



Reshaping Clinical Care in General Practice – 25th May 2018

[Covering [dementia](#), [integrated care](#), [long term conditions](#), [older people](#), , [safeguarding](#)]

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Dementia

[After a diagnosis of dementia: what to expect from health and care services](#)

Dept of Health and Social Care

17th May 2018

A guide to the support people should get from local services in England if they or someone they know have been diagnosed with dementia.

[Dementia – the true cost: fixing the care crisis](#)

Alzheimer's Society

22nd May 2018

An investigation by the Alzheimer's Society has discovered that each year tens of thousands of people with dementia are being admitted to hospital via accident and emergency because inadequate social care is leaving them unprotected from falls and infections.

[Dementia-friendly rural communities guide](#)

Alzheimer's Society

22nd May 2018

This guide gives best practice advice on how to create a dementia-friendly community in rural areas and shares successful case studies from across the country.

[Dementia And Physical Activity \(DAPA\) trial of moderate to high intensity exercise training for people with dementia: randomised controlled trial.](#)

Lamb, Sarah E et al, BMJ, May 2018;361:k1675

A moderate to high intensity aerobic and strength exercise training programme does not slow cognitive impairment in people with mild to moderate dementia. The exercise training programme improved physical fitness, but there were no noticeable improvements in other clinical outcomes.

[Anticholinergic drugs and risk of dementia: case-control study](#)

Richardson, Kathryn et al, BMJ 2018;361:k1315

There are robust associations between levels of anticholinergic antidepressants, anti parkinsons, and urologicals and the risk of a diagnosis of dementia up to 20 years after exposure. Other anticholinergics appear not to be linked to the risk of dementia, and risks remain uncertain for other drugs. Clinicians should continue to be vigilant with respect to the use of anticholinergic drugs.

[Case managers improve outcomes for people with dementia and their carers](#)

NIHR Signal

28th April 2018

Using a case manager to coordinate health and social care improves the challenging behaviour of people with dementia and reduces the burden on caregivers. Quality of life of caregivers improves the most when case managers have a professional background in nursing.



[Empowering dementia patients and their carers](#)

Alison Moore

HSJ 10 May 2018

Reports on an award winning dementia care service that's helping to keep people out of crisis.

Integrated Care

[Developing new models of care in the PACS vanguards: a new national approach to large-scale change?](#)

The King's Fund

April 2018

For this report, commissioned by NHS England, we invited those who have led the development of the primary and acute care systems (PACS) model to reflect on the process of being part of the programme, and of trying to bring about complex change in local systems.

[Caring for people with learning disabilities: the importance of support in the right place](#)

The King's Fund

April 2018

This [online event](#) explored various models of care that are set up to support people with learning disabilities in the right setting. Helping people live in the community with the right levels of support and close to home is central to NHS England's Transforming Care programme.

[Factors affecting general practice collaboration with voluntary and community sector organisations.](#)

Southby, Kris; Gamsu, Mark Health & Social Care in the Community; May 2018; vol. 26 (no. 3)

The identified factors affecting GP-VCS collaboration were: shared understanding, time and resources, trust, strong leadership, operational systems and governance and the "negotiation" of professional boundaries. There are issues yet to be resolved before collaboration—especially more holistic and integrated approaches—becomes systematically embedded into practice.

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Responsibility for follow-up during the diagnostic process in primary care: A secondary analysis of International Cancer Benchmarking Partnership data

Nicholson B.D. et al British Journal of General Practice; May 2018; vol. 68 (no. 670)

The degree to which PCPs retain responsibility for follow-up is dependent on their level of concern about the patient and their primary care system's properties. Integrated systems to support follow-up are at present underutilised, and research into their development, uptake, and effectiveness seems warranted.

Contact the library for a copy of this article

[Realist evaluation of social prescribing: an exploration into the context and mechanisms underpinning a pathway linking primary care with the voluntary sector.](#)

Bertotti, Marcello Primary health care research & development; May 2018; vol. 19 (no. 3); p. 232-245

Although social prescribing shows significant potential for the benefit of patients and primary care, several challenges need to be considered and overcome, including 'buy in' from some GPs, branding, and funding for the third sector in a context where social care cuts are severely affecting the delivery of health care.

Computer screening for palliative care needs in primary care: A mixed-methods study

Mason B. et al. *British Journal of General Practice*; May 2018; vol. 68 (no. 670)

GP practices can use computer searching to generate lists of patients for review and care planning. Screening for people with deteriorating health at risk from unplanned care is a current focus for quality improvement and should not be limited by labelling it solely as 'palliative care'.

[Contact the library for a copy of this article](#)

The effects of integrated care: a systematic review of UK and international evidence.

Baxter S. *BMC Health Services Research* 2018;18(1):350.

Healthcare systems around the world have been responding to the demand for better integrated models of service delivery. However, there is a need for further clarity regarding the effects of these new models of integration, and exploration regarding whether models introduced in other care systems may achieve similar outcomes in a UK national health service context.

