

# Reshaping Clinical Care in General Practice – 5<sup>th</sup> February 2016

[Covering [dementia](#), [long term conditions](#), [older people](#), [integrated care](#)]

## Dementia

### **Spirituality and religion in older adults with dementia: a systematic review.**

Agli O. *International Psychogeriatrics* 2015;27(5):715-725.

Spirituality and religion appear to slow cognitive decline, and help people use coping strategies to deal their disease and have a better quality of life. This literature review allows us to take stock of research over the last decade on spirituality/religion and health outcomes.

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### **Focus on dementia - January 2016.**

*Health and Social Care Information Centre (HSCIC); 2016.*

This publication takes information from a variety of sources to provide a compendium of statistics about dementia in England.

### **Will General Practitioners be adequately prepared to meet the complexities of enhanced dementia screening for people with learning disabilities and Down syndrome: key considerations.**

Rowe, Michelle *British Journal of Learning Disabilities* 2016; 44 (1):43-48

Whilst GPs are becoming increasingly aware of their responsibility to care for the complex needs of people with learning disabilities, the implementation of dementia screening poses a multitude of challenges.

*Full text available with an OpenAthens password for eligible users*

### **GP patient records data could predict dementia risk**

22<sup>nd</sup> January 2016

Source: GP Online

A risk score based on data routinely gathered by GP practices could accurately predict patients' risk of developing dementia over the next five years, research has suggested.

### **Dementia: post-diagnostic care and support**

12<sup>th</sup> January 2016

Source: The King's Fund

This joint declaration across government, health, social care and the third sector aims to deliver better quality services to people with dementia.

### **Dementia profile**

12<sup>th</sup> January 2016

Source: Public Health England

This new profiling tool aims to help enable a major change in the way dementia data will be used at a local level.

### **Core Skills Education and Training Framework supports high quality dementia care**

8<sup>th</sup> January 2016

Source: NHS England

The Dementia Core Skills Education and Training Framework is a comprehensive new resource to support health professionals and educators working with people living with dementia.

## **Qualitative studies of psychosocial interventions for dementia: a systematic review.**

Dugmore O. *Aging & Mental Health* 2015;19(11):955-967.

Conclusion: Common processes may underlie different psychosocial interventions for dementia. The synthesis of qualitative findings can offer insight into what makes interventions 'work' and factors which may facilitate or impede their use.

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## **Unplanned, urgent and emergency care: what are the roles that EMS plays in providing for older people with dementia? An integrative review of policy, professional recommendations and evidence.**

Buswell, Marina et al *Emergency medicine journal* Jan 2016; 33 (1): 61-70

To synthesise the existing literature on the roles that emergency medical services (EMS) play in unplanned, urgent and emergency care for older people with dementia (OPWD), to define these roles, understand the strength of current research and to identify where the focus of future research should lie.

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## **Long-Term Conditions**

[including Cancer, Diabetes, and general management]

### **National Diabetes Audit**

28<sup>th</sup> January 2016

Source: HSCIC

There are encouraging trends of improvement in blood pressure control for people with Type 1 and Type 2 diabetes and glucose control for Type 1 diabetes. However, there remain variations in care process completion and treatment target achievement.

## **Barriers to effective management of type 2 diabetes in primary care: qualitative systematic review**

Rushforth et al, *British Journal of General Practice*, 66 (643) February 2016, e114-e127

Aim: To guide quality improvement strategies for type 2 diabetes by synthesising qualitative evidence on primary care physicians' and nurses' perceived influences on care.

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## **'Significant action' needed now to combat diabetes**

22<sup>nd</sup> January 2016

Source: Commons Select Committee

The *Management of adult diabetes services in the NHS: progress review inquiry* report from the Public Accounts Committee sets out new measures intended to improve treatment for diabetes patients and bolster prevention.

## **Obesity in adults: prevention and lifestyle weight management programmes**

January 2016

Source: NICE

This standard covers ways of preventing adults (aged 18 and over) becoming overweight or obese and the provision of lifestyle weight management programmes. These programmes are usually tier 2 interventions covering lifestyle interventions

### **Tipping the scales: Why preventing obesity makes economic sense**

7<sup>th</sup> January 2016

Source: UK Health Forum

Rising rates of obesity and overweight could lead to 700,000 new cancer cases in the UK, as well as millions of new cases of type 2 diabetes, coronary heart disease and stroke.

