

Additional Resources

- Beat Eating Disorders: <https://www.beateatingdisorders.org.uk/>
- CAMHS Resources – Coronavirus: <https://www.camhs-resources.co.uk/coronavirus>
- NHS Coronavirus Resources: Children and Young People: <https://library.nhs.uk/coronavirus-resources/children-and-young-people/>
- Reading Agency – Coronavirus: https://tra-resources.s3.amazonaws.com/uploads/entries/document/4716/Covid_children_s_booklist.pdf
- Reading Well for Children – Overview of the Titles: https://tra-resources.s3.amazonaws.com/uploads/entries/document/4839/Reading_Well_for_children_book_guide_final.pdf
- Reading Well for Young People – Overview of the Titles: https://tra-resources.s3.amazonaws.com/uploads/entries/document/1484/Reading_Well_YP_overview_titles_2021.pdf
- Royal College of Psychiatrists: Young People's Mental Health: <https://www.rcpsych.ac.uk/mental-health/parents-and-young-people>
- Young Minds: <https://youngminds.org.uk/>

Search for books and journals by title or subject on the SWIMS library catalogue at: www.swims.nhs.uk

Login to MyAthens at: <https://www.openathens.net/> to view and access a full range of resources.

Search for all resources via Ovid Discovery at: <https://oxfordhealth.ovid.com/>

July 2021



Oxford Health
Libraries



Health Information Week


Health Information for Children and Young People

Selected Recent Titles Available in Oxford Health Libraries





This guide is not intended to be a comprehensive list.

To borrow any items contact us via: library.enquiries@oxfordhealth.nhs.uk.
View a full list of books available via the library catalogue at:
www.swims.nhs.uk



Adolescent Psychology & Psychiatry

-  Blakemore, S-J. (2018) *Inventing ourselves: the secret life of the teenage brain*. London: Doubleday. **WL700 (Warneford)**




Autism


-  Carpenter, B., Happe, F. & Egerton, J., eds. (2019) *Girls and autism: educational, family and personal perspectives*. Abingdon and New York: Routledge. **WS745 (Littlemore, Whiteleaf)**
-  Ghaziuddin, M. (2018) *Medical aspects of autism and Asperger syndrome: a guide for parents and professionals*. London: Jessica Kingsley. **WS745 (Littlemore)**
-  Johnson, C.R., Butter, E.M. & Scahill, L. (2018) *Parent training for autism spectrum disorder: improving the quality of life for children and their families*. 1st ed. American Psychological Association. **Electronic Book**
-  Middletown Centre for Autism, ed. (2021) *Autism and managing anxiety: practical strategies for working with children and young people*. Abingdon: Routledge. **WS745 (Littlemore)**


Eating Disorders

-  Haltom, C.E., Simpson, C. & Tantillo, M. (2018) *Understanding teen eating disorders: warning signs, treatment options and stories of courage*. New York: Jessica Kingsley. **WS738 (Whiteleaf)**
-  Thomas, J.J. and Eddy, K.T. (2019) *Cognitive-behavioral therapy for avoidant / restrictive food intake disorder: children, adolescents and adults*. Cambridge: Cambridge University Press. **WM175 (Whiteleaf)**




Mental Health Services

-  Emond, A. (2019) *Health for all children*. 5th ed. Oxford: Oxford University Press. **Electronic Book**
-  Padmore, J. (2016) *The mental health needs of children and young people: guiding you to key issues and practices in CAMHS*. Maidenhead: Open University Press. **WS700 (Whiteleaf)**
-  Smith, L. (2016) *Clinical practice at the edge of care: developments in working with at-risk children and their families*. Cham, Switzerland: Palgrave Macmillan. **WS322 (Warneford)**




-  Theodosiou, L. et al. (2019) *Children and young people's mental health: early intervention, ongoing support and flexible evidence-based care*. 2nd ed. Pavilion Publishing and Media. **WS700 (Warneford, Whiteleaf)**

-  Wate, R. & Boulton, N. (2019) *Multi-agency safeguarding in a public protection world: a handbook for protecting children and vulnerable adults*. 2nd ed. Hove: Pavilion. **WS360 (Littlemore, Warneford)**



Psychotherapy Methods

-  Lozier, C. (2018) *DBT therapeutic activity ideas for working with teens: skills and exercises for working with clients with borderline personality disorder, depression, anxiety, and other emotional sensitivities*. London: Jessica Kingsley. **Electronic Book**
-  Rathus, J.H. & Miller, A.L. (2015) *DBT skills manual for adolescents*. New York: Guilford Press. **WS760A (Whiteleaf)**
-  Stallard, P. (2019) *Thinking good, feeling better: a cognitive behavioural therapy workbook for adolescents and young adults*. Chichester: John Wiley & Sons. **WS765 (Littlemore, Warneford)**

Substance Misuse

-  Bowden-Jones, O. (2016) *The drug conversation*. London: RCPsych Publications. **WS348 (Warneford - Wellbeing)**
-  Crome, I.B. & Williams, R., eds. (2019) *Substance misuse and young people: critical issues*. Abingdon: Routledge. **WS700A (Littlemore, Whiteleaf)**
-  Monti, P.M., Colby, S.M. & Tevyaw, T.O. (2018) *Brief interventions for adolescent alcohol and substance abuse*. New York: Guilford. **WM270 (Littlemore)**

Social Media & Technology

-  Betton, V. & Woollard, J. (2018) *Teen mental health in an online world: supporting young people around their use of social media, apps, gaming, texting and the rest*. London: Jessica Kingsley. **WS850 (Warneford)**
-  Moreno, M.A. & Radovic, A. (2018) *Technology and adolescent mental health*. Cham, Switzerland: Springer. **WS850 (Warneford)**