

Substance Misuse

- Crome, I.B. & Williams, R. (eds.) (2019) *Substance misuse and young people: critical issues*. Abingdon: Routledge. **WS700 (Littlemore, Whiteleaf)**
- Monti, P.M., Colby, S.M. & Tevyaw, T.O. (2018) *Brief interventions for adolescent alcohol and substance abuse*. New York: Guilford. **WM270 (Littlemore)**

Additional Resources

- Reading Well for Children – Overview of the Titles: https://tra-resources.s3.amazonaws.com/uploads/entries/document/4821/RW_Children_-_booklist_interactive.pdf
- Reading Well for Young People – Overview of the Titles: https://tra-resources.s3.amazonaws.com/uploads/entries/document/1484/Reading_Well_YP_overview_titles_2021.pdf
- NSPCC: <https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/>
- Place2Be: <https://www.place2be.org.uk/>
- Young Minds: <https://www.youngminds.org.uk/>

Search for all resources via the NHS Knowledge & Library Hub:

<https://library.nhs.uk/knowledgehub/>

Search for books and journals by title or subject on the SWIMS library catalogue at: www.swims.nhs.uk

Login to MyAthens at: <https://www.openathens.net/> to view and access a full range of resources.

Search Oxford Health Research & Knowledge Archive (ORKA) - <https://oxfordhealth-nhs.archive.knowledgearc.net/> for publications by Oxford Health staff.

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Child and Adolescent Mental Health

Selected Recent Titles Available in Oxford Health Libraries


This guide is not intended to be a comprehensive list.

To borrow any items contact us via: library.enquiries@oxfordhealth.nhs.uk.
View a full list of books available via the library catalogue at: www.swims.nhs.uk







Adolescent Psychology & Psychiatry

-  Blakemore, S-J. (2018) *Inventing ourselves: the secret life of the teenage brain*. London: Doubleday. [WL700 \(Warneford\)](#)
-  Martin, A., Volkmar, F.R. & Bloch, M.H. (2018) *Lewis's child and adolescent psychiatry: a comprehensive textbook*. 5th edn. Lippincott Williams & Wilkins. [Electronic Book](#)
-  Zeanah, jr, C.H. (2018) *Handbook of infant mental health*. 4th edn. New York: Guilford Press. [WS700 \(Warneford\)](#)


Anxiety

-  Browne, J. & Buchanan, C. (2019) *Understanding teenage anxiety: a parent's guide to improving your teen's mental health*. New York, NY: Skyhorse Publishing. [Electronic Book](#)


Autism

-  Carpenter, B., Happe, F. & Egerton, J. (eds.) (2019) *Girls and autism: educational, family and personal perspectives*. Abingdon and New York: Routledge. [WS745 \(Littlemore, Whiteleaf\)](#)
-  Ghaziuddin, M. (2018) *Medical aspects of autism and Asperger syndrome: a guide for parents and professionals*. London: Jessica Kingsley. [WS745 \(Littlemore\)](#)
-  Goldstein, S. & Ozonoff, S. (eds.) (2018) *Assessment of autism spectrum disorder*. 2nd edn. New York: Guilford Press. [WS745 \(Whiteleaf\)](#)
-  Grossberg, B. (2019) *Autism and your teen: tips and strategies for the journey to adulthood*. Washington, DC: American Psychological Association. [Electronic Book](#)
-  Johnson, C.R., Butter, E.M. & Scahill, L. (2018) *Parent training for autism spectrum disorder: improving the quality of life for children and their families*. 1st edn. American Psychological Association. [Electronic Book](#)
-  Middletown Centre for Autism (ed.) (2021) *Autism and managing anxiety: practical strategies for working with children and young people*. Abingdon: Routledge. [WS745 \(Littlemore\)](#)





Eating Disorders

-  Haltom, C.E., Simpson, C. & Tantillo, M. (2018) *Understanding teen eating disorders: warning signs, treatment options and stories of courage*. New York: Jessica Kingsley. [WS738 \(Whiteleaf\)](#)



Intellectual Disabilities

-  Bernard, S.H. & McCarthy, J. (eds.) (2020) *Mental health needs of children and young people with intellectual disabilities: a reader for professionals and support staff in health, education and social care*. 2nd edn. Pavilion Publishing. [\(On order\)](#)



Mental Health Services

-  Emond, A. (2019) *Health for all children*. 5th edn. Oxford: Oxford University Press. [Electronic Book](#)
-  Laver-Bradbury, C., Thompson, M.J.J., Gale, C. & Hooper, C.M. (eds.) (2021) *Child and adolescent mental health: theory and practice*. 3rd edn. CRC Press. [WS700 \(Warneford\)](#)
-  Theodosiou, L. et al. (2019) *Children and young people's mental health: early intervention, ongoing support and flexible evidence-based care*. 2nd edn. Pavilion Publishing and Media. [WS700 \(Warneford, Whiteleaf\)](#)
-  Wate, R. & Boulton, N. (2019) *Multi-agency safeguarding in a public protection world: a handbook for protecting children and vulnerable adults*. 2nd edn. Hove: Pavilion. [WS360 \(Littlemore, Warneford\)](#)

Psychotherapy Methods

-  Lozier, C. (2018) *DBT therapeutic activity ideas for working with teens: skills and exercises for working with clients with borderline personality disorder, depression, anxiety, and other emotional sensitivities*. London: Jessica Kingsley. [Electronic Book](#)
-  Stallard, P. (2019) *Thinking good, feeling better: a cognitive behavioural therapy workbook for adolescents and young adults*. Chichester: John Wiley & Sons. [WS765 \(Littlemore, Warneford\)](#)

Social Media & Technology

-  Betton, V. & Woollard, J. (2018) *Teen mental health in an online world: supporting young people around their use of social media, apps, gaming, texting and the rest*. London: Jessica Kingsley. [WS850 \(Warneford\)](#)
-  Moreno, M.A. & Radovic, A. (2018) *Technology and adolescent mental health*. Cham, Switzerland: Springer. [WS850 \(Warneford\)](#)