Future-proofing General Practice – 16th February 2018
[Covering **innovation**, leadership, skill mix & workforce planning, telehealth]

Supporting the CPD Zone - the 'Go To' place for CPD in General Practice across Thames Valley http://www.oxfordhealth.nhs.uk/library/cpd-zone/

Innovation

Adoption and spread of innovation in the NHS.

The King's Fund   *January 2018*

All 15 AHSNs (est. 2013) were invited to propose examples of successful spread of innovation and the King's Fund selected eight case studies that best illustrated the effective approaches to supporting adoption and spread and also the challenges faced by innovators.

The role of appointment systems and progress with high impact actions.

Midlands and Lancashire Commissioning Support Unit (MLCSU); 2017.

The Strategy Unit conducted a rapid research project, commissioned by NHS England, looking at how different general practices' appointment booking, and other working arrangements drive variations in access. The research assessed the progress of the 10 High Impact Actions that form part of the 'Making Time in General Practice'.

Against the odds: successfully scaling innovation in the NHS

Innovation unit and the Health Foundation; 2018

This report highlights the need to create the right conditions to spread innovations successfully across the NHS and identifies a shortlist of ten innovations that have successfully spread across the NHS in recent years.

Alternatives to the face-to-face consultation in general practice: focused ethnographic case study

Helen Atherton et al. Br J Gen Pract January 29, 2018

Experience of implementation suggests that changes in patient access and staff workload may be both modest and gradual. Practices should consider carefully their reasons for implementing and involve the whole practice team.

[Facilitators and barriers of implementing and delivering social prescribing services: a systematic review.](#) *Pescheny, J V;*
Pappas, Y; Randhawa, G   BMC health services research; Feb 2018; vol. 18 (no. 1); p. 86

The review identified a range of factors that facilitate and hinder the implementation and delivery of Social Prescribing services. Findings of this review provide an insight for commissioners, managers, and providers to guide the implementation and delivery of future Social Prescribing services.

Leadership

[A review of midwifery leadership.](#)
Bannon EM.   *British Journal of Midwifery* 2017;25(10):655-661.

The ineffectiveness of leadership across maternity services in England has been a recurrent theme over. This article examines the reasons why midwives in particular have been perceived as failing to have developed the necessary skills to lead and manage maternity services.
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[Supporting nurse mentors to reduce the barriers to implementing alcohol Interventions and Brief Advice (IBA) in primary care](#)
Kate Halliday, Dr Steve Brinksman,   Alcohol Research UK   Feb 2018

By supporting nurse mentors in leading on the implementation of IBA there is potential for reducing alcohol-related harm within the existing resources of the surgery. This could support primary care in the practical implementation of an evidence based cost effective intervention.

[The consultant practitioner: an evolving role to meet changing NHS needs.](#)
Rosser E.   *British Journal of Nursing 2017;26(19):1065-1069.*

Six consultant practitioners acknowledged the influence of the action learning set on accelerating their confidence and competence to lead, and evaluating new models of care delivery at scale and pace, recognising ultimately their impact on their local STP and their trust's vision.
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Queen's Nursing Institute standards for general practice nurses... [including commentary by Marie Therese Massey.
Nursing Standard; Jan 2018; vol. 32 (no. 20); p. 15-15
New voluntary standards were developed by the Queen's Nursing Institute (QNI) to improve the education and practice of general practice nurses (GPNs) in Great Britain. Topics discussed include a career pathway to improve nurse recruitment and retention.
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Creating a Primary Care Workforce: Strategies for Leaders, Clinicians, and Nurses.
Robinson, Patricia et al.   *Journal of clinical psychology in medical settings; Jan 2018*

This article offers competency tools for clinic leaders, primary care providers (PCPs), and nurses to use in assessing their status and setting change targets. By deploying such strategies, both practicing and teaching clinics will take a big step forward in developing the primary care workforce needed for primary care teams.
Contact the Library for a copy of this article

Learning from the vanguards: Staff at the heart of new care models.

