


Journals (Available Electronically with OpenAthens Login)


 International Journal of Eating Disorders


 European Eating Disorders Review

Additional Resources

 Beat Eating Disorders
[Eating Disorders Awareness Week \(beateatingdisorders.org.uk\)](https://beateatingdisorders.org.uk)

 NICE Health Topics A-Z: Eating Disorders
[Eating disorders](#) | [Health topics A to Z](#) | [CKS](#) | [NICE](#)

 Rethink Mental Illness
[Eating Disorders Week \(rethink.org\)](https://rethink.org)

 Mental Health Foundation
[Eating disorders](#) | [Mental Health Foundation](#)

Search for books and journals by title or subject on the SWIMS library catalogue at: www.swims.nhs.uk

Login to MyAthens at: <https://www.openathens.net/> to view and access a full range of resources.

Search for all resources via Ovid Discovery at: <https://oxfordhealth.ovidds.com/>

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Oxford Health
Libraries












Eating Disorders

Selected Recent Titles Available in Oxford Health Libraries and other SWIMS Libraries

This guide is not intended to be a comprehensive list.

To borrow any items contact us via: library.enquiries@oxfordhealth.nhs.uk.
View a full list of books available via the library catalogue at:
www.swims.nhs.uk

-  Agras, W.S. & Robinson, A., eds. (2018) *Oxford handbook of eating disorders*. 2nd ed. Oxford University Press. **(Warneford)**
-  Barlow, D.H. (2018) *Unified protocol for transdiagnostic treatment of emotional disorders: therapist guide*. Oxford University Press. **WM170 (Warneford)**
-  Barlow, D.H. (2018) *Unified protocol for transdiagnostic treatment of emotional disorders: workbook*. Oxford University Press. **WM170 (Warneford)**
-  Birmingham, C.L. & Treasure, J. (2019) *Medical management of eating disorders*. 3rd ed. Cambridge: Cambridge University Press. **(Whiteleaf)**
-  Brownell, K.D. & Walsh, B.T., eds. (2017) *Eating disorders and obesity: a comprehensive handbook*. 3rd ed. New York: Guilford Press. **WM175 (Whiteleaf)**
-  Cormack, J. (2018) *Helping children develop a positive relationship with food: a practical guide for early years professionals*. London, Philadelphia: Jessica Kingsley. **WS115 (Warneford)**
-  Fairburn, C.G. (2013) *Overcoming binge eating: the proven program to learn why you binge and how you can stop*. 2nd ed. New York: Guildford. **WM178 Wellbeing Collection (Littlemore, Warneford, Whiteleaf)**
-  Frisbie, S. (2020) *A therapist's guide to treating eating disorders in a social media age*. New York: W. W. Norton.
-  Gaudiani, J.L. (2019) *Sick enough: a guide to the medical complications of eating disorders*. New York & Abingdon: Routledge.
-  Haltom, C.E., Simpson, C. & Tantillo, M. (2018) *Understanding teen eating disorders: warning signs, treatment options and stories of courage*. New York: Jessica Kingsley. **WS738 (Whiteleaf)**
-  Harris, G. & Shea, E. (2018) *Food refusal and avoidant eating in children, including those with autism spectrum conditions: a practical guide for parents and professionals*. London: Jessica Kingsley.
-  Kirkpatrick, J.R. (2019) *Taking a detailed eating disorder history: a comprehensive guide for clinicians*. London: Routledge.
-  Langley, J., Todd, G. & Treasure, J. (2019) *Caring for a loved one with an eating disorder: the new Maudsley skills-based training manual*. Abingdon & New York: Routledge. **WM175 (Whiteleaf)**
-  Lock, J. (2020) *Adolescent-focused therapy for anorexia nervosa*. New York: Guilford Press.
-  Morrissey, J. & Oberlin, K., eds. (2019) *Working with people affected by eating disorders: developing skills and facilitating recovery*. London: Red Globe Press. **WM175 (Whiteleaf)**
-  Pearlman, B. (2018) *Re-thinking eating disorders: language, emotion and the brain*. London: Routledge.
-  Schmidt, U., Treasure, J. & Alexander, J. (2016) *Getting better bite by bite: a survival kit for sufferers of bulimia nervosa and binge eating disorders*. 2nd ed. Abingdon: Routledge. **WM178 Wellbeing Collection (Littlemore, Warneford, Whiteleaf)**
-  Simpson, S. & Smith, E., eds. (2020) *Schema therapy for eating disorders: theory and practice for individual and group settings*. Abingdon: Routledge.
-  Thomas, J.J. & Eddy, K.T. (2019) *Cognitive-behavioral therapy for avoidant / restrictive food intake disorder: children, adolescents and adults*. Cambridge: Cambridge University Press.
-  Treasure, J., Smith, G. & Crane, A. (2017) *Skills-based caring for a loved one with an eating disorder: the new Maudsley method*. 2nd ed. London: Routledge. **WM175 (Warneford)**
-  Wooldridge, T., ed. (2018) *Psychoanalytic treatment of eating disorders: when words fail and bodies speak*. Abingdon & New York: Routledge.