

### Reshaping Clinical Care in General Practice - 24th June 2016

[Covering dementia, long term conditions, older people, integrated care, safeguarding]

#### **Dementia**

### **Surrey and Borders runs dementia tech RCT**

16<sup>th</sup> June 2016 Source: Digital Health Newsletter

Surrey and Borders NHS Foundation Trust is leading a collaboration to test technologies designed to enable dementia patients to live in their own homes for longer.

# Depressive symptoms and depression in people screened positive for dementia in primary care - results of the DelpHi-study.

Thyrian, Jochen René International psychogeriatrics / IPA, Jun 2016; 28 (6):929-937

Aims to (a) describe frequency of depressive symptoms in people screened positive for dementia, (b) describe differences between PWD with and without depressive symptoms (c) analyze associations between depressive symptoms and other dementia-related variables.

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### **Dementia, Equity and Rights**

31<sup>st</sup> May 2016 Source: Strategic Partners Programme, Joseph Rowntree Foundation and Young Dementia UK

The report recommends readers to view dementia as a disability and to take a social/rights based approach to the way we respond to dementia.

# Coordinating care for people with long term conditions and dementia: room for improvement

26<sup>th</sup> May 2016 Source: National Institute for Health Research

New evidence shows that almost one fifth of people with dementia also have other serious conditions such as stroke, diabetes and visual impairment.

#### **Long-Term Conditions**

[including Cancer, Diabetes, and general management]

# <u>Coordinating care for people with long term conditions and dementia: room for improvement</u>

26 May 2016 Source: National Institute for Health Research

New evidence shows that almost one fifth of people with dementia also have other serious conditions such as stroke, diabetes and visual impairment.

#### The battle for breath: the impact of lung disease in the UK

31<sup>st</sup> May 2016 Source: The British Lung Foundation

This report aims to inform strategies to improve lung health and lung disease outcomes in the UK.



### SGLT2 inhibitors endorsed for NHS use as monotherapies

1<sup>st</sup> June 2016 Source: MIMS

Canagliflozin, dapagliflozin and empagliflozin have been recommended by NICE as options for treating type II diabetes as single agents when certain other treatments are unsuitable.

### Migraine and risk of cardiovascular disease in women: prospective cohort study

Kurth, T., et al, 2016, BMJ; 353:i2610

Results of this large, prospective cohort study in women with more than 20 years of follow-up indicate a consistent link between migraine and cardiovascular disease events.

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### Overdiagnosis of asthma in children in primary care: a retrospective analysis

Looijmans-van den Akker, I, et al., 2016, British Journal of General Practice,

This article has created considerable debate since publication and concludes that overdiagnosis of childhood asthma is common in primary care, despite only a small percentage of children having lung function tests.

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# <u>Diabetes medications for adults with type 2 diabetes: An update.</u> <u>Comparative Effectiveness Review No. 173</u>

6<sup>th</sup> June 2016 Source: Agency for Healthcare Research and Quality

Review of 216 studies supports metformin as first line therapy, given its beneficial effects on HbA1c, weight, and cardiovascular mortality (relative to sulfonylureas) and its relative safety profile.

# <u>Identification of responders to inhaled corticosteroids in a chronic obstructive pulmonary disease population using cluster analysis</u>

6<sup>th</sup> June 2016 Source: BMJ Open

This study found that in people with a history of COPD exacerbations in the past year, those with greater blood eosinophils, or a lower smoking history may benefit more from ICS/LABA versus LABA alone.

# <u>Translating the World Health Organization 25x25 goals into a United Kingdom context: the PROMISE study</u>

7<sup>th</sup> June 2016 Source: The Richmond Group

This research project highlights the future trends for the most prevalent long-term health conditions in the UK; specifically how many people are either dying early from these conditions, or living with continued disability and poor health.

### Achieving world class cancer outcomes: taking the strategy forward

8<sup>th</sup> June 2016 Source: National Cancer Transformation Board

This plan is designed to increase prevention, speed up diagnosis, improve the experience of patients and help people living with and beyond cancer.

#### National cancer diagnosis audit

8<sup>th</sup> June 2016 Source: Cancer Research UK.

GPs play a vital role in diagnosing cancer early and from Autumn 2016 they will be able to submit data on cancer patients' interaction with primary care.



### Nurse-led titration of drug doses in chronic heart failure

8<sup>th</sup> June 2016 Source: NICE

A Cochrane review found that in people with chronic heart failure, titration of beta-blockers, angiotensin-converting-enzyme inhibitors and angiotensin-II-receptor antagonists by nurses rather than by doctors was associated with a lower rate of hospital admissions and mortality.

# Maternal vitamin D status and childhood asthma, wheeze and eczema: a systematic review and meta-analysis.

Wei Z. Pediatric Allergy and Immunology 2016;(May 2016):epub.

A meta-analysis which finds that lower maternal vitamin D during pregnancy was associated with an increased risk of childhood eczema but was not associated with childhood asthma or wheeze. Contact the Library for a copy of this article

# Thousands of people at high risk of Type 2 diabetes will start to benefit from the first ever national NHS diabetes prevention programme in the next few weeks.

