

Reshaping Clinical Care in General Practice – 9th December 2016

[Covering [dementia](#), [long term conditions](#), [older people](#), [integrated care](#), [safeguarding](#)]

Dementia

Inequalities in receipt of mental and physical healthcare in people with dementia in the UK

Claudia Cooper et al, Age and Ageing, published online 4th Dec 2016, doi: 10.1093/ageing/afw208

Concludes that people with dementia, in particular women, appear to receive less primary healthcare, but take more psychotropic medication that may negatively impact their physical health.

Meeting the need: what makes a 'good' JSNA for mental health or dementia

5th December 2016

Source: Centre for Mental Health

This research explores how five local councils across England went about understanding the mental health needs of their communities and taking action to meet them more effectively.

Sustaining people with dementia or mild cognitive impairment in employment: A systematic review of qualitative evidence.

McCulloch S. British Journal of Occupational Therapy 2016;79(11):682 - 692.

This systematic review aimed to identify and synthesise the best available qualitative evidence regarding the needs, experiences and perspectives of people with early onset dementia or mild cognitive impairment who were either in employment or wished to gain employment.

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Informant Questionnaire on Cognitive Decline in the Elderly (IQCODE) for the early diagnosis of dementia across a variety of healthcare settings.

Harrison JK. Cochrane Database of Systematic Reviews 2016;(11):CD011333.

Authors' conclusions: Included studies were heterogenous, recruited from specialist settings, and had potential biases. The studies identified did not allow specific recommendations to be made on the use of the IQCODE for the future diagnosis of dementia in clinical practice.

CCG improvement and assessment framework: dementia support offer

November 2016

Source: NHS England

NHS England has published the dementia element of the CCG improvement and assessment framework.

Diagnostic Care Pathways in Dementia: A Review of the Involvement of Primary Care in Practice and Innovation

Wells, Christine E; Smith, Sarah J, Journal of primary care & community health; Nov 2016

Reviews the extent of the involvement of primary care in diagnostic care pathways for people presenting with memory complaints within England, with examples of innovative approaches.

Dementia: Implementing Better Care Thursday 20th April 2017, Manchester

29th November 2016

Source: Open Forum Events

Event with opportunity to discuss the quality and consistency of dementia care across England and explore how to reduce dementia inequalities from the best practice approaches across the country.

Cost effectiveness of using cognitive screening tests for detecting dementia and mild cognitive impairment in primary care.

Tong, Thaison et al, International journal of geriatric psychiatry, Nov 2016

Indicates that the use of any of the three cognitive tests could be considered a cost-effective strategy compared with GP unassisted judgement.

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Dementia 2020 implementing the challenge 13th April 2017 Royal Society Medicine, London

21st November 2016

Source: GovConnect Ltd

Conference to review and assess the actions included in the Dementia 2020 Implementation plan.

Shocking reality of dementia homecare hidden behind closed doors

17th November 2016

Source: Alzheimer's Society

An Alzheimer's Society investigation indicates that lack of dementia training for homecare workers results in intolerable stress for people with dementia, families and carers - and for the homecare workers themselves.

Dementia Resources

17th November 2016

Source: Social Institute for Care Excellence

SCIE dementia online resources and e-learning available to those supporting people with dementia.

2.4m download mobile game to fight dementia

17th November 2016

Source: Digital Health

Crowd-sourced data from a mobile game downloaded 2.4 million times could help set a new benchmark for detecting early signs of dementia. The project is based on player data for the specifically designed Sea Hero Quest and may help set the benchmark for normal spatial awareness.

Computerized Cognitive Training in Older Adults With Mild Cognitive Impairment or Dementia: A Systematic Review and Meta-Analysis

14th November 2016

Source: American Journal of Psychiatry

Research published today shows that computer-based brain training is able to help people with mild cognitive impairment (MCI) to improve memory, learning and thinking skills, as well as their mood.

New figures show dementia is leading cause of death in England and Wales

November 14th 2016

Source: Office for National Statistics

For the first time, dementia, including Alzheimer's Disease, is the leading cause of death for England and Wales. Of the 529,655 deaths registered during 2015, dementia accounted for 61,686 (11.6%).

Association of Higher Cortical Amyloid Burden with Loneliness in Cognitively Normal Older Adults

Nancy J. Donovan et al, JAMA Psychiatry, November 2, 2016, doi:10.1001/jamapsychiatry.2016.2657

People who had high levels of the protein amyloid in their brain more likely to be classified as lonely.