### **Practices set to provide more mental health services under NHS plans**

3<sup>rd</sup> February 2016

Source: Pulse

The lead of the NHS's mental health taskforce has said it is working with the RCGP to increase the treatment of comorbid depression and anxiety in patients with long-term conditions within primary care.

### **Consultation on NICE Indicators**

1<sup>st</sup> February 2016

Source: NICE

NICE are consulting on potential new indicators, including QOF, from 1st-29th February. The proposed indicators can be found in the consultation document.

### **Faith at end of life: public health approach resource for professionals**

29<sup>th</sup> January 2016

Source: Public Health England

This resource aims to help frontline professionals and providers working in community settings and commissioners maintain a holistic approach to the people dying, caring or bereaved.

### **Delivering a healthier future – how CCGs are leading the way on prevention and early diagnosis**

27<sup>th</sup> January 2016

Source: NHS Clinical Commissioners

The report showcases a range of innovative case studies from across the country.

### **Making Every Contact Count (MECC): practical resources**

26<sup>th</sup> January 2016

Source: Public Health England

Making Every Contact Count (MECC) is an approach to behaviour change that utilises day to day interactions that organisations and individuals have with other people to support them in making positive changes to their physical and mental health and wellbeing.

### **The Frailty Fulcrum**

5<sup>th</sup> January 2016

Source: NHS England

The 'frailty fulcrum' is an animated model for frailty that has been developed with opportunities to adopt a more proactive, person-centred, community-based approach in mind. The model aims to provide a 'common language' for frailty.

## **Older people**

### **Growing Old Together: What the evidence tells us.**

NHS Confederation; 2016.

The Commission on Improving Urgent Care for Older People has commissioned this literature review with the aim of identifying the key issues and themes that can be identified in relation to further improvement in this sector of healthcare.

### **Combating loneliness: a guide for local authorities**

3<sup>rd</sup> February 2016

Source: Local Government Association/ Age UK

This guide sets out a range of actions for effectively combating loneliness building on the latest evidence.

### **How we reduced appointments by a third for socially isolated over-75s**

2<sup>nd</sup> February 2016

Source: Pulse

We were concerned about social isolation among our older patients, who were booking appointments because of loneliness. We wanted to offer these patients a more personal and proactive service, and the Prime 75+ project (run by consultancy service Prime GP) provided a tailored solution.

### **Cognitive performance in depressed older persons: The impact of vascular burden and remission. A two-year follow-up study.**

Zuidersma, Marij et al *International Journal of Geriatric Psychiatry*, published online before print 27 January 2016

The present study compared two-year change in cognitive performance between depressed older persons and a non-depressed control group, between remitted and non-remitted patients, and evaluated whether vascular burden at baseline was associated with more cognitive decline in depressed older persons.

*Full text available with an OpenAthens password for eligible users*

### **Assessment of older people**

31<sup>st</sup> January 2016

Source: GP Online

The pitfalls of assessing older patients and case studies of good multidisciplinary care.

### **GPs warned high doses of vitamin D could be harmful for elderly**

7<sup>th</sup> January 2016

Source: Pulse

Prescribing vitamin D supplements at high doses does not offer any benefit to elderly people and could even put them at an increased risk of falls, Swiss researchers have warned.

## **Integrated Care**

### **Event: Moving towards place-based systems of care**

1<sup>st</sup> March 2016

Source: King's Fund

Shining a spotlight on international case studies and different types of emerging systems in the NHS, national and local leaders will come together to explore the options for collaboration and find ways of accelerating progress in establishing place-based systems of care.

### **Event: Commissioning person-centred care for vulnerable groups: what role does pharmacy play?**

24<sup>th</sup> February 2016

Source: King's Fund

This conference will address the crucial role that pharmacy plays in alleviating pressures on primary and secondary care, supporting higher quality patient care and improving efficiency.

### **Integrated care pioneers – two years on**

21<sup>st</sup> January 2016

Source: NHS England

The report describes the progress, challenges and lessons learnt across the pioneers. Also included are descriptions of the core elements of their care models and case studies of how these are impacting real people.

### **A revolution on the Isle of Wight? How island became health hub pioneer**

20<sup>th</sup> January 2016

Source: Guardian

The Isle of Wight control room houses 999 emergency calls operators, NHS 111 call handlers, paramedic clinical advisers, a crisis response team, GP out-of-hours services, district nurses, mental health workers, and others. The crisis response team's aim is to keep people out of hospital.

### **Taking a participatory approach to development and better health: Examples from the Regions for Health Network (2015)**

Source: WHO

This publication documents the experiences of participatory approaches for development and better health taken by four different regions internationally.

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