

Future-proofing General Practice – 19th January 2018

[Covering innovation, leadership, skill mix & workforce planning, telehealth]

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Leadership

Florence Nightingale Foundation: supporting excellent leadership.

Ward U.

British Journal of Nursing 2017;26(20):S8-S9.

Discusses the history and independence of the nursing and midwifery care-related Florence Nightingale Foundation (Foundation) in Great Britain as of 2017. The Foundation provides research and travel scholarships to students in an effort to help improve patient care. A shortage of registered nurses in Great Britain is assessed.

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Joint framework: commissioning and regulating together – a practical guide for staff

NHS England, CQC, NHS Clinical Commissioners

January 2018

This framework aims to help staff working in the CQC, NHS England and clinical commissioning groups reduce duplication in the regulation and oversight of general practice.

Skill Mix & Workforce Planning

Facing the Facts, Shaping the Future: A health and care workforce strategy for England to 2027.

Health Education England;

2017

The draft strategy takes an uncompromising look at the challenges faced by the health and care system, charting the growth in the NHS workforce over the last five years while setting out the critical workforce challenges that will be faced over the next decade. A final report will be produced next July [2018] to coincide with the NHS 70 anniversary.

Age-related differences in working hours among male and female GPs: an SMS-based time use study.

van Hassel, Daniël et al. *Human resources for health*; Dec 2017; vol. 15 (no. 1); p. 84

The variation in working hours among GPs can be explained by the combination of gender, age, and employment position. Findings suggest that gender remains a critical factor for variation in time use and for policy instruments such as health workforce planning.

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Clinical pharmacists in general practice: an initial evaluation of activity in one English primary care organisation.

Bush, Joseph et al.

The International journal of pharmacy practice; Dec 2017

Clinical pharmacists in general practice in Dudley CCG can deliver clinical interventions efficiently and in high volume. They were able to generate considerable financial returns on investment. Further work is recommended to examine the effectiveness and cost-effectiveness of clinical pharmacists in general practice in improving outcomes for patients.

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Nurse practitioners as a solution to transformative and sustainable health services in primary health care: A qualitative exploratory study.

Carrier, Jenny; Adams, Sue

Collegian; Dec 2017; vol. 24 (no. 6); p. 525-531

NPs can provide a service that closely replicates the goals of the New Zealand Health Strategy and the current aspirations of many countries concerned to provide sustainable health services.

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Personality and interpersonal behaviour may impact on burnout in nurses.

Martínez-Zaragoza F.

Evidence-Based Nursing 2018;21(1):24.

Personality characteristics are an important vulnerability factor to consider when exploring the generation of burnout. A better understanding of individual factors associated with burnout could allow the development of bespoke prevention programmes. Individual-directed and organisation-directed interventions can be combined to cope with this problem.

Substitution of doctors with physiotherapists in the management of common musculoskeletal disorders: a systematic review.

Marks D.

Physiotherapy 2017;103(4):341-351.

Professional substitution with a physiotherapist causes no significant change to health outcomes and inconsistent variation in the use of healthcare resources. There is insufficient health economic data to determine overall efficiency. In the presentations studied, physiotherapists made similar diagnostic and management decisions to orthopaedic surgeons and patients are as, or more satisfied with a physiotherapist.

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Telehealth

Telephone-based collaborative care is an effective approach for treating anxiety in primary care patients.

Shepardson R L.

Evidence-Based Nursing 2018;21(1):28.

Telephone-based stepped collaborative care yields lasting improvements in anxiety and mood for primary care patients with generalised anxiety disorder and/or panic disorder. Research is needed to determine which collaborative care intervention components are most beneficial to which subgroups of patients.

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Social media supremacy: a force of change paving the way for the next generation of healthcare and research.

Stones S R.

Evidence-Based Nursing 2018;21(1):2-3.

Considering over 40% of people are influenced by health-related material found on social media, the healthcare community must ensure that accessible, evidence-based information is freely available through social media to attenuate potentially misleading or inaccurate information.

Available with an NHS OpenAthens password for eligible users

Automated telephone communication systems may have the potential to play a positive role in healthcare.

Eccles A.

Evidence-Based Nursing 2018;21(1):23.

Automated telephone communication systems (ATCS) have the potential to play a positive role in healthcare, but practical matters should be considered before implementation. Further evidence is needed to counter the variable and often low-quality evidence available to date, which limits the extent to which ATCS can be safely implemented across populations.

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Clinical Review of Dr Jefferies and Partners GP at Hand service.

NHS Hammersmith & Fulham CCG and NHS England (London Region) Medical Directorate; 2018.

This report aims to recognise the very positive benefits that such an innovative approach can bring, whilst making clear recommendations to ensure that patient care is not compromised and that GP at hand provides a safe, effective service as part of the wider health and social care system.

Harnessing the power of intelligent machines to enhance primary care

Sarah F

Moore, William Hamilton and David J Llewellyn, British Journal General Practice 2018; 68 (666): 6-7. Searching the internet for health advice is undoubtedly fraught with potential complications as well as rewards, but have you ever stopped to think about the technology behind these searches and what other implications it might have for your practice?

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Use of an electronic consultation system in primary care: a qualitative interview study

Jon Banks et al.

Br J Gen Pract January 2018 68:e1-e8

The experiences of the practices in this study demonstrate that the technology, in its current form, fell short of providing an effective platform for clinicians to consult with patients and did not justify their financial investment in the system.

How to approach changing jobs.

Foster S.

British Journal of Nursing 2017;26(18):1049-1049.

The article presents practical advice for nurses on how to approach the process of changing jobs, and mentions how to build relationships with health care industry colleagues, how to empower teams to promote staff retention, and a nurse's ability to leave his or her job on good terms.

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Innovation

Adoption and spread of innovation in the NHS

16th January 2018

King's Fund

This report aims to make a pragmatic contribution to the discussion of how to speed up the adoption of service innovation in the NHS. It draws on eight examples of the successful spread of innovation supported by academic health science networks.

Growing innovative models of health, care and support for adults

16th January 2018

Social Care Institute for Excellence

This briefing explains that innovative, often small-scale models of health, social care and support for adults could be scaled up to benefit as many people as possible. It argues that the challenge is to make scaling up successful.

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