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Screening for Dementia in Primary Care: A Comparison of the GPCOG and the MMSE.

Bradaty, Henry, Connors, Michael H, Loy, Clement et al, Dementia and geriatric cognitive disorders, Nov 2016; 42 (5-6):323-330

Study compared the General Practitioner Assessment of Cognition (GPCOG) to the Mini-Mental State Examination (MMSE) for the ability to detect likely dementia in primary care.

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HSJ Awards Winners 2016: North East London Foundation Trust - Dementia crisis support team – an innovative model of dementia care

November 2016

Source: HSJ

North East London Foundation Trust created a multidisciplinary team to offer care in the community for dementia sufferers in crisis. Almost 1,000 mental health bed days were saved across the South West Essex CCGs in a 12-month period, and a 24-bed unit has been closed.

Integrated Care

Royal College of General Practitioners (RCGP) report: Integration of Care

14th November 2016

Source: Royal College of General Practitioners

Makes the case for integrated care, setting out the leading role that general practice can play in implementing it.

Understanding value in healthcare – the key to successful new care models

18th November 2016

Source: PCC

This workshop on 10th January in Birmingham, is aimed at commissioners and providers of primary care, community services and acute care, particularly those starting to plan for services across sustainability and transformation plan (STP) footprints.

Contracting for new care models

18th November 2016

Source: PCC

This event on the 22nd March in Birmingham will discuss how creative use of the contracting process including primary care is a critical factor in making new models of care happen.

Efficiency opportunities through health and social care integration: delivering more sustainable health and care

16th November 2016

Source: Local Government Association

Up to one in four people are admitted to hospital unnecessarily and could be looked after elsewhere if better use was made of services available to treat people closer to home.

Oxford University Hospital and Oxford Health Foundation to create not for profit organisation with GP federation

23 November 2016

Source: HSJ

The partners must agree contractual and organisational model by next week to enable some joint commissioning for 2017-18. Oxfordshire CCG will devolve all but its statutory accountabilities to the new organisation.

Improving how general practice and hospitals work together

November 2016

Source: NHS England

The 2017/18 and 2018/19 NHS Standard Contract has been changed to improve the interaction between practices and local hospitals.

Integrated care for older people with frailty: innovative approaches in practice

24th November 2016

Source: Royal College of General Practitioners

This report showcases how GPs and geriatricians are collaborating to design and lead innovative schemes to improve the provision of integrated care for older people with frailty.

Long-Term Conditions

[including Cancer, Diabetes, and general management]

Helping people look after themselves: a guide on self care

14th November 2016

Source: Local Government Association

This report calls for a new culture of care to reduce the pressures on doctors and hospitals. It details the role GPs can play in educating the public on self-care and how patients can treat themselves or manage long-term conditions by taking preventative measures to stay fit.

Responding to the needs of patients with multimorbidity

14th November 2016

Source: Royal College of General Practitioners

This report recommends improving communication between primary and secondary care; increasing exposure of delivering care for those with multimorbidity in GP training; and developing improved decision making tools.

Integrated Improving Access to Psychological Therapies (IAPT) Early Implementers

16th November

Source: NHS England

On 19 October 2016, NHS England announced the locations of wave one of the new Integrated IAPT Early Implementers across England. Some will be integrated within general practice, working towards 3000 extra mental health therapists working in general practice by 2020/21.

Primary care: COPD in England – finding the measure of success

16th November 2016

Source: Royal College of Physicians

Report aims to provide General Practice with recommendations on the care and diagnosis of people with chronic obstructive pulmonary disease (COPD).

New biologic option for Crohn's disease

17th November 2016

Source: MIMS

Patients with moderately to severely active Crohn's disease can now be treated with Stelara (ustekinumab).

PHE cancer data sets, linkage and availability

9th November 2016

Source: Public Health England

Overview of the cancer data sets and availability to request from the National Cancer Registration and Analysis Service (NCRAS) to support direct care and secondary use purposes.

NICE says pancreatic cancer treatment considered not cost effective for routine NHS use

15th November 2016

Source: NICE

The drug pegylated liposomal irinotecan, was not clinically effective enough to justify its high cost.

NICE approves three quarters of CDF group 1 drugs for routine use

17th November 2016

Source: NICE

More than 75% of treatments in the Cancer Drugs Fund (CDF) which have been looked at again by NICE have received positive recommendations for routine NHS use.