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Primary care home: community pharmacy integration and innovation.

National Association of Primary Care (NAPC); 2018.

This report aims to inspire further integration of community pharmacy within primary care homes to improve patients' health and support them to manage their conditions. By learning from those leading the way and exploring innovative ways of working together they could have a bigger impact on improving the health and care needs of their local population.

Clinical and economic outcomes of nurse-led services in the ambulatory care setting: A systematic review.

Chan, Raymond J. et al. *International Journal of Nursing Studies*; May 2018; vol. 81 ; p. 61-80

Nurse-led care is a safe and feasible model of care for consideration across ambulatory care settings. With appropriate training and support provided, nurse-led care can produce at least equivocal outcomes or at times better outcomes in terms of health-related quality of life compared to physician-led care or standard care for managing chronic conditions.

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Long-Term Conditions

[including Cancer, Diabetes, and general management]

Tackling obesity: what the UK can learn from other countries

Matt James et al

April 2018

2020health's third report on obesity since 2014 highlights the fact that strong and mandated central policy, supporting bold, holistic local action, is still needed to impact what is arguably the greatest health challenge of the 21st century. The report examines topical obesity intervention strategies from around the world to frame the question: can the UK learn from policy abroad?

Weight loss as a predictor of cancer in primary care: A systematic review and meta-analysis

Nicholson B.D. et al Source British Journal of General Practice; May 2018; vol. 68 (no. 670)

A primary care clinician's decision to code for weight loss is highly predictive of cancer. For such patients, urgent referral pathways are justified to investigate for cancer across multiple sites.

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Associations between barriers to self-care and diabetes complications among patients with type 2 diabetes.

Sina, Maryam et al

Diabetes research and clinical practice; Apr 2018

Study covering General Practice in the East of England. Barriers to self-care are significantly more common among those with, than those without, diabetes complications. Systematic identification and management of different barriers to selfcare could help personalise care for those with diabetes related complications.

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The current and potential health benefits of the National Health Service Health Check cardiovascular disease prevention programme in England: A microsimulation study

Mytton O.T. et al

PLoS Medicine; Mar 2018; vol. 15 (no. 3)

Our model indicates that the current NHS Health Check programme is contributing to improvements in health and reducing health inequalities. Feasible changes in the organisation of the programme could result in more than a 3-fold increase in health benefits.

Epilepsies: diagnosis and management.

National Institute for Health and Care Excellence (NICE);2018.

The guideline covers diagnosing, treating and managing epilepsy and seizures in children, young people and adults in primary and secondary care. It offers best practice advice on managing epilepsy to improve health outcomes so that people with epilepsy can fully participate in daily life]

Bipolar disorder: assessment and management.

National Institute for Health and Care Excellence (NICE);2018.

This guideline covers recognising, assessing and treating bipolar disorder (formerly known as manic depression) in children, young people and adults. In April 2018, we added warnings that valproate must not be used in pregnancy, and only used in girls and women when there is no alternative and a pregnancy prevention plan is in place. This is because of the risk of malformations and developmental abnormalities in the baby.

Case managers improve outcomes for people with dementia and their carers.

NIHR Dissemination Centre; 2018.

Using a case manager to coordinate health and social care improves the challenging behaviour of people with dementia and reduces the burden on caregivers. Quality of life of caregivers improves the most when case managers have a professional background in nursing.

Funding supported housing for all: Specialised Supported Housing for people with a learning disability.

Mencap; 2018.

Living independently with support in the community has a positive impact on people's wellbeing for people with a learning disability. The provision of SHH is a housing alternative to people with complex

needs who might otherwise have lived in residential care, or NHS provisions such as 'secure' accommodation.

[A meta-ethnography of health-care professionals' experience of treating adults with chronic non-malignant pain to improve the experience and quality of healthcare.](#)

Toye F. *Health Services and Delivery Research* 2018;6(16)

This study highlights areas that help us to understand why the experience of health care can be difficult for patients and health-care professionals and, importantly, that health-care professionals can find it challenging not to find a diagnosis.

[Self-care for older people with psoriasis.](#)

Authors Onselen, Julie Van *British Journal of Community Nursing*; May 2018; vol. 23 (no. 5);p.214-217

Psoriasis affects 1.5% of the UK population and due to the ageing population it is more common in older people. Chronic plaque psoriasis can be challenging for older people as the majority are treated in primary care and expected to self-manage. Community nurses can support older people with psoriasis and their families in understanding current evidence based psoriasis management.

[Towards a strategic alignment of public health and primary care practices at local levels- the case of severe and enduring mental illness](#)

Banarsee R. et al. *London Journal of Primary Care*; 2018; vol. 10 (no. 2); p. 19-23

The rapidly increasing number of people who have long-term conditions requires a system of coordinated support for self-care throughout the NHS. A system to support self-care needs to be aligned to systems that support shared-care and community development, making it easier for the multidisciplinary teams who provide care to also help patients and populations to help themselves.