NHS Confederation; 2018.

This briefing looks at how the vanguards have broken down traditional organisational barriers across whole systems, how they have engaged staff in the programmes, communicated change and supported staff to work differently.

How to deliver your message with clarity and impact

This one-day course on 19 April in London will make you better at planning what you want to say and at putting it across clearly and unambiguously, even under pressure. It will suit practice managers, GPs, CCG managers, commissioners and any manager new to leadership.

Clinical leadership in service redesign using Clinical Commissioning Groups: a mixed-methods study.

Storey J.   *Health Services and Delivery Research 2018;6(2)*

This research examined the extent to which, and the methods by which, clinicians stepped forward to take up a leadership role in service redesign using Clinical Commissioning Groups (CCGs) as a platform.

The impact of new forms of large-scale general practice provider collaborations on England's NHS: a systematic review

Luisa M Pettigrew, et al.   *Br J Gen Pract February 12, 2018*

Good-quality evidence of the impacts of scaling up general practice provider organisations in England is scarce. As more general practice collaborations emerge, evaluation of their impacts will be important to understand which work, in which settings, how, and why.

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Commissioning Excellence

PCC   *February 2018*

The latest issue of Commissioning Excellence looks at the importance of business planning in general practice, the secrets of successful relationships in GP collaborations, and PCC's work to support managed clinical networks in Manchester

Skill Mix & Workforce Planning

What are the sources of stress and distress for general practitioners working in England? A qualitative study

Riley R. et al.;   *BMJ Open; Jan 2018; vol. 8 (no. 1)*

Collegial support, a willingness to talk about vulnerability and illness, and having open channels of communication enable GPs to feel less isolated and better able to cope with the emotional and clinical demands of their work. Culture change and access to informal and formal support is crucial.

[Why do GPs leave direct patient care and what might help to retain them? A qualitative study of GPs in South West England](#)

Sansom A.; et al.;   *BMJ Open; Jan 2018; vol. 8 (no. 1)*

Future strategies aimed at retaining GPs in direct patient care should clarify the role and expectations and align with GPs' perception of their own roles and identity; demonstrate to GPs that they are valued and listened to in planning delivery of the UK healthcare; target GPs' concerns regarding fear and risk, and give GPs viable options to support them to remain in direct patient care.

The feasibility and acceptability of nurse-led chronic disease management interventions in primary care: An integrative review

Stephen, C; McInnes, S; Halcomb, E.   *Journal of Advanced Nursing; Feb 2018; vol. 74 (no. 2); p. 279*
Literature supports the feasibility and acceptability of nurse-led interventions in primary care for lifestyle risk factor modification. The ongoing sustainability of these interventions rests largely on organizational factors such as funding, educational pathways and professional support of the primary care nursing role.
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Community pharmacists' possible role in social prescribing for people with poor mental health

Taylor

D.;   *International Journal of Pharmacy Practice; Dec 2017; vol. 25 ; p. 6*

There is support for community pharmacists' involvement in SP, however, members of the public felt that GPs and CPs should only be part of a SP service if they added value, preferring de-medicalisation of mild to moderate mental health problems.
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Patient, Primary Care Provider, and Specialist Perspectives on Specialty Care Coordination in an Integrated Health Care System.

Vimalananda, Varsha G et al. Journal of Ambulatory Care Management; Jan 2018; vol. 41(no. 1); p.15-24

Successful coordination of specialty care requires understanding the perspectives of patients, primary care providers, and specialists. Clinicians rarely included patients or other staff in their coordination of specialty care. Patients assuming responsibility for specialty care coordination struggled to succeed. We identified opportunities to improve coordination across the triad.
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[Divided we fall: getting the best out of general practice](#)

Rosen R   *2018, Nuffield Trust*
The traditional model of general practice, sometimes called 'medical generalism', involves GPs developing a relationship with a patient, and understanding their social and family background. Are we at risk of losing the value this delivers to patients and the wider NHS?