Price discount helps give green light for breast cancer drug pertuzumab

18th November 2016

Source: NICE

NICE approves pertuzumab to shrink tumours in some cases so surgery can take place.

HSJ Awards Winners: Hertfordshire Partnership University Foundation Trust - Hospitals at home: CAMHS eating disorder service

November 2016

Source: HSJ

A two-day course was created to teach parents skills to help their children overcome eating disorders. Demand on clinics was reduced and funding increased to further develop the service.

HSJ Awards Winners: Nottingham City CCG, Nottingham City Council and partners - Connecting care – improved partnership working through integrated care

November 2016

Source: HSJ

Demonstrates working together to help people with long-term conditions. More than 7,000 people were using assistive technology, helping to slash health & social care spend by £333 per service user.

HSJ Awards Winners: Aneurin Bevan University Health Board - Living Well Living Longer Programme

November 2016

Source: HSJ

People were invited on geographical and clinical grounds to attend 45-minute appointments to assess their risk of developing cardiovascular disease.

Palliative care in children with cancer: implications for general practice

Van der Geest, IMM, et al, (2016), *British Journal of General Practice*, Dec, DOI: 10.3399/bjgp16X688009.

The majority of children with cancer die at home, highlighting the role of community healthcare professionals, particularly GPs, in caring for children with advanced cancer.

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Patients' beliefs on the impediments to good diabetes control: a mixed methods study of patients in general practice

Elliott, A J., et al, 2016, *The British Journal of General Practice*, Dec, DOI: 10.3399/bjgp16X687589

Questionnaires were offered to patients attending for a diabetes review in the 24 GP practices of North East Hampshire and Farnham Clinical Commissioning Group.

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Reducing the risk of type 2 diabetes mellitus in primary care after gestational diabetes: a role for mobile technology to improve current care

McMillan, B., et al, 2016, *The British Journal of General Practice*, Dec, DOI: 10.3399/bjgp16X688297

Although GD is a significant factor for the subsequent development of T2DM, primary care management is suboptimal. This article discusses how primary care support for women diagnosed with GD these women might be improved.

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NICE recommends extra 'triple therapy' drug for treating type 2 diabetes

23rd November 2016

Source: NICE

NICE has published final guidance recommending dapagliflozin for treating type 2 diabetes in 'triple therapy'.

NICE reviews multiple myeloma drug and approves for routine use

23rd November 2016

Source: NICE

NICE draft guidance recommends pomalidomide, a drug that treats some people with bone marrow cancer, for routine use on the NHS.

Multimorbidity – the biggest clinical challenge facing the NHS? – Dawn

Moody and David Bramley

25th November 2016

Source: NHS England

Blog explores adverse impact of multimorbidity upon individual quality of life and examine its association with higher mortality, adverse drug events and greater use of unplanned care.

Cancer Research UK - 135,000 alcohol-related cancer deaths predicted by 2035

18th November 2016

Source: Cancer Research UK

Alcohol will cause around 135,000 cancer deaths over the next 20 years and will cost the NHS an estimated £2 billion in treatments, according to estimates from a new report by Sheffield University.

Inhaled corticosteroids with combination inhaled long-acting beta2-agonists and long-acting muscarinic antagonists for chronic obstructive pulmonary disease.

Tan DJ. *Cochrane Database of Systematic Reviews* 2016;(11):CD011600.

There is a need for well-designed RCTs to investigate whether ICS provide added therapeutic benefit.

Inhaler technique in children with asthma: a systematic review.

Gillette C. *Academic Pediatrics* 2016;16(7):605-615.

This systematic review examined: 1) the prevalence of correct inhaler technique among children with asthma, 2) if educational interventions are associated with improved rates of correct inhalation technique 3) is improved inhaler technique associated with improved asthma outcomes?

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Fibrates for primary prevention of cardiovascular disease events.

Jakob T. *Cochrane Database of Systematic Reviews* 2016;(11):CD009753.

Moderate-quality evidence suggests that fibrates lower the risk for cardiovascular and coronary events in primary prevention, but the absolute treatment effects in the primary prevention setting are modest (absolute risk reductions < 1%).

Diabetes (type 1 and type 2) in children and young people: diagnosis and management.

November 2016

Source: NICE

In November 2016, recommendations 1.2.115 and 1.3.52 were amended to add information on when eye screening should begin and referral for eye screening should happen.

Hypertension in adults: diagnosis and management.

