



Future-proofing Primary Care – 28th February 2020

[Covering [innovation](#), [leadership](#), [skill mix & workforce planning](#), [telehealth](#)]

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Innovation

Stop falling before it starts: increasing access to multifactorial falls and fracture risk assessment and intervention for older people at risk of falls or early in their falls career via proactive case finding

Turner, J., Parry, S.W., Shaw, F.E.

Age & Aging, vol 49 Feb 2020.

The initiative was effective in identifying the target population and engaging them in community-based strength and balance exercise classes. Meaningful improvements in physical performance were demonstrated. A smaller number of additional risk factors were identified. There was a high level of satisfaction from patients and GPs. Wider implementation would increase participation in evidence-based community exercise

[Contact the library for a copy of this article](#)

[Using data to improve the care of people with diabetes across Oxfordshire](#)

Read, R.D et al.

Practical Diabetes, Jan 2020, 37(1):27-31

Over the last two years significant improvements have been seen, particularly in the achievement of the eight key care processes and the attendance at structured education within one year of diagnosis. The diabetes dashboard has been integral in the improvement of care for people with diabetes in Oxfordshire.

[Available with an NHS OpenAthens password for eligible users](#)

[QOF quality improvement case studies](#)

NHS England

6th February 2020

Three case studies developed by the Royal College of General Practitioners, National Institute for Health and Care Excellence and the Health Foundation provide examples of how practices could approach their quality improvement activity.

[e-learning programme for intelligent intermittent auscultation in labour](#)

Oxford AHSN

February 2020

The Oxford AHSN has developed an interactive e-learning package with consultant midwives Christine Harding (Royal Berks) and Wendy Randall (Oxford University Hospitals). Uniquely it uses real fetal heart sounds recorded digitally as part of the interactive learning. It was launched on the national HEE e-LfH platform in January 2020. The training is available to all midwives in England.

Leadership

Interprofessional teamwork in primary care: the effect of functional heterogeneity on performance and the role of leadership.

Zijl, Alissa Lysanne van et al.

Journal of interprofessional care; Feb 2020 :1-11

This study aimed to unravel the complexity of interprofessional teamwork in primary care teams through the mediating role of information elaboration, and the moderating roles of directive leadership and participative leadership.

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Skill Mix & Workforce Planning

[A Place to Work: System approaches to workforce challenges in the NHS](#)

NHS Providers

December 2019

This briefing aims to explore how trusts are working with their staff and with local partners to enable the health and care workforce to adapt to new ways of collaborative working in systems, and to support the aim of integrated, joined up care.

[The health, safety and wellbeing of shift workers in healthcare environments](#)

NHS Employers

February 2020

This guidance explores: how shift work can impact on health, safety and wellbeing; what measures can be taken by employers and employees; and the importance of partnership working on shift working patterns.

[Regional variation in practitioner employment in general practices in England: a comparative analysis](#)

Spooner, S et al.

The British Journal of General Practice; Feb 2020

This study provides analysis of a more detailed and complete primary care workforce dataset than has previously been available in England. In describing the workforce composition at this time, the study provides a foundation for future comparative analyses of changing practitioner deployment before the introduction of primary care networks, and for evaluating outcomes and costs that may be associated with these changes.

Barriers and enablers to collaborative working between GPs and pharmacists: a qualitative interview study

Duncan, P et al.

The British Journal of General Practice; Feb 2020

A good working relationship between the GP and pharmacist, where each profession understood the other's skills and expertise, was key. The importance of face-to-face meetings and feedback should be considered in future studies of interdisciplinary interventions, and by GP practices that employ pharmacists and other allied health professionals.

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[Realising the neighbourhood NHS: A new deal for primary care in England.](#)

Chris Thomas and Harry Quilter-Pinner Institute for Public Policy Research. February 2020.

This report calls for general practitioners to become salaried employees of the NHS, rather than independent contractors, known as partners, who run their own GP practices. This move would overturn the historic model of general practice that has been in place since 1948. It argues that this shift, to be phased in, would enable the NHS in England to deliver better access to, and quality of, primary care in the community and would also help to address the workforce crisis in general practice.

[Staffing for Safe and Effective Care in the UK 2019 report: Reviewing the progress of health and care systems against our principles.](#)

Charli Hadden, Carol Harris, Sian Kiely, John Knape and Lisa Turnbull Royal College of Nursing 31 January 2020

This report provides an overview of progress made against the safe staffing campaign principles during 2019. It includes country-specific updates as well as a look ahead to priorities during 2020.

Supporting adult carers.

National Institute for Health and Care Excellence NICE guideline [NG150]

January 2020.

