








Oxford Health Libraries – Children’s Mental Health Week

Children’s Mental Health Week is taking place from 6th - 12th February 2023 and this year’s theme is *Let’s Connect*.

Oxford Health Libraries have compiled a resource list which includes recent books available in OHFT Libraries and other libraries within the SWIMS network. You can access the resource list [here](#).

If you would like to borrow any items, please contact us at library.enquiries@oxfordhealth.nhs.uk, or search via the NHS Knowledge and Library Hub [here](#).

Further Reading / Websites

-  Children’s Mental Health Week website: <https://www.childrensmentalhealthweek.org.uk/>
-  NSPCC: <https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/>
-  Place2Be: <https://www.place2be.org.uk/>
-  Reading Agency – *Reading Well for Children*: https://tra-resources.s3.amazonaws.com/uploads/entries/document/4839/Reading_Well_for_children_book_guide_final.pdf
-  Reading Agency – *Reading Well for Teens*: https://tra-resources.s3.amazonaws.com/uploads/entries/document/6296/Reading_Well_for_teens_book_guide.pdf
-  What’s Up With Everyone? – campaign to encourage young people to understand the factors that may be having a negative effect on their wellbeing (videos): ([What's Up With Everyone? \(whatsupwitheveryone.com\)](https://whatsupwitheveryone.com))
-  Young Minds: <https://www.youngminds.org.uk/>

