

# Reshaping Clinical Care in General Practice –11<sup>th</sup> November 2016

[Covering [dementia](#), [long term conditions](#), [older people](#), [integrated care](#), [safeguarding](#)]

## Dementia

### [Making personal budgets dementia friendly: a guide for local authorities](#)

8<sup>th</sup> November 2016

Source: Alzheimer's Society

Alzheimer's Society has produced a personal budgets guide of easy and cost-effective actions councils can take to improve the personal budgets process for people with dementia and their carers.

### [Attitudes to dementia: findings from the 2015 British Social Attitudes survey](#)

7<sup>th</sup> November 2016

Source: Public Health England

This report outlines findings from a survey carried out by the National Centre for Social Research (NatCen) which examined public awareness of risk factors for dementia.

### [Dementia 2020 citizens' engagement programme: toolkit for engaging people with dementia and carers](#)

4<sup>th</sup> November 2016

Source: Department of Health

This toolkit, aimed at dementia groups and networks, provides guidance and helpful tips about facilitating discussions with people with dementia and carers effectively and sensitively.

### [Towards improved decision support in the assessment and management of pain for people with dementia in hospital: a systematic meta-review and observational study](#)

1<sup>st</sup> November 2016

Source: National Institute for Health Research

This study reviews the literature and explores staff and carer views to identify robust methods for identifying, assessing and managing pain.

## **Improving the mix of institutional and community care for older people with dementia: an application of the balance of care approach in eight European countries**

*S. Tucker et al, Aging & Mental Health Dec 2016; 20(12):1327-1338*

Believed to be the first transnational application of the 'Balance of Care' approach, the findings offer important evidence on the appropriateness of current provision, and the opportunity to learn from different countries' experience. *Please contact the Library for a copy of this article.*

### [Public unaware of the factors that increase the risk of dementia](#)

26<sup>th</sup> October 2016

Source: Public Health England

Just 2% of people in Britain can identify all the health and lifestyle factors that can increase risk of developing dementia.

### [MRC awards £4.3m to boost UK research base in dementia](#)

25<sup>th</sup> October 2016

Source: Medical Research Council

The Momentum awards, designed to support the UK Dementia Research Institute (DRI), will help open new research avenues which could transform the potential of dementia research in the UK.

## Integrated Care

### [Presentations from the 2016 Integrated Care Summit](#)

20<sup>th</sup> October 2016

Source: *King's Fund*

Includes examples /case studies of good practice from around the UK.

### [Pharmacy Integration Fund of £42 million announced](#)

20<sup>th</sup> October 2016

Source: *King's Fund*

NHS England has announced a £42m Pharmacy Integration Fund (PhIF) to support pharmacy to transform how it operates across the NHS for the benefit of patients over the next two years.

### [Police and Public Health Innovation in practice: an overview of collaboration across England](#)

1<sup>st</sup> November 2016

Source: *King's Fund*

Case studies of initiatives between police and public health from across the country, aimed at police, local authorities and the NHS, developed to stimulate discussion and sharing of good practice with a view to developing a national consensus statement.

## Long-Term Conditions

[including Cancer, Diabetes, and general management]

### [Hydromorphone for the treatment of cancer pain](#)

11<sup>th</sup> October 2016

Source: *Cochrane*

Cancer pain is a distressing symptom that tends to worsen as the disease progresses. These symptoms may be relieved by Hydromorphone, but this review indicated little difference between hydromorphone and other opioids in terms of analgesic efficacy.

### [Lower recommended dose for etoricoxib](#)

18<sup>th</sup> October 2016

Source: *MIMS*

The recommended dose of Arcoxia (etoricoxib) has been reduced to 60mg daily for patients with rheumatoid arthritis or ankylosing spondylitis following two randomised, double-blind, phase III trials.

### [Flu vaccine reduces deaths for people with type 2 diabetes](#)

18<sup>th</sup> October 2016

Source: *NIHR*

Flu vaccination helps prevent some deaths, serious strokes, heart failure and pneumonia in people with type 2 diabetes, according to results of a population-based study examining GP & hospital records of almost 125,000 adults with type 2 diabetes in England.

