Evidence Unwrapped

Your Oxfordshire Primary Care monthly newsletter from Kate Jones your Primary Care Librarian

Kate.Jones@oxfordhealth.nhs.uk



- **♦** Reaching Out
- **♦** Recent Evidence
- Practice Managers'Conference

I am an Primary Care Outreach Librarian

An Outreach Librarian, usually, is someone who supports a specific department by attending ward rounds and departmental meetings, answering queries and issues that crop up spontaneously and providing evidence-based answers. Obviously in

Primary Care, this is very different with staff dispersed around the county and working more in isolation.

It occurred to me that I could try something original and new – I don't think any other Primary Care librarians are doing this. I'm thinking that it would be worth trialling a sort of ward round equivalent where I spend a day or half day



in a surgery with my laptop, available for staff to ask any questions that occur during consultations. I would try to offer a same day response and I needn't take up any space. I could work in a waiting room or even my car. WIFI would be nice but not essential as I could run my laptop from my 'phone. If it wasn't useful after a settling in period then we could knock it on the head.

Would your practice be willing to try something new? If so, please contact me.

Recent Evidence from Primary Care

<u>Implementing Recommended Mental Health and Substance Use Screening and Counseling Interventions in Primary</u>
Care Settings for Children and Adolescents

This systematic review concludes that different types of implementation strategies appear to have comparable effectiveness.

<u>Short-acting beta 2 agonists (SABA) (salbutamol and terbutaline): reminder of the risks from overuse in asthma and to be aware of changes in the SABA prescribing guidelines</u>

Be aware of changes in guidance that no longer recommends prescribing SABA without an inhaled corticosteroid.

Future of Practice Management Conference



This was a chance to get out and about and meet with Primary Care face to face. This conference was attended by managers from every practice and PCN in Oxfordshire and I was lucky enough to be asked to run a Knowledge Café on some of the main issues of concern raised by those present. These were:

access to healthcare, CQC and HR processes. Participants were invited to share concerns and solutions with their colleagues and learn from each others' experiences. Discussions were lively and constructive with actions points being identified. Please share your feedback when asked so we can make it even better in the future.

Require an article or book? Want to learn how to perform a quicker, more effective search on specific topics? Need a literature search for guidelines, case studies, research papers or a quality improvement project? Want to keep up to date with the latest information in your field? Contact me at Kate.Jones@oxfordhealth.nhs.uk

