

Information Governance

White Building Littlemore Mental Health Centre Sandford Road Littlemore Oxford OX4 4XN

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20 December 2017 Reference no. 17180270

Dear

Request for Information: Freedom of Information Act

Thank you for your email of 23 November, making a request for information under the Freedom of Information Act. You requested the following information and the Trust is able to provide the information below in response:

Request:

- 1. How many incidents of restraint were recorded in mental health units in your Trust in the year 2016/2017? (If data is not available for this time period, please provide us with the most up-to-date statistics) Where possible, could you please provide us with the recorded incidents of restraint broken down into the following categories?
- a. Physical/manual 1632
- b. Seclusion 397
- c. Mechanical 70
- d. Rapid tranquilisation 110 reported incidents from November 2016 to March 2017, medication marked as RT from November 2016 onwards
- 2. How many incidents of Restrictive Interventions were recorded per 1000 bed hours in mental health units in your Trust in the year 2016/17?" 0.054
- 3. How many incidents of harm caused by Restrictive Interventions were recorded in mental health units in your Trust in the year 2016/17? 96
- 4. How many staff were working in mental health units in your Trust in the year 2016/17? Approx 3500

- 5. How many staff in mental health units in your Trust were recorded as having used Restrictive Interventions in the year 2016/17? Names are not recorded in the Incident Recording system in a reportable form.
- 6. How many staff in mental health units in your Trust were assaulted by patients whilst attempting/following the use of Restrictive Interventions in the year 2016/17? 81 incidents
- 7. How many staff in mental health units in your Trust were injured whilst attempting/ following the use of Restrictive Interventions in the year 2016/17? 81 incidents8. Does your Trust have a policy in place for a Restrictive Intervention Reduction Programme? Please provide a copy of or a link to the most recent policy?

Please find the policy attached to the accompanying email.

9. How often has restrictive intervention training at your Trust been reviewed? Please provide a copy of or a link to the most recent documents relating to any review of restrictive intervention training.

Annually.

10. Is training provided in house or by an external provider? If the latter, which training provider does your Trust currently use to teach restrictive interventions?

In-house.

11. What were the factors which led to the decision to provide training either in house or by an external provider?

Quality/Continuity/Value.

12. When does your current training provider contract expire? Do you have measures in place to re-visit your training provider through open tendering in order to ensure your staff are receiving the highest quality training?

Not applicable.

- 13. What proportion of the restrictive intervention training programme at your Trust is dedicated to de-escalation? Where possible, please specify what percentage of your restrictive intervention training programme at your Trust is dedicated to teaching and assessing staff competencies in the following areas:
- a. Delivering person-centred trauma sensitive care and support
- b. Proactive and preventative skills (e.g. effective interpersonal skills; effective listening skills; effective verbal and de-escalation skills)
- c. Crisis/Reactive Physical Interventions

d. Approaches for post crisis support and learning

This information is not recorded but estimated to be 2/3.

14. Please provide a copy of or a link to any report or document relating to the restrictive intervention/ restraint training implemented in 2016.

https://www.oxfordhealth.nhs.uk/papers/25-october-2017/

Incident, Mortality and Patient Safety Report

15. When did your Trust last consider the issue of restrictive intervention reduction programmes and/ or the Trust's training provider? Please provide a copy of or a link to any relevant recent board papers regarding restrictive intervention reduction programmes.

24th November 2017.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to me and I will ensure the decision is reviewed. The Trust will consider undertaking a review if requested to do so within 40 working days of the date the response is received by the applicant, and will apply discretion if a longer period of time has passed.

Should you wish to make a complaint as a result of the outcome of such a review, you may apply directly to the Information Commissioner's Office (ICO) for a decision.

Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by the Trust for FoI Act matters.

The ICO can be contacted at:

The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF

Please contact me if there are any further queries.

Kind regards,

Yours sincerely,

Mark Underwood

Head of Information Governance