17<sup>th</sup> June 2016 Source: NHS Networks

The Healthier You prevention programme launched in April is expected to benefit 100,000 people a year by 2020.

# Faecal calprotectin in patients with suspected colorectal cancer: a diagnostic accuracy study

Turvill, J., et al, 2016, British Journal of General Practice

GPs could use faecal calprotectin (FC) tests in the practice to rule out colorectal cancer in some patients who are currently referred on the two-week wait cancer pathway.

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# New NICE guidance on multimorbidity to be presented at the RCGP Annual Conference

15<sup>th</sup> June 2016 Source: Royal College of General Practitioners

Chair of NICE Professor David Haslam is to present the new NICE guidance on multimorbidity at the RCGP conference being held in October.

### Lung Cancer Study Day, 27 June 2016, Birmingham, UK

15<sup>th</sup> June 2016 Source: UK Health Forum

The course will cover diagnosis and management of all stages of disease through a combination of lectures and facilitated discussion of case studies.

# Long-Term Condition Self-Management Support in Online Communities: A Meta-Synthesis of Qualitative Papers

Allen, C., et al, 2016, Journal of Medical Internet Research

This paper looked into how online patient communities may assist with the self-management of long-term conditions.

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### The role of the GP in follow-up cancer care: a systematic literature review

Meiklejohn, JA., et al, May 2016. Journal of Cancer Survivorship.

While there are variations in guidelines and practice of follow-up cancer care in the primary health care sector, GPs and patients across the reviewed studies supported a greater role by the GP.

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### Emergency hospital admissions for asthma and access to primary care: crosssectional analysis

Fleetcroft, R., et al, 2016, The British Journal of General Practice,

Policymakers should consider improving access to primary care as one potential way to help prevent emergency hospital admissions for asthma.

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### GPs to manage 50% of type-1 diabetic patients under CCG plans

22<sup>nd</sup> June 2016 Source: NHS Dorset CCG

General practice could be managing as many as 50% of type-1 diabetes patients under plans drawn up by a CCG, which would see many discharged from specialist management.

# <u>Updated NICE quality standard identifies areas for breast cancer</u> improvement

22<sup>nd</sup> June 2016 Source: NICE

NICE's latest quality standard, says people who have been diagnosed with a type of early breast cancer and who are at risk of the cancer spreading should be offered a test called Oncotype DX.

### New interactive summary of suspected cancer guidelines

22<sup>nd</sup> June 2016 Source: Cancer Research UK

Cancer Research UK, in conjunction with the Royal College of General Practitioners, have launched a new interactive desk easel for GPs, which summarises the NICE referral guidelines for suspected cancer (NG12).

#### Paracetamol for low back pain.

Saragiotto BT. Cochrane Database of Systematic Reviews 2016;(6):CD012230.

Conclusions: Paracetamol does not produce better outcomes than placebo for people with acute LBP, and it is uncertain if it has any effect on chronic LBP.

### **Drug efficacy in older people with multimorbidity.**

2016 *Source*: NICE Eyes on Evidence;

Overview: These findings imply that using common cardiovascular drugs indicated for single diseases is of benefit in people with multimorbidity.



### Older people

#### Home care for older people

June 2016 Source: NICE

This quality standard covers home care given to older people in their own homes to meet their assessed social care needs.

# Continuity of care in primary care and association with survival in older people: a 17-year prospective cohort study

Otto R Maarsingh, et al, British Journal of General Practice; June 2016, bjgpaug-2016-66-649-maarsingh-fl; **DOI:** 10.3399/bjqp16X686101

This study demonstrates that low continuity of care in general practice is associated with a higher risk of mortality, strengthening the case for encouragement of continuity of care.

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#### Faculty of Psychology of Older People annual conference

14th June 2016 Source: Faculty of Psychology of Older People

Held in Oxford at the Kassam Stadium on 11th and 12th July with the theme of working with our colleagues promoting psychological thinking.

### **GPs Asked to Participate in New Intervention Programme Aimed at the**

### **Elderly**

*June* 5<sup>th</sup> 2016 *Source: Healthcare Times* 

Doctors' practices in the Manchester region will be tasked with identifying the older patients most at risk from social isolation and loneliness, and attempt to mitigate against this condition by providing new services to them.

#### The epidemiology of skin conditions in the aged: A systematic review.

Hahnel E. Journal of Tissue Viability 2016; (April 2016):epub.

Skin conditions and diseases in aged populations are frequent. Health care practitioners should pay attention to those, although skin conditions might not be the primary reason for seeking care. Contact the Library for a copy of this article

#### New care models and prevention: an integral partnership

31<sup>st</sup> May 2016 Source: NHS Confederation

Includes five case studies highlighting how vanguards have sought to address the health and wellbeing gap and the impacts seen so far, e.g. GPs able to dedicate more time to frail older patients.

