

Reshaping Clinical Care in General Practice – 4th March 2016

[Covering [dementia](#), [long term conditions](#), [older people](#), [integrated care](#), [safeguarding](#)]

Dementia

[**Revealed: the dementia diagnosis drive that went too far**](#)

26th February 2016

Source: Pulse

Anxiety caused as rising numbers of patients are erroneously told they might have dementia.

[**Dementia in the Family: The impact on carers**](#)

22nd February 2016

Source: Alzheimers Research UK

The report explores the experiences of people who are caring for family members with dementia, highlighting the heavy toll the condition can take on family carers.

[**Embattled £42m dementia DES to end from April**](#)

22nd February 2016

Source: Pulse

The Government's 'deeply unpopular' dementia DES will be scrapped from April, with the £42m price tag to be reinvested into core general practice.

[**Focus on dementia - January 2016.**](#)

Health and Social Care Information Centre (HSCIC); 2016.

This publication takes information from a variety of sources to provide a compendium of statistics about dementia in England. It provides both new analysis and previously published statistics

What are the benefits of exercise for Alzheimer's disease? A systematic review of the past 10 years.

Hernandez SSS. *Journal of Aging and Physical Activity* 2015;23(4):659-668.

Exercise may be important for the improvement of functionality and performance of daily life activities, neuropsychiatric disturbances, cardiovascular and cardiorespiratory fitness, functional capacity components (flexibility, agility, balance, strength), and improvements in some cognitive components such as sustained attention, visual memory, and frontal cognitive function in patients with AD.

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[**Exercise training for managing behavioral and psychological symptoms in people with dementia: a systematic review and meta-analysis.**](#)

de Souto Barreto P. *Ageing Research Reviews* 2015;24(Pt B):274-285.

Exercise reduces depression levels in PWD. Future studies should examine whether exercise reduces the use (and doses) of antipsychotics and other drugs often used to manage BPSD.

Available with an NHS OpenAthens password for eligible users

[**Christopher Eccleston in Aardman Animations' dementia film**](#)

Alzheimer's Society;2016.

Bristol's Aardman Animation's online film uses an orange to show how dementia physically attacks the brain.

All Together Now project, Swansea

5th February 2016

Source: SCIE Bulletin

The project has challenged the traditional impersonal, deficit and task-based 'hotel model' of service in dementia care homes.

Long-Term Conditions

[including Cancer, Diabetes, and general management]

How we increased the number of patients on our end-of-life register by 600%

3rd March 2016

Source: Pulse

We've increased the number of patients on the GSF register almost sixfold. This has enabled us to support more than 50% of patients to die in their preferred place – their home. We have also reduced hospital admissions by 20-30% because of fewer emergency crisis events.

American Cancer Society/American Society of Clinical Oncology Breast Cancer Survivorship Care Guideline

Runowicz, Carolyn D, et al; *Journal of clinical oncology : official journal of the American Society of Clinical Oncology*, Feb 2016, vol. 34, no. 6, p. 611-635

The purpose of the Guideline is to provide recommendations to assist primary care and other clinicians in the care of female adult survivors of breast cancer.

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Overdiagnosis of asthma in children in primary care: a retrospective analysis

Ingrid Looijmans-van den Akker, Karen van Luijn, Theo Verheij, *Br J Gen Pract*, March 2016 66:e152-e157

In more one-half (53.5%, n = 349) of the children the signs and symptoms made asthma unlikely and thus they were most likely overdiagnosed. Overdiagnosis of childhood asthma is common in primary care, leading to unnecessary treatment, disease burden, and impact on quality of life.

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Place young people moving into adult services at the heart of decisions about care

24th February 2016

Source: NICE

More than 40,000 people under the age of 18 in England have complex physical health needs, caused by physical disabilities, special education needs or life-limiting or life-threatening conditions. Latest social care guidance aims to improve and standardise the support for young people who are receiving health or social care as they become adults by ensuring care is more person-centred.