[Volunteering in general practice: Opportunities and insights](#)

Helen Gilbert, David Buck, Jane South.   *King's Fund 2018*
10 case studies demonstrate that approaches to supporting volunteering in general practice provide an opportunity for practices to engage beyond their traditional boundaries, creating an interface with voluntary and community sector organisations and with the wider community.

Interprofessional teamwork for multi-professional practice: Does it work in primary care?

Woods, Debbie   *Practice Nursing; Feb 2018; vol. 29 (no. 2); p. 88-92*

Inter-professional teamwork did not always work effectively. Lack of communication within the workplace was an issue. Few felt that they could approach seniors without feeling that their concerns are ignored or dismissed. All participants noted that if the most senior staff show how to work effectively then the rest would follow suit.

Safe, sustainable and productive staffing: an improvement resource for the district nursing service.

NHS Improvement   *2018.*

Resource to help standardise safe, sustainable and productive staffing decisions in the district nursing service.

Recruitment and retention in general practice nursing: What about pay?

Ashwood, Louise; Macrae, Anne; Marsden, Paula Practice Nursing; Feb 2018; vol. 29 (no. 2); p. 83-87

The lead nurses in Lambeth developed a pay framework that mapped to the general practice nurse career framework, launched in June 2017. In January 2018, a pay framework was launched for healthcare assistants. It aims to allow general practice to compete with all healthcare sectors and to make general practice an attractive and viable career option.
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Telehealth

New online and mobile app for depression should be trialled on the NHS, says NICE

23rd January 2018   *NICE*

Online/mobile programme Deprexis could help adults with depression get faster access to care and should be tested out in NHS services. Around 200 people in England could benefit from free access to this digital therapy after NICE recommended that it is trialled in selected specialist services.

Patient reminder and recall interventions to improve immunization rates.

Jacobson Vann JC.   *Cochrane Database of Systematic Reviews* 2018;(1)

Patient reminder and recall systems, in primary care settings, are likely to be effective at improving the proportion of the target population who receive immunizations.

The development and evaluation of an online dementia resource for primary care based health professionals

Jennings A.A.   *Internet Interventions; Mar 2018; vol. 11 ; p. 47-52*

This study offers a prototype for the development of an online dementia educational resource and demonstrates the value of a dementia-specific services
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[Activity Monitors as Support for Older Persons' Physical Activity in Daily Life: Qualitative Study of the Users' Experiences](#)

Maria Ehn et al.   *JMIR Mhealth Uhealth 2018 (Feb 01); 6(2):e34*

Activity monitors can be valuable for supporting seniors' physical activity (PA). However, the potential of the solutions for a broader group of seniors can significantly be increased.

[The Effectiveness of Health Animations in Audiences With Different Health Literacy Levels: An Experimental Study](#)

Corine S et al.   *J Med Internet Res 2015 (Jan 13); 17(1):e11*

Spoken animation is the best way to communicate complex health information to people with low health literacy. As animations do not negatively influence high health literate audiences, information adapted to audiences with low health literacy also suits people with high health literacy.

[The Impact of mHealth Interventions: Systematic Review of Systematic Reviews](#)

Milena Soriano Marcolino   *JMIR Mhealth Uhealth 2018;6(1):e23*

Although mHealth is growing in popularity, the evidence for efficacy is still limited. For some fields, its impact is not evident, the results are mixed, or no long-term studies exist. Exceptions include the moderate quality evidence of improvement in asthma patients, attendance rates, and increased smoking abstinence rates.

[Can digital transformation breathe new life into our ailing NHS?](#)

Nick Wilson   *IT Pro Portal Feb 2018*

In the digital era in which we live, it's unfeasible to think relevant patient data isn't integrated and available at every critical point across the care continuum. Includes examples from primary care.

[Using digital technology to improve the public's health: A guide for local authorities](#)

LGA   *January 2018*

Digital health technologies can deliver value for money and drive efficiencies, as well as benefiting the health of the population. Up and down the country, councils have been working with their partners – both public and private – to innovate and pilot new ways of working.