



Future-proofing General Practice – 16th March 2018

[Covering [innovation](#), [leadership](#), [skill mix & workforce planning](#), [telehealth](#)]

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Innovation

Making technology-enabled health care work in general practice

Ruth Chambers and Marc Schmid, Br J Gen Pract March 2018 68:108-109

A national report from Health Education England and the Royal College of Nursing highlights the need for nurses to be digitally literate. Practice nurses should facilitate, guide, and support patients along their healthcare pathways.

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Artificial intelligence in medicine: current trends and future possibilities

Varun H Buch, Irfan Ahmed and Mahiben Maruthappu, Br J Gen Pract March 2018 68:143-144

This article takes a close look at current trends in medical AI and the future possibilities for general practice.

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[Against the odds: Successfully scaling innovation in the NHS.](#)

The Health Foundation; 2018.

To relieve the immense pressures in the health service, improve patient experience and outcomes, and save money, we need innovative approaches to benefit more people. But traditional approaches to scale and spread aren't delivering the change we need. This research looks at 10 stories of UK innovations that have scaled and built a rich picture of the factors that enable success.

Leadership

[Clinical leadership in service redesign using Clinical Commissioning Groups: a mixed-methods study.](#)

Storey J, Health Services and Delivery Research 2018;6(2)

Objectives: This research examined the extent to which, and the methods by which, clinicians stepped forward to take up a leadership role in service redesign using Clinical Commissioning Groups (CCGs) as a platform.

[National framework for NHS continuing healthcare and NHS-funded nursing care.](#)

Department of Health and Social Care

March 2018

The national framework for NHS continuing healthcare and NHS-funded nursing care sets out the principles and processes for deciding eligibility. The checklist, decision support tool and fast track pathway tool will help clinicians and practitioners with the decision-making process. The 2018 version



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of the national framework document and the associated tools will take effect on 1 October 2018.

A systematic review of team-building interventions in non-acute healthcare settings.

Miller CJ. BMC Health Services Research 2018;18(1):146.

Healthcare is increasingly delivered in a team-based format emphasizing interdisciplinary coordination. This study aimed to systematically review the evidence base for team-building interventions in non-acute settings (e.g. primary care or rehabilitation clinics).

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Skill Mix & Workforce Planning

NHS workforce race equality: a case for diverse boards

NHS England

March 2018

This report highlights the importance of inclusive boards in the NHS and provides guidance on working towards creating inclusive cultures.

Evidence base - Employing members of the Armed Forces

NHS Employers

March 2018

We have collated employer views from across the NHS and combined them with existing research from the private sector, to develop an evidence base that highlights the benefits of employing reservists and the wider Armed Forces community at a local level.

Volunteering in general practice: Opportunities and insights.

The King's Fund

February 2018

Interest is growing in the contribution that volunteering can make in health and social care. This paper examines the ways in which volunteers are involved with, and are contributing to, general practice.

Left to chance: the health and care nursing workforce supply in England.

Royal College of Nursing (RCN)

February 2018

Following two reports from the RCN last year, we asked frontline we asked frontline nursing staff how the 40,000 shortfall in health and care affects their day-to-day care of patients. With those powerful testimonies still echoing - and being added to each day – the report explains in part how England got to this point.

The benefits of co-location in primary care practices: the perspectives of general practitioners and patients in 34 countries.

Bonciani M. BMC Health Services Research 2018;18(1):132.

There is no clear evidence as to whether the co-location of primary care professionals in the same facility positively influences their way of working and the quality of healthcare as perceived by



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patients. The aim of this study was to identify the relationships between general practitioner (GP) co-location with other GPs and/or other professionals and the GP outcomes and patients' experiences.

New guidance on medicines management for nursing associates published

HEE

February 2018

The guidance is aimed at employers, trainers, supervisors, training providers, nursing associates and patients and sets out best practice for employers delivering medicines management training.

Learning from the vanguards: Staff at the heart of new care models.

NHS Confederation

January 2018

This briefing looks at how the vanguards have broken down traditional organisational barriers across whole systems, how they have engaged staff in the programmes, communicated change and supported staff to work differently. The publication forms part of a series developed by the NHS Confederation, NHS Clinical Commissioners, NHS Providers and Local Government Association.