### [NICE recommends wider use of tests to detect cancer-causing genetic condition](#)

21<sup>st</sup> October 2016

Source: *NICE*

NICE has published draft guidance recommending that any person diagnosed with colorectal cancer should also be tested for the inherited genetic condition Lynch Syndrome, which carries an increased risk of developing other conditions including womb, ovarian and stomach cancer.

## **NHS England launches biggest upgrade to NHS cancer treatment in 15 years**

25<sup>th</sup> October 2016

Source: NHS England

The NHS has launched a £130m investment to support the upgrade of older Linac radiotherapy equipment in hospitals across the country.

## **Complexities and challenges: Working with multiple conditions**

8<sup>th</sup> November 2016

Source: Fit for Work UK Coalition

Report shows people who experience multiple long-term health conditions have poorer outcomes for a range of employment-related measures, and find ways multiple health conditions, might be managed to better support people to stay in employment.

## **Older people**

### **Effects of self-management support programmes on activities of daily living of older adults: a systematic review.**

*van Het Bolscher-Niehuis MJT. International Journal of Nursing Studies 2016;61:230-247.*

Self-management support programmes with a multi-component structure, containing disease-specific information, education of knowledge and skills and, in particular, individually tailored coaching, improve the activities of daily living of older adults.

[Contact the Library for a copy of this article](#)

### **The missing million: a practical guide to identifying and talking about loneliness**

8<sup>th</sup> November 2016

Source: Campaign to End Loneliness

This guide aims to support commissioners, service providers, front line staff and volunteers in identifying people who experience, or are at risk of experiencing, loneliness.

### **Reducing falls among older people in general practice: The ProAct65+ exercise intervention trial.**

*Gawler, S. et al, Archives of Gerontology and Geriatrics, Nov 2016; 67:46-54*

This large, cluster-randomised, controlled trial, investigated the effectiveness of a home exercise programme and a group-based exercise programme compared to usual care at increasing moderate to vigorous physical activity. [Contact the Library for a copy of this article](#)

### **Using data to identify good-quality care for older people**

3<sup>rd</sup> November 2016

Source: Nuffield Trust

Explores how routine health care data can be used in innovative ways to determine areas that have made quality improvements in the care of frail and older people over time.

### **Social Care for Older People**

28<sup>th</sup> October 2016

Source: Nuffield Trust and King's Fund

This report looks at the current state of social care services for older people in England, through a combination of national data and interviews with local authorities, NHS and private providers, Healthwatch and other groups.

### Hidden in plain sight

26<sup>th</sup> October 2016

Source: Age UK

According to a new Age UK report, the current availability of mental health services does not meet the increasingly high demand from our ageing population.

### Creating age friendly cities

25<sup>th</sup> October 2016

Source: Parliamentary Office of Science and Technology (POST)

This briefing examines how housing, outdoor spaces and transport can be made more age-friendly.

### Harnessing social action to support older people

21<sup>st</sup> October 2016

Source: King's Fund

An evaluation of seven of these projects found that, while they had tangible benefits for patients, there was no evidence of a reduction in hospital use.

### 9 out of 10 people worry about older people in their community

11<sup>th</sup> October 2016

Source: Contact the Elderly

Charity that organises free monthly Sunday afternoon tea parties throughout the year, ensuring isolated older people, living alone and aged 75 and over, have a regular social activity to look forward to.

## Safeguarding

### Safer Maternity Care

17<sup>th</sup> October 2016

Source: Gov.uk

The Safer Maternity Care action plan is part of the national ambition to halve rates of stillbirths, neonatal deaths, maternal deaths and brain injuries that occur during or shortly after birth, by 2030

### Women with epilepsy should be better informed about the risks of taking sodium valproate during pregnancy, survey shows

31<sup>st</sup> October 2016

Source: Epilepsy UK

A survey has found 1 in 5 women taking the epilepsy medicine sodium valproate don't know the risks it can cause during pregnancy, which include a 4 in 10 risk of developmental problems and a 1 in 10 at risk of birth defects.

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