Innovation

Navigating the challenges of digital health innovation: considerations and solutions in developing online and smartphone-application-based interventions for mental health disorders.


Recommendations include collaborative working between clinicians, researchers, industry and service users in order to successfully navigate challenges and to ensure e-therapies are engaging, acceptable, evidence based, scalable and sustainable.

Available with an NHS OpenAthens password for eligible users

Leadership

The Confident Practice Manager: Leadership and development for you and your practice

October 2017 PCC

This new programme is designed for those who aspire to improve in their leadership role in practice management.

National Information Board: Personalised Health and Care 2020: Patient Carers and Service User Vision

October 2017 National Information Board

This paper aims to say briefly, what the Government’s and national health and care organisations’ current portfolio of programmes will enable health and social care services to deliver for people in England through improved use of information technology.

Towards an effective NHS payment system: eight principles

Wright, Adam; et al. Health Foundation October 2017

Written in partnership with NHS Providers, this report suggests now is an ideal time for a system review, with vanguards and STPs already changing the way care is delivered.

King’s Fund Future of Commissioning Event: Presentations

11th October 2017 The King’s Fund

This one-day event hosted by the Kings Fund aimed to help NHS and social care commissioners understand how commissioning is changing in response to the move towards STPs and accountable care systems and organisations. Copies of the programme, and PDFs of presentations are now available to download.
Skill Mix & Workforce Planning

**Safe and Effective Staffing: Nursing Against The Odds**
*September 2017 Royal College of Nursing*

Following on from the publication of *Safe and effective staffing: the real picture* in May 2017, the RCN launched a survey of nursing and midwifery staff in the UK asking people about their last shift or day worked in health or social care. Experiences and stories shared via the survey have been included throughout the report.

**Evaluation of telephone first approach to demand management in English general practice: observational study.**
*Newbould, Jennifer; et al.*  *BMJ (Clinical research ed.); Sep 2017; vol. 358 ; p. j4197*

This approach shows that many problems in general practice can be dealt with over the phone. The approach does not suit all patients or practices and is not a panacea for meeting demand. There was no evidence to support claims that the approach would save costs or reduce use of secondary care.

**Living and working in the UK as a GP: a guide for overseas doctors and their families**
*October 2017 Royal College of General Practitioners*

This web-based resource offers constructive advice and practical support to doctors, bringing together relevant information and showcasing the UK as a great place to work as a GP.

**Northern Devon NHS Foundation Trust: Reward as part of an effective recruitment strategy**
*October 2017 Royal College of Nursing*

Case study highlights how one Trust used reward, within a clear recruitment strategy, to attract employees, increase applications for roles, and reduce agency spend and nursing vacancies.

**Telehealth**

**Use of text messaging in general practice: a mixed methods investigation on GPs' and patients' views.**
*Leahy, Dorothy; et al.*  *Brit. J. of Gen. Pract.: the journal of the RCGP; Sep 2017*

SMS has become more prevalent in general practice as a way to communicate with patients, but efforts are required from relevant policymakers to address data protection and text messaging issues so that GPs can be provided with clear guidelines to protect patient confidentiality.

*Contact the Library for a copy of this article*

**Patients included? Twitter impact at health care conferences.**
*16th October 2017 The Mental Elf*

Amy Price considers the impact that patient participation can have at health care conferences: increased information flow, greater reach and impact, and deeper engagement in the conversation of tweets compared to physicians or researchers.
District nursing in the digital era.
Binks, Rachel, British Journal of Community Nursing; Oct 2017; 22(10): 478-481
The article examines the use of telemedicine in primary care settings as well as the role of technology in healthcare and district nursing. It discusses how digital technology can improve care as well as support surgeries, enable remote consultations, and help specialists make decisions on care options.
Available with an NHS OpenAthens password for eligible users

Effectiveness of smartphone devices in promoting physical activity and exercise in patients with chronic obstructive pulmonary disease: a systematic review.
The objectives of this systematic review were to analyse existing evidence on the efficacy of smartphone devices in promoting physical activity (PA) in patients with chronic obstructive pulmonary disease (COPD) and to identify the validity and precision of their measurements.
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