



Reshaping Clinical Care in General Practice – 10th May 2019

[Covering [dementia](#), [integrated care](#), [long term conditions](#), [older people](#), , [safeguarding](#)]

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Dementia

[Music for Dementia 2020](#)

Dementia Action Alliance

3rd May 2019

Music for Dementia 2020 is a national campaign to make music available for everyone living with dementia by 2020. Led by [The Utley Foundation](#), the campaign is a direct and positive response to the Commission report on Dementia and Music.

[The Alzheimer's Show 7-8 June 2019, Olympia, London](#)

Dementia UK

7th May 2019

Conference and exhibits for; Anyone living with or worried about Alzheimer's or dementia, carers, partners, family members, friends and care professionals, anyone with a personal or professional interest in learning more, people who are interested in the latest ideas for prevention.

[The Costs of Dementia in England](#)

Wittenberg R.; Knapp M.; Hu B. et al, International journal of geriatric psychiatry; Apr 2019

Dementia has huge economic impacts on people living with the illness, their carers and society as a whole. Better support for people with dementia and their carers, as well as fair and efficient financing of social care services, are essential to address the current and future challenges of dementia.

[New research helps people with dementia avoid getting lost](#)

Economic and Social Research Council

24th April 2019

New guidelines use the latest research on aging and memory to help people living with dementia find their way around unfamiliar environments.

Limbic-predominant age-related TDP-43 encephalopathy (LATE): consensus working group report

Peter T. Nelson et al, Brain, awz099, <https://doi.org/10.1093/brain/awz099>

Describes a recently recognized disease entity, limbic-predominant age-related TDP-43 encephalopathy (LATE). A working group was convened to develop diagnostic criteria for LATE, aiming both to stimulate research and to promote awareness of this pathway to dementia.

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[Imperial College opens £20m centre to develop dementia-friendly homes](#)

Digital Health

18th April 2019

The "Healthy Homes" project aims to help dementia patients live in the comfort of their own home for as long as possible. The centre will use a range of approaches, including artificial intelligence, robotics and sleep monitoring, to create safer homes.

Assessment of Reported Comparative Effectiveness and Safety of Atypical Antipsychotics in the Treatment of Behavioral and Psychological Symptoms of Dementia: A Network Meta-analysis.

Yunusa I. JAMA Network Open 2019;2(3):e190828.

No significant differences were found across measures of effectiveness and safety among aripiprazole, olanzapine, quetiapine, and risperidone, although differences were found for some of these drugs and outcomes compared with placebo. No trials were found for other atypical antipsychotics.

Dose-response relationship between exercise and cognitive function in older adults with and without cognitive impairment: A systematic review and meta-analysis.

Sanders LMJ. PLoS One 2019;14(1):e0210036.

For older adults with cognitive impairments, we found evidence for exercise programs with a short session duration and high frequency to predict higher effect sizes ($d = 0.43-0.50$). In healthy older adults, dose-parameters did not predict the magnitude of exercise effects on cognition.

Young-onset dementia in mental health services. (CR217)

Royal College of Psychiatrists (RCPsych); 2018.

This report recognises that a person with young-onset dementia (YOD) and their family will often have complex diagnostic, management and personal needs and it is important that these needs are met in a timely and effective way.

Specialist nursing support for unpaid carers of people with dementia: a mixed-methods feasibility study

Kate Gridley, Fiona Aspinall, Gillian Parker et al, Health Services and Delivery Research 7(12) March 2019

Admiral Nursing is the only specialist nursing service in the UK that specifically focuses on supporting carers of people with dementia, but evidence of its effectiveness, costs, and relationships to other services is limited. This project, jointly undertaken with the University of York's Social Policy Research Unit, aims to address this gap and explore the feasibility of full-scale formal evaluation.

e-Dementia e-learning programme

Health Education England and the University of Bradford have reviewed the e-Dementia e-learning Programme. It focuses on the knowledge needed to support people with dementia and their carers to live as well as possible. As part of the update, 14 new sessions were added and 12 have been retired. New sessions include: person-centred dementia care, dementia diagnosis, risk reduction, communication in dementia care, drug interventions, living well with dementia, carers as partners.

Integrated Care

The impact of a General Practitioner-led community paediatric allergy clinic: A service evaluation

El-Shanawany I.R.; Wade C.; Holloway J.A. Clinical and Experimental Allergy; 2019

This integrated, multidisciplinary Paediatric Allergy Service could provide a model to improve the unmet allergy need both in the UK and beyond. This GPwSI model could also be applied to other chronic diseases in both adults and children, improving care beyond allergy.

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Achieving integrated care through commissioning of primary care services in the English NHS: A qualitative analysis

McDermott I. et al; BMJ Open; Apr 2019; vol. 9 (no. 4)

There is a disconnect between locally based primary care and the wider system. One of the major challenges we identified is the lack of knowledge and expertise in the field of primary care at STP level. While primary care commissioning by CCGs seems to be supporting local collaborations between practices, this is not yet translated into broader integration initiatives across wider footprints.

Optimising laboratory monitoring of chronic conditions in primary care: A quality improvement framework

Whiting D. et al;

BMJ Open Quality; Mar 2019; vol. 8 (no. 1)

Introduction of simple chronic disease test groups into primary care electronic ordering systems, when used alongside engagement with clinicians, leads to both quality improvement and reduction in system costs.

Barriers and facilitators to the implementation of doctor-nurse substitution strategies in primary care: a qualitative evidence synthesis.