[Sustaining quality in the community: trends in the performance of a structured diabetes care programme in primary care over 16 years.](#)

Riordan, F; *Diabetic medicine* Apr 2018

Structured primary care led to improvements in the quality of care. Poorer recording of some processes, a decline in annual review attendance, and participants remaining at high risk suggest limits to what structured care alone can achieve. Engagement in continuous quality improvement to target other factors, including attendance and self-management, may deliver further improvements.

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Does D-dimer testing safely exclude acute pe and dvt in the community?

Williams S.; Downey C.; Dutt T.; Gautam M. *British Journal of Haematology*; Apr 2018; vol. 181 ; p. 206

Community patients are being left at risk with untreated acute PE and DVT, prompting a review of the safety of D-Dimer testing in Primary Care, in the absence of robust clinical care pathways.

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Older people

[Health, ageing and support: survey of views of people aged 50 and over](#)

Dept Health and Social Care

17th May 2018

This report provides the results from an Ipsos MORI survey of the views of people aged 50 or over on health, ageing and support.

[A better offer for older people; making extra care housing work for your community](#)

Mears Group

15th May 2018

Extra care housing can contribute to meeting the needs of the country's older population. The report examines the potential and challenges of extra care housing and includes insights from residents.

[Telephone-based management of chronic pain in older adults in an integrated care program.](#)

Helstrom, Amy et al, *International journal of geriatric psychiatry*; May 2018; 33(5):779-785

Older adults treated with psychotropic medications often also experience chronic pain that interferes with daily activities. A telephone-based care management intervention is acceptable and feasible with an older community-based population and can lead to improvements in anxiety symptoms and interference from chronic pain.

[Effect of health literacy on the quality of life of older patients with long-term conditions: a large cohort study in UK general practice.](#)

Panagioti, Maria et al, *Quality of Life Research : an international journal of quality of life aspects of treatment, care and rehabilitation*; May 2018; 27(5):1257-1268

This is the largest, most complete assessment of the effects of health literacy on QoL in older adults with LTCs. Low health literacy is an independent indicator of poor QoL older patients with LTCs. Interventions to improve health literacy in older people with LTCs are encouraged by these findings.

[Ageing Population: Meeting Needs Through Innovation 2018](#)

Open Forum Events

9th May 2018

Conference in Manchester on 11th July 2018, where the challenges, opportunities and initiatives, which are associated with an older population, will be discussed and shared.

[The everyday lives of older adults with visual impairment: An occupational perspective.](#)

Nastasi JA. *British Journal of Occupational Therapy* 2018;81(5):266-275.

In order to live in a world created for the sighted, older adults with visual impairment must adapt to complete vision-dependent activities that require reading, writing, and object identification.

[Rural housing for an ageing population: preserving independence UK Green Building Council](#)

UK Green Building Council

April 2018

This inquiry established by the All-Party Parliamentary Group for Housing and Care for Older People has concluded that older people's housing is neglected in rural areas. It makes a number of 'rural proofing' recommendations to increase the quality, supply and range of more appropriate age-friendly housing.

[Creative and cultural activities and wellbeing in later life](#)

Age UK

April 30th 2018

This report outlines the importance of participating in creative and cultural activities to maintain wellbeing as we get older. The research identifies the key factors that enable participation and enjoyment of cultural activities and those that present barriers to participation.

[Development and validation of a Hospital Frailty Risk Score focusing on older people in acute care settings using electronic hospital records: an observational study](#)

Thomas Gilbert *et al*, *The Lancet* 5 May 2018 **Volume 391(10132):1775–1782**

Older people are increasing users of health care globally. We aimed to establish whether older people with characteristics of frailty and who are at risk of adverse health-care outcomes could be identified using routinely collected data.

[Patient-centred care for older people with complex needs: Evaluation of a new care model in outer east London](#)

Nuffield Trust

April 2018

Evaluates a 'one-stop' primary care service for older people with complex health care needs. It shows mixed results, with positive qualitative findings but little evidence that it has improved outcomes or reduced use of hospital services.

Safeguarding

[Thinking about adolescent neglect: a review of research on identification, assessment and intervention.](#)

The Children's Society; 2018.

This report focuses on reviewing the available research including around how to identify and assess neglect and evidence of 'what works'. The report includes: a definition of adolescent neglect; the impacts of neglect, ways in which adolescent neglect can be identified, assessed and responded to in practice

[Cyberbullying prevention: Insight and recommendations from youths, parents, and paediatricians](#)

Mehari, K. R. *et al*. *Child: Care, Health and Development*; May 2018

Youths and providers may not be aware of their potential to prevent cyberbullying before it occurs. Educating youths, parents, and providers about cyberbullying prevention is warranted.

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