7JH	Aimee Burgon Mobile: 07468 718674	Tel: 01235 515503
Oxford East Oxford Health Centre, Manzil Way, OX4 1XD	Clodagh Murphy Mobile: 07824 837556	Tel: 01865 904225
Wallingford (covering Sonning Common, Langtree and Henley) Wallingford Community Hospital OX10 9DU	Christine Sturdy Mobile: 07585 404378	Tel: 01865 904845
Wantage/Faringdon Wantage Health Centre, Mably Way, OX12 9BN	Lesley Tilbury Mobile: 0787 9412459	Tel: 01235 774548
Witney Cogges Surgery, 12 Cogges Hill Rd, OX28 3FS	Michelle Norgrove Mobile: 07795 302416	Tel: 01993 866120