Unnecessary antibiotics prescriptions reduced in new trial

19th February 2016

Source: Department of Health

A trial involving over 1,500 GP practices found that writing to GPs about their antibiotics prescribing resulted in 73,000 fewer prescriptions (a 3.3% reduction) over 6 months.

The impact of long term conditions on employment and the wider UK economy

11th February 2016

Source: The Work Foundation

This report looks at the economic implications of six long term conditions (psoriasis, diabetic macular oedema, asthma, schizophrenia, heart failure and multiple sclerosis) in the UK. It presents data on the direct and indirect costs to the UK society and makes recommendations for support.

Canadian Stroke Best Practice Recommendations: Mood, Cognition and Fatigue Following Stroke practice guidelines, update 2015.

Eskes, G. A., et al, and Heart Stroke Foundation Canada Canadian Stroke Best Practices Committees (2015), *International Journal of Stroke*, 10: 1130–1140

The 2015 update of the Canadian Stroke Best Practice Recommendations: Mood, Cognition and Fatigue Module guideline is a comprehensive summary of current evidence-based recommendations for clinicians in a range of settings, who provide care to patients following stroke.

Older people

Recent trends in life expectancy at older ages: Update to 2014

12th February 2016

Source: *Public Health England*

Report on life expectancy among those aged 65 and over in England, summarising the relevant trends and providing some context for those trying to assess the significance of recent apparent changes.

Pre-seasonal immunotherapy 'reduces hay fever in older patients'

18th February 2016

Source: *Pulse*

Findings from a three-year double-blinded placebo-controlled study in hay fever sufferers aged between 65 and 75 found that pre-seasonal subcutaneous immunotherapy elicited an immune response similar to that usually seen in younger patients.

Growing old together: Sharing new ways to support older people.

NHS Confederation; 2016.

A report by the Independent Commission on Improving Urgent Care for Older People. The Commission was launched by the NHS Confederation in March 2015. It brings together experts from across the care system, who have a shared purpose of making care better for older people.

Nursing Support of the Spiritual Needs of Older Adults Living With Dementia: A Narrative Literature Review.

Toivonen K. *Holistic Nursing Practice* 2015;29(5):303-312.

This literature review supporting spirituality in the nursing care of older adults with dementia is concerned with supporting religious activity, enabling connections, nurses' reflections on their own spirituality, and nonverbal communication. The benefits from the support of spirituality were seen to be reciprocal and to occur in everyday nursing.

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Tomorrow's world: the future of ageing in the UK

16th February 2016

Source: *International Longevity Centre UK*

This report argues that our ageing society offers significant social and economic opportunities but only if policymakers plan better for the long term. The report proposes ten long-term indicators of progress including a greater focus on prevention in health care and that the government should deliver a long-term settlement for social care.

Ageing Britain

5th February 2016

Source: Nuffield Trust

Our data and analysis, provided for the Guardian, found that over two-fifths of national health spending in the UK is devoted to people over 65.

Integrated Care

Four in five UK GPs report problems for patients caused by poor coordination of care

17th February 2016

Source: The Health Foundation

UK-focused analysis of the Commonwealth's Fund's 2015 survey of General Practice found the UK compares favourably in terms of communication between hospitals and GPs, but GPs report challenges coordinating care with social services and community providers.

Safeguarding

GPs can co-ordinate care for children showing sexualised behaviour, says NICE

25th February 2016

Source: GP Online

NICE draft guidance, open for consultation until 6 April, suggests GPs should be prepared to take the lead in co-ordinating care and support for children where there are concerns about their sexual behaviour.

Consultation: Statutory definition of child sexual exploitation

12th February 2016

Source: Gov.uk

The government are seeking views on revising the current statutory definition of child sexual exploitation. The aim is to provide clarity on the definition of child sexual exploitation (CSE) as a form of child sexual abuse.

New iPad app under development by Joanne McEwan hopes to fight against female genital mutilation

22nd January 2016

Source: Oxford Mail

A health visitor is developing an app to tackle female genital mutilation (FGM) in Oxford. Joanne McEwan believes technology could prove valuable in helping protect girls and women at risk by bringing the subject into the open.

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