# Reflective Reading Groups

Oxford Health Librarians are now offering reflective reading sessions to support nurses and other professions through revalidation, and for all staff undergoing the Preceptorship Programme.

The sessions typically involve critically discussing an article with colleagues to see how it may impact on practice and how the article relates to the NMC Code (for nursing revalidation), or other professional frameworks.

The sessions can count towards hours of Continuing Professional Development.

# NHS Oxford Health



#### Contact Us

To request support for a Journal Club or to arrange a Reflective Reading session for your Team please contact

 $\underline{library.enquiries@oxfordhealth.nhs.uk}$ 

Tel 01865 902642

See Oxford Health Libraries webpage for more details

Website: www.oxfordhealth.nhs.uk/library/

Library Services

Journal Clubs/Reflective Reading Groups

http://www.oxfordhealth.nhs.uk/library/

# Journal Clubs

Oxford Health Libraries can provide extensive support for your team Journal Clubs. We can offer advice on setting up and running journal clubs, provide training on how to effectively search for and critically appraise evidence, and we can also supply you with copies of your chosen discussion article(s).

## The benefits of running a Journal Club

Journal Clubs enable you to come together regularly with your team members and other colleagues to critically discuss the clinical applicability and rigour of a chosen piece of research. Journal Clubs enable staff to develop their searching and critical appraisal skills, and provide a regular forum to discuss service improvements.

#### Setting up and running a Journal Club

Oxford Health Libraries stock a wide range of books and resources on how to effectively set up and run a Journal Club. In summary, here are some things that you should consider:

- What are the aims and objectives of your Journal Club?
- Who will be in your Journal Club and how many people will be in the Journal Club? Will your Journal Club be multidisciplinary?
- Do you have management approval? Has dedicated time been allowed for your Journal Club?
- What are the individual training needs of your Journal Club members?

- Have you identified key roles (Chair, Facilitator, Presenter, Secretary)?
- Where and how regularly will your Journal Clubs take place? Has this been documented and communicated to all members?
- Do you wish to select a paper that is relevant to a current clinical problem, or do you want to select a certain type of paper to practice your critical appraisal skills?
- Has everyone been given adequate time to read the paper in advance of the Journal Club? Have all members been sent the correct CASP critical appraisal checklist?
- How will you audit the results of the Journal Club discussion?
   Will these results be implemented in practice?
- Have you considered evaluating the Journal Club to ensure that future improvements can be made?

## Literature Searching and Critical Appraisal

Oxford Health Libraries can provide your team with training on how to find evidence for your Journal Clubs. We can also provide training on how to effectively undertake critical appraisal. These training sessions can take place in your workplace at times convenient for you. We can also conduct literature searches for your Journal Clubs.

#### **Document Supply**

Oxford Health Libraries can supply Journal Club members with copies of your chosen discussion article. If the article is available electronically, we will provide assistance with downloading the article. If we do not stock the journal, we can obtain a copy for you through our Document Supply Service where copyright regulations allow.