### Morning vaccination enhances antibody response over afternoon vaccination: A cluster-randomised trial.

Long, Joanna E; Drayson, Mark T; Taylor, Angela E; Toellner, Kai M; Lord, Janet M; Phillips, Anna C, Vaccine, May 2016; 34 (24):2679-2685

This strategy may be beneficial for the influenza antibody response in older adults, with potential implications for vaccination strategies generally.

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#### **Integrated Care**

### New care models and prevention: an integral partnership

31<sup>st</sup> May 2016 Source: NHS Confederation

This report presents five case studies to highlight how vanguards have sought to address the health and wellbeing gap and the impacts seen so far.

# Working Together - how health, social care and fire and rescue services can increase their reach, scale and impact through joint working

3<sup>rd</sup> June 2016 Source: NHS England

The Fire and Rescue Service by working in partnership with other organisations can contribute to the wider health and wellbeing agenda.

### Home run for integrated primary care?

O'Dowd, A, 2016, BMJ;353:i2922

The battle to remove barriers for patients needing quick, easy access to different types of care is being waged in primary care, where new pilots are trying to solve the problem of integrated care. *Available with an NHS OpenAthens password for eligible users* 

### Outpatient services and primary care: scoping review, substudies and international comparisons

Winpenny E, Miani C, Pitchforth E, Ball S, Nolte E, King S, et al. 2016, Health Serv Deliv Res 2016;4(15) Evidence from this study suggests that further shifts of care into the community can be justified only if (a) high value is given to patient convenience in relation to NHS costs or (b) community care can be provided in a way that reduces overall health-care costs.

# NIHR Signal: Collaborative mental health care in the NHS has small but meaningful benefits for people with depression

6<sup>th</sup> June 2016 Source: National Institute for Health Research

This study found that placing a care manager in primary care to deliver treatment and coordinate care between GPs and specialists improved recovery of people with moderate to severe depression, and was cost-effective.

#### Multi-specialty community providers and primary and acute care systems

9<sup>th</sup> June 2016 Source: The King's Fund

Presentations from The King's Fund event held on 7<sup>th</sup> June 2016.

### Vanguards: investing in the future today

10<sup>th</sup> June 2016 Source: The Nuffield Trust

Paul Corrigan, argues that recent financial investments of £112 million into NHS England Vanguards are crucial given the importance of the new models to the future of health and social care.

### The Anatomy of Collaboration: a resource for leaders in health, social care and beyond

7<sup>th</sup> June 2016 Source: Collaborate

The paper argues that strong collaboration to support better citizen outcomes must be built on five components: leadership, values, infrastructure, delivery and behaviours.



# Enhanced care in care homes: lessons from the Vanguards on integration in practice

15<sup>th</sup> June 2016 Source: The King's Fund

Enhanced health in care homes is one of the new care models set out in the NHS Five Year Forward View.

# <u>Joint review of partnerships and investment in voluntary, community and</u> social enterprise organisations in the health and care sector

15<sup>th</sup> June 2016 Source: The King's Fund

This report sets out recommendations for voluntary, community and social enterprise (VCSE) organisations in the health and care sector.

### Stepping up to the place: the key to successful health and care integration

17<sup>th</sup> June 2016 Source: NHS Confederation

The Association of Directors of Adult Social Services, Local Government Association, NHS Clinical Commissioners and NHS Confederation believe it is time to put integrated systems to the test.

### New care models and staff engagement: All aboard

16<sup>th</sup> June 2016 Source: NHS Confederation

This publication brings together the experiences of four vanguards which are placing staff at the centre of new care models.

#### **Integrated Care Summit 2016**

22<sup>nd</sup> June 2016 Source: The King's Fund

The King's Fund Integrated Care Summit, takes place on 11<sup>th</sup> October in London.

### Safeguarding

#### Safer Care Conference, 2016

June 2016 Source: Birmingham City University

30th June, 2016, Birmingham City University: The Safer Care Conference, aims to promote the conduct of research by nurses and allied health professionals for the betterment of care delivery.

#### **Patient Safety Congress and Awards**

6<sup>th</sup> June 2016 Source: Patient Safety Congress and Awards

5<sup>th</sup>-6<sup>th</sup> July, Manchester: highlights include, the latest policy updates from NHS Improvement, NHS England, the RCN, the RCM and the RCEM; as well as 30+ case studies.

#### Advice from NHS to practices affected by QRISK2 IT error

June 2016 Source: TPP

NHS England Clinical Guidance regarding the QRISK2 incident.

# Keeping people safer: working in the gap between national strategy and everyday practice

13<sup>th</sup> June 2016 Source: The King's Fund

This event taking place on the 20<sup>th</sup> October 2016 will provide an opportunity to examine how organisations can proactively achieve patient safety.



### **Sustaining Improvement.**

June 2016 Source: Institute for Healthcare Improvement

This white paper presents a framework that health care organizations can use to sustain improvements in the safety, effectiveness, and efficiency of patient care.

### Prescribing safety in UK general practice.

2016 Source: NICE Eyes on Evidence

An observational, cross-sectional study of patients from 526 UK general practices found high variation between practices in the prevalence of potentially high-risk prescribing.

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