November 2016

Source: NICE

In November 2016 a footnote about 2 MHRA drug safety alerts was added to recommendations in section 1.6 covering angiotensin-converting enzyme (ACE) inhibitors.

Improving self-management of cancer risk factors, underscreening for cancer and depression among general practice patients: study protocol of a randomised controlled trial.

Carey, M., et al, 2016, *BMJ open*, 6 (11), e014782., 2044-6055

Given the time-limited nature of consultations, a new and more time-efficient approach is needed to these processes.

Intermittent inhaled steroids reduce asthma attacks in wheezing preschool children

22nd November 2016

Source: NIHR Signal

Regular daily steroid inhalers reduce the number of severe asthma exacerbations requiring soluble tablets or injections in wheezing preschool children by about a third.

Life-extending breast cancer drug approved by NICE in draft guidance

3rd November 2016

Source: NICE

People with advanced breast cancer are set to benefit from a life-extending drug as NICE says it should be available on the NHS.

Long-term conditions financial model for new models of care

2nd December

Source: nhsnetworks

NHS England is backing a tool to help CCGs understand the financial and/or activity implications for new models of care for people with long-term conditions.

Older people

Better transfers of care for older people

8th December 2016

Source: King's Fund

Event on 21 February 2017 will explore new ways of ensuring older people experience a safe, appropriate and timely discharge from hospital that is right for them and their health needs.

Cycle BOOM can cycling help older people maintain their health and wellbeing?

5th December 2016

Source: Cycle Boom

This report investigates the barriers and potential for using cycling to enable better health and wellbeing for older people. It explores why only one per cent of older people in the UK use bicycles as a mode of transport compared to other European countries.

Age Friendly Places. Making our community a great place to grow older

30th November 2016

Source: Age UK

This Age UK report looks at making communities age friendly places. Living longer is a huge opportunity if we adapt our neighbourhoods and communities to work for us as we age.

Changing risk behaviours and promoting cognitive health in older adults

29th November 2016

Source: PHE

A resource to identify interventions to help uptake and maintenance of healthy behaviours and promote cognitive health among older adults living in the community.

Integrated care for older people with frailty: innovative approaches in practice

29th November 2016

Source: Royal College General Practitioners

This report, written in partnership with the British Geriatrics Society, showcases how GPs and geriatricians are collaborating to design and lead innovative schemes to improve the provision of integrated care for older people with frailty.

Older people remain on blood pressure agents despite being hypotensive resulting in increased mortality and hospital admission.

Morrissey, Yvonne *et al*, *Age and ageing*; Nov 2016; 45(6): 783-788

Describes study in Kent where hypotension was independently associated with mortality, acute kidney injury and hospital admission.

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Older people's care survey

25th November 2016

Source: Family and Childcare Trust

This report gathers data from local authorities about local care costs and availability. It reveals that four in five local authorities in the UK report not having enough care for older people in their area.

Using data to identify good-quality care for older people

15th November 2016

Source: Nuffield Trust

Results of a pilot analysis of the effectiveness of using routine health care data to determine areas that have made quality improvements in the care of frail and older people over time.

Weight loss interventions in older adults with obesity: a systematic review of randomized controlled trials since 2005.

Batsis JA. *Journal of the American Geriatrics Society* 2016;(September 2016):epub.

The evidence supporting geriatric obesity interventions to improve physical function and quality of life is of low to moderate quality. Well-designed trials are needed in this population.

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Carers Leeds with Leeds City Council and Leeds CCGs - Leeds yellow card scheme

HSJ Awards November 2016

Source: HSJ

With research showing the heightened risk of poor health among carers, GPs used yellow cards to speed and simplify the carer referral process. Ninety-five per cent of the people put in touch with Carers Leeds perceived positive outcomes from the contact.

Safeguarding

Freedom to speak up in Primary Care Guidance to primary care providers on supporting whistleblowing in the NHS

11 November 2016

Source: NHS England

NHS England confirmed the steps to make it easier for primary care staff to raise their concerns so that action can be taken and improvements made.

Health matters: increasing the uptake of HIV testing

1 December 2016

Source: Public Health England

Report from PHE describes the current state of early HIV testing, and proposes mechanisms by which early testing can be normalised and promoted by clinicians and commissioners, in order to increase early and effective intervention in line with UN targets.

The Mental Health of Young People in England

9 December 2016

Source: Public Health England

Report from PHE describes the importance of mental health and wellbeing among children and young people, summarises evidence of what works to improve their mental health, and makes the case for investment to inform local transformation of services

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