

Reshaping Clinical Care in General Practice – 29th April 2016

[Covering [dementia](#), [long term conditions](#), [older people](#), [integrated care](#), [safeguarding](#)]

Dementia

[A two decade dementia incidence comparison from the Cognitive Function and Ageing Studies I and II](#)

19th April 2016

Source: *Nature Communications*

Reports a 20% drop in incidence (95%CI: 0–40%), driven by a reduction in men across all ages above 65.

[Dementia and comorbidities: ensuring parity of care](#)

19th April 2016

Source: *International Longevity Centre - UK (ILC-UK)*

This report, supported by Pfizer, argues that a failure to prevent, diagnose and treat depression, diabetes and urinary tract infections in people with dementia could cost the UK's health and care system up to nearly £1 billion per year.

A systematic narrative review of support groups for people with dementia.

Toms GR. *International Psychogeriatrics* 2015;27(9):1439-1465.

Support groups seem acceptable to people with dementia. Qualitative studies report subjective benefits for participants but there is limited evidence of positive outcomes from quantitative data.

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[Nonpharmacological interventions to reduce behavioral and psychological symptoms of dementia: a systematic review.](#)

de Oliveira AM. *BioMed Research International* 2015;218980

Nonpharmacological interventions are able to provide positive results in reducing symptoms of BPSD. Most studies have shown that these interventions have important and significant efficacy.

[Dementia advisers survey](#)

4th April 2016

Source: *Department of Health*

Report of a survey into the provision of dementia adviser services in CCGs and local authorities.

Diagnosis and management of dementia in family practice.

Wilcock, Jane *Aging & mental health*, Apr 2016: 20(4):362-369

Considerable resources have been invested in financial incentives, guideline development, public awareness and educational programmes to promote earlier diagnosis and better management.

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Long-Term Conditions

[including Cancer, Diabetes, and general management]

Building the House of Care for people with long-term conditions: the foundation of the House of Care framework

Coulter, A., et al., *British Journal of General Practice*, Apr 2016: 66 (645): e288-e290

Offers a framework for a coordinated service model that enables patients with long-term conditions

(LTCs) and clinicians to work together to determine and shape the support needed to enable them to live well with their condition.

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NICE tackles complex health issues for people with multimorbidity

31st March 2016

Source: NICE

NICE – the National Institute for Health and Care Excellence – has issued draft guidance to help optimise care for people with 2 or more long-term health conditions – known as multimorbidity.

Global report on diabetes

8th April 2016

Source: The King's Fund

This report by the World Health Organization (WHO) issues a call for action on diabetes, drawing attention to the need to step up prevention and treatment of the disease. It shows that the number of adults living with diabetes has almost quadrupled since 1980 to 422 million adults.

Draft - British guideline on the management of asthma

13th April 2016

Source: Scottish Intercollegiate Guidelines Network

In this draft revision of their asthma guidelines, the British Thoracic Society (BTS) and Scottish Intercollegiate Network (SIGN) continue to allow GPs the option to base a diagnosis on a trial of treatment in patients with suspected asthma. This differs to NICE's guidance.

Effectiveness of personalised support for self-management in primary care: a cluster randomised controlled trial

Eikelenboom, N., et al., British Journal of General Practice, Apr 2016: 66(643): e354-e361

Self-management support is an important component of the clinical management of many chronic conditions. The validated Self-Management Screening questionnaire (SeMaS) assesses individual characteristics that influence a patient's ability to self-manage.

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Integrated Care

One size doesn't fit all - GPs and physicians innovate to improve patient care

20th April 2016

Source: The Royal College of General Practitioners

The report [Patient care: A unified approach](#), highlights nine case studies where GPs and physicians have worked closely together to produce new and integrated services. The case studies span a wide range of services, specialties and population groups in England and Wales.

Integrated care to address the physical health needs of people with severe mental illness: a rapid review

April 2016

Source: National Institute for Health Research

People with mental health conditions have a lower life expectancy and poorer physical health outcomes than the general population which seems to be driven by a combination of clinical risk, socioeconomic and health system factors. This research explores current service provision and maps the recent evidence.

Safeguarding

[Risk of death from failure to prioritise home visits in general practice](#)

20th March 2016

Source: NHS England

NHS England has been made aware of a patient safety incident relating to the lack of prioritisation of general practitioner (GP) home visits.

Developing a primary care patient measure of safety (PC PMOS): a modified Delphi process and face validity testing.

Hernan AL. *BMJ Quality & Safety* 2016;25(4):273 - 280.

Patients are a valuable source of information about ways to prevent harm in primary care and to provide feedback about factors that contribute to safety incidents. The study aimed to develop a quantitative primary care patient measure of safety (PC PMOS) to capture this information.

Available with an NHS OpenAthens password for eligible users

Safety of community-based minor surgery performed by GPs: an audit in different settings

Jonathan, Botting, et al., *British Journal of General Practice*, 2016, 66 (646) e323-e328

An audit of the performance of GP minor surgeons in three different settings, which concludes that minor surgery by GPs is safe, prompt and effective.

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[Take a break before you reach breaking point to keep patients safe, Royal College of General Practitioners warns GPs](#)

10th April 2016

Source: Royal College of General Practitioners

A new poster campaign urging family doctors to take regular breaks in order to keep their patients safe is launched today by the Royal College of General Practitioners.

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