Karimi-Shahanjarini, Akram et al The Cochrane database of systematic reviews; Apr 2019; vol. 4

Patients, doctors and nurses may accept the use of nurses to deliver services that are usually delivered by doctors, but this depends on the type of services. Nurses taking on extra tasks want respect and collaboration from doctors; as well as proper resources; good referral systems; experienced leaders; clear roles, adequate incentives, training and supervision. However, these needs are not always met.

The primary care network handbook

BMJ 2019

This handbook offers options to groups of practices looking to establish a primary care network. It includes detailed guidance on: governance structures; internal governance and decision-making; potential structures and employment options for primary care networks; funding; and future workforce options.

How social prescribing can benefit patients and prescribers.

Dowden, Angela Prescriber; Apr 2019; vol. 30 (no. 4); p. 21-24

Social prescribing has the potential to address unmet patient needs and ease pressure on GPs and other healthcare professionals. This article investigates the evidence behind social prescribing, the benefits and drawbacks, and how it is gaining a higher profile in the NHS.

The clinical effectiveness of nursing models of diabetes care: A synthesis of the evidence.

Crowe, Marie et al; International Journal of Nursing Studies; May 2019; vol. 93 ; p. 119-128

This review which incorporated a broad range of studies to capture the complexity of nurse-led interventions has identified that there is evolving evidence that nurse-led interventions for community treatment of diabetes may be more clinically effective than usual physician-led care.

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Understanding case mix across three paediatric services: Could integration of primary and secondary general paediatrics alter walk-in emergency attendances?

Steele L. et al; Archives of Disease in Childhood; May 2019; vol. 104 (no. 5); p. 432-436

One in two attendances to acute paediatric services could have been managed in the community. Integration of paediatric services could help address parental reasons for attending acute services, as well as facilitating the community management of chronic conditions.

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Solidarity or dissonance? A systematic review of pharmacist and GP views on community pharmacy services in the UK.

Hindi, Ali M K; Jacobs, Sally; Schafheutle, Ellen I Health & social care in the community; May 2019; vol. 27 (no. 3); p. 565-598

Collaboration between pharmacists and GPs remains poor despite extended services. Overall, extending community pharmacy services require quality-driven incentives and joint working between community pharmacists and GPs for better integration within the patient's primary care pathway.

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Long-Term Conditions

Assessing and treating obsessive compulsive disorder in practice

Young A. Practice Nursing; Apr 2019; vol. 30 (no. 4); p. 178-181

The primary care team have an opportunity to recognise OCD symptoms and intervene before the condition worsens, and the patient requires hospitalisation.

[Contact the Library for a copy of this article](#)

Symptom management for medically unexplained symptoms in primary care: A qualitative study

Lucassen P. et al; British Journal of General Practice; Apr 2019; vol. 69 (no. 681)

Symptom management is a considerable part of the care of MUS in general practice. GPs might benefit from support in how to promote symptom management to patients with MUS in specific and unambiguous terms.

[Contact the Library for a copy of this article](#)

'The Doctor doesn't need to see you now': reduction in general practice appointments following group pain management.

Clare, Ajay et al.; British journal of pain; May 2019; vol. 13 (no. 2); p. 121-129

Findings show that there are fewer pain-related appointments in primary care in the year following a group outpatient PMP compared with the preceding year. It is possible that the self-management techniques taught on the programme lead to a reduction in patient's need to consult their GP as frequently about their pain.

Older people

Challenges and strategies for general practitioners diagnosing serious infections in older adults: a UK qualitative interview study.

McKelvie, Sara; Moore, Abigail; Croxson, Caroline et al, BMC family practice; Apr 2019; 20(1):56

Diagnostic challenges are present throughout the assessment of an older adult with a serious infection in primary care. Supporting GPs to provide continuity of care may improve the recognition and developing point of care testing for use in community settings may reduce diagnostic uncertainty.

Older men at the margins: guidance for practitioners and services providing groups for older men

Age UK

May 2019

Older men at the margins was a two-year study to understand how men aged 65 and over from different social backgrounds and circumstances experienced loneliness and social isolation.

Did government spending cuts to social care for older people lead to an increase in emergency hospital admissions? An ecological study, England 2005–2016

Seamer P, Brake S, Moore P, et al, BMJ Open 2019; 9(4):e024577

This paper sets out to try to quantify the effect of cuts to social care on older people's use of emergency health care services.

Free personal care: how to eliminate catastrophic costs

Independent Age

26th April 2019

This report focuses on the significant benefits of free personal care, namely, how it can eliminate catastrophic lifetime costs for all older people receiving care.

Suffering in silence: age inequality in older people's mental health care. (CR221)

Royal College of Psychiatrists (RCPsych); 2018.

This Report highlights the need for urgent action to address the poorer outcomes experienced by older people in mental health services compared to other age groups. It sets out the evidence to support this assertion and recommends how the needs of older people could and should be better met in future years.

Safeguarding

Safeguarding in general dental practice: a toolkit for dental teams

PH England

April 2019

This document outlines the roles and responsibilities of the dental team in promoting the safety and wellbeing of children, young people and adults at risk of abuse. It provides an overview of the different forms of abuse (including domestic abuse, child sexual abuse and financial abuse), looks at confidentiality and information sharing, signposts to useful safeguarding resources and outlines the pathways to be followed in cases of concern.

Validation of the Primary Care Patient Measure of Safety (PC PMOS) questionnaire.

Giles, Sally J. et al. BMJ Quality & Safety; May 2019; vol. 28 (no. 5); p. 389-396

This study led to a reliable and valid 28- item PC PMOS. It could enhance or complement current data collection methods used in primary care to identify and prevent error.

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