



Future-proofing General Practice – 29th September 2017

[Covering [innovation](#), [leadership](#), [skill mix & workforce planning](#), [telehealth](#)]

Supporting the CPD Zone - the 'Go To' place for CPD in General Practice across Thames Valley <http://www.oxfordhealth.nhs.uk/library/cpd-zone/>

Innovation

Use of text messaging in general practice: a mixed methods investigation on GPs' and patients' views

Dorothy Leahy, Aoife Lyons, Matthias Dahm, Diarmuid Quinlan and Colin Bradley, British Journal General Practice, September 25, 2017 doi:10.3399/bjgp17X693065

The main objectives were to assess the extent, growth, and perceived risks and benefits of text messaging by GPs to communicate with patients, and assess patients' attitudes towards receiving text messages from their GP.

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GP High Impact Action Webinars

1st September 2017

GP and Practice Team Bulletin

These explore ways to improve workload and improve care through working smarter, not harder. They include active signposting, reducing DNAs, team development, partnership working and social prescribing.

Primary Care Home: Evaluating a new model of primary care

24th August 2017

Nuffield Trust

This evaluates a method of organising care for groups of 30,000 to 50,000 patients. Established last year, the model seeks to link staff from general practice, community-based services, hospitals, mental health services, social care and voluntary organisations to deliver joined-up care.

Leadership

Checklist for induction and training of CCG lay members

August 2017

NHS Clinical Commissioners

This checklist aims to support CCGs with the induction and training of lay members. It focuses on induction, mentoring and buddying, networking, and ongoing or further training.

Leading large scale change: a practical guide

August 2017

NHS England Sustainable Improvements Team

This guide aims to support all those seeking to achieve transformational change in complex health and care environments. It has been informed by the learning and lived experience of system leaders who strived for sustainable transformational change.



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Leadership in doctor-patient relationship: Implementation on patient's case management in primary care

Werdhani R.A. *Medical Journal of Indonesia; 2017; vol. 26 (no. 2); p. 158-166*

A model of leadership in medicine needs to be implemented in primary care, similar to a patient-centered approach. Management should be well prepared and explained in accordance with patient needs and can be agreed upon, as well as implemented with appropriate respective roles.

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Building managed primary care practice networks to deliver better clinical care: a qualitative semi-structured interview study.

Pawa, J.; Robson, J.; Hull, S. *Brit. J. of General Practice: the journal of the RCGP; Sep 2017*

Primary care practices are increasingly working in larger groups. In 2009, all 36 primary care practices in the London borough of Tower Hamlets were grouped geographically into eight managed practice networks to improve the quality of care they delivered. Quantitative evaluation has shown improved clinical outcomes.

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Skill Mix & Workforce Planning

From the Frontline: Workforce Pressures in the NHS

August 2017

Macmillan Cancer Care

Current pressures are affecting the level of care delivered to cancer patients. Based on survey results from over 250 GPs and nurses working in primary care across the UK this report finds over half are not confident that the NHS workforce is able to provide adequate care to cancer patients.

The future of the mental health workforce

Durcan, G.; Stubbs, J.; Appleton, S.; Bell, A.

Centre for Mental Health

September 2017

Reform of mental health services is needed to develop a workforce able to meet future needs. All GPs should have wide-ranging mental health training, and mental health professionals should be given time and training to consult with GPs, helping them to respond to people's mental health needs.

The state of care in general practice 2014 to 2017: Findings from CQC's programme of comprehensive inspections of GP practices

September 2017

Care Quality Commission

GPs face ongoing pressures around capacity, patient demand and workload. However the best general practices are driving change and embracing innovation to deliver even better care into the future. The majority of general practices are considered to be safe and of a high quality.

The challenges of upskilling health care assistants in community nursing

Pringle, S.A;

British journal of community nursing; Jun 2017; vol. 22 (no. 6); p. 284-288

Role redistribution from registered nurses to health care assistants is growing. This paper examines the challenges of upskilling community health care assistants to undertake catheterisation for uncomplicated patients in the community

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Telehealth

[Personalised digital interventions for reducing hazardous and harmful alcohol consumption in community-dwelling populations.](#)

Kaner EFS. Cochrane Database of Systematic Reviews 2017;(9):CD011479.

There is moderate-quality evidence that digital interventions may lower alcohol consumption, with an average reduction of up to three (UK) standard drinks per week compared to control participants.

[New Care Models: Harnessing Technology](#)

12th September 2017

NHS Clinical Commissioners

This publication looks at how five vanguards are harnessing technology to achieve transformation in health care, enabling more efficient, integrated, precise and personalised care.

[Mental health apps for young people: an evidence-free zone?](#)

7th September 2017

Mental Elf

A recent systematic review of mental health apps for young people highlights the current dearth of reliable research to support the efficacy and safety of mobile apps.

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