This guideline covers support for adults who provide unpaid care for anyone aged 16 or over with health or social care needs. It aims to improve the lives of carers by helping health and social care practitioners identify people who are caring for someone and give them the right information and support. It covers carers' assessments, practical, emotional and social support and training, and support for carers providing end of life care

Complexity as a factor for task allocation among general practitioners and nurse practitioners: a narrative review.

Cody, Robyn et al.

BMC Family Practice; Feb 2020; vol. 21 (no. 1); p. 1-17

Complexity as a concept is prominent in primary care but remains broad and inconsistent as a factor for task allocation between NPs and GPs. This review can be used as a point of reference when practitioners are seeking methods for task allocation in a collaborative primary care setting.

"LOVE THE DAY JOB STILL;" "MORE JOB SATISFACTION;" "I WILL NEVER GIVE UP MY GERIGP JOB;" - RESULTS OF THE BGS GERIGPWORKFORCE SURVEY 2018...British Geriatrics Society Autumn meeting, November 6-8, 2019, Leicester, England

Davies, K. et al.

Age & Ageing; Feb 2020; vol. 49

In 2017, two GPs formed the GeriGP group, for BGS GP members with a particular interest in the care of older people. By late 2018, the group had around 100 members. An online survey was undertaken with the aim of using the results to engage with national policy makers and to identify pathways into these roles to improve recruitment and retention of the GP workforce. It was concluded that the enthusiasm for GeriGP roles should be seized upon to improve healthcare of older people and bolster the GP workforce. GeriGPs plan to use these results to influence policy makers nationally.

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GERIATRICIANS IN INTERMEDIATE CARE SETTINGS: A MODERN APPROACH TO GERIATRIC MEDICINE...British Geriatrics Society Autumn Meeting, November 6-8, 2019, Leicester, England.

Enwere, P. et al

Age & Ageing; Feb 2020; vol. 49

This intervention has resulted in reduction of referrals to geriatric outpatient clinic and enabled us to provide the required care to our older population closer to home. It has also led GPs to build their skills in managing the very frail patients with complex needs safely and effectively. In the long run, the intervention will be cost effective with further projected reduction in referrals.

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Telehealth

Engaging patients and triggering self-care: using Intelligent Augmented Reality apps

Thanh Phan, Luke Bracegirdle and Ruth Chambers British Journal of General Practice 2020; 70 (692): 124

Two novel innovative apps using augmented reality (AR) have recently been created to engage and help inform members of the general public. The first app focuses on how a person without any healthcare experience can learn to check their pulse and detect possible AF, and the second aims to educate patients who have been diagnosed with AF to help understand their condition and its potential consequences better, and thus seek and adhere to prescribed medication.

Raising Awareness of Self-Care (e learning)

E learning for HealthCare February 2020

NHS England has developed an e-learning programme with Health Education England and the Self Care Forum to help GPs, nurses and community pharmacists advise patients and carers on managing and treating minor health conditions themselves.

Digital champions for health: a blueprint for success.

NHS Digital

6 February 2020.

This reports explains the findings of a project that was set up to explore the value of a standardized, national Digital Champions for Health model. Being digitally confident and capable can support people to manage their health and wellbeing and support others they care for or are connected to do the same.

North Lincolnshire lung patients first in UK to be offered 'virtual rehab'

Owen Hughes.

Digital Health

10th February 2020

Patients with lung cancer in North Lincolnshire will be the first in the UK to use a virtual reality (VR) pulmonary rehabilitation programme, which allows patients with chronic obstructive pulmonary disorder (COPD) to perform rehab exercises at home.

New tech allowing district nurses to digitally monitor wounds

Rebecca Gilroy.

Nursing Times 12th February 2020

A new app has been piloted in North East London to help district nurses document chronic wound management more efficiently.

Future GP IT systems and services

NHS Digital

21st January 2020

The GP IT Futures programme replaces the contractual framework GP System of Choice (GPSoc), to supply IT systems and services to GP practices and associated organisations in England.

How-to guide: non face-to-face clinics

UCL Partners

28th January 2020

This guide, developed in collaboration with NHS clinicians, managers and patients, provides a comprehensive guide to setting up non face-to-face clinics (also known as virtual clinics).

Royal College of GPs launches LGBT online training modules for doctors

Digital Health

24 January 2020

The Royal College of General Practitioners has launched a suite of e-learning resources to help GPs provide the best possible care to LGBT patients. The suite, designed in partnership with the Government Equalities Office, contains six online training modules that provide GPs and other healthcare professionals access to evidence-based, up-to-date information to deal with the unique health needs of lesbian, gay, bisexual and trans (LGBT) patients.

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