The impact of new forms of large-scale general practice provider collaborations on England's NHS: a systematic review

Luisa M Pettigrew et al, *Br J Gen Pract March, 2018; 68 (668): e168-e177*

Over the past decade, collaboration between general practices in England to form new provider networks and large-scale organisations has been driven largely by grassroots action among GPs. However, it is now being increasingly advocated for by national policymakers. Expectations of what scaling up general practice in England will achieve are significant.

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Acceptance and commitment therapy (ACT) for clinically distressed health care workers: Waitlist-controlled evaluation of an ACT workshop in a routine practice setting.

Waters, Cerith S et al. *The British Journal of Clinical Psychology; Mar 2018; 57 (1): 82-98*

The brief nature of this group intervention means it may be particularly suitable for staff support and primary care mental health service settings. The findings indicate that the beneficial effects of an ACT workshop on distressed employees' mental health were linked to improvements in specific mindfulness skills.

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Developing a positive patient experience with nurses in general practice: An integrated model of patient satisfaction and enablement.

Desborough, Jane et al, *Journal of Advanced Nursing; Mar 2018; 74 (3): 564-578*

This model builds on previous evidence describing processes and characteristics that optimize the quality of care in general practice nurse consultations. It provides a practical tool to inform education and training for general practice nurses and other clinicians.

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Community pharmacists: members or bystanders of the primary care multidisciplinary team?

Weiss M.C. et al, *Journal of Pharmaceutical Health Services Research; Mar 2018; 9 (1): 67-69*



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Greater investment is needed in the structures to support multidisciplinary working in terms of time and resources, as well as a greater awareness of MDT members' roles and potential contribution.

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Telehealth

[NHS could save £81m a year though new tech designed to prevent strokes](#)

Hannah Couch, Digital Health, 21st February 2018

More than 6,000 devices designed to prevent strokes are to be rolled out as part of a national campaign that could save the NHS £81 million a year. This includes [Kardia Mobile](#), a small device that is able to detect irregular heart rhythms and the [Watch BP](#) blood pressure cuff, which can also detect heart rhythms.

Feasibility, acceptability and effectiveness of an online alternative to face-to-face consultation in general practice: a mixed methods study of webGP in six Devon practices.

Carter, Mary et al, BMJ Open; Feb 2018; 8 (2): e018688

Staff and patients noticed subtle changes to responsibilities associated with online options. Greater uptake requires good communication between practice and patients, and organisation of systems to avoid conflicts and misuse.

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[Empower the person: roadmap for digital health and care service'](#)

NHS England

March 2018

NHS England has released a new digital roadmap that sets out its national objectives and timelines for the deployment of key national patient digital services and platforms, including the new NHS website and mobile app.

[Efficacy of self-monitored blood pressure, with or without telemonitoring, for titration of antihypertensive medication \(TASMINH4\): an unmasked randomised controlled trial.](#)

McManus, Richard J et al, The Lancet 10th March 2018; 391(10124): 949-959

Self-monitoring, with or without telemonitoring, when used by general practitioners to titrate antihypertensive medication in individuals with poorly controlled blood pressure, leads to significantly lower blood pressure than titration guided by clinic readings. This could become the cornerstone of hypertension management in primary care.

Patient contributions during primary care consultations for hypertension after self-reporting via a mobile phone self management support system.

Bengtsson, Ulrika et al, Scandinavian Journal of Primary Health Care; Mar 2018; 36 (1):70-79

Patients' contribution through interpretations of BP values to specific situations in their own lives brought on consultations where the patient as a person in context became salient. The mobile phone-based self-management support system can be used to support patient involvement in consultations with a person-centered approach in primary care hypertension management.

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[All GP practices in North West London sign up to provide online services](#)



Digital Health

March 2018

The [GP online service](#) allows registered patients to book and cancel appointments, order repeat prescriptions and view their GP records.

Public Health England launches Alexa service for breastfeeding mums

Digital Health

March 2018

Through Start4Life's 'Breastfeeding Friend', users can ask the cloud-based platform a variety of questions about breastfeeding and receive answers tailored to the age of the baby. According to PHE, the service is the first time parents have been able to receive NHS-approved breastfeeding advice via a hands-free digital platform.

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