Future-proofing General Practice – 25th February 2019

[Covering innovation, leadership, skill mix & workforce planning, telehealth]

Supporting the CPD Zone - the 'Go To' place for CPD in General Practice across Thames Valley  [http://www.oxfordhealth.nhs.uk/library/cpd-zone/]

Innovation

**NHSX: new joint organisation for digital, data and technology**

*Department of Health and Social Care, 19th February 2019*

This unit will take forward digital transformation in the NHS, allowing patients and staff to benefit from the latest digital systems and technology.

Leadership

**Developing People — Improving Care**

*NHS Improvement, 13th February 2019*

Evidence-based national framework to guide action on improvement skill-building, leadership development and talent management for people in NHS-funded roles.

General Practice Transformation Champions conference - 28 March 2019

Book now for the next General Practice Transformation Champions conference in London. This free event is aimed at those involved in leading improvement and transformation in general practice and provides a packed day of practical insights into how practices and networks around England are sustaining and transforming general practice. Attendees will hear about

Skill Mix & Workforce Planning

**Measuring general practice productivity**

*King’s Fund, 21st February 2019*

This study developed and tested a measure of effectiveness in general practice known as the general practice effectiveness tool (GPET), in consultation with GPs, practice staff, and members of the public. This summary outlines the findings and offers learning for practices on how they think about their effectiveness.

**Community pharmacy integration within the primary care pathway for people with long-term conditions: a focus group study of patients', pharmacists' and GPs' experiences and expectations.**

*Hindi, Ali M. K.; Schafheutle, Ellen I.; Jacobs, Sally, BMC Family Practice; Feb 2019; vol. 20 (no. 1)*

Using the 7Ps marketing mix ("product", "price", "place", "promotion", "people", "process", "physical evidence") highlighted factors which could influence utilisation and integration of community pharmacy services within the primary care pathway for patients with LTCs.
Care Navigators increasing GP appointments across the region
South Yorkshire and Bassetlaw ICS, 13 December 2018
Patients across South Yorkshire and Bassetlaw’s GP practices are getting the treatment they need faster thanks to this new initiative which is freeing up GP appointments because other members of practice staff have been given training on the range of health and care services available locally and which are most appropriate for different patients’ needs.

How do pharmacists in English general practices identify their impact? An exploratory qualitative study of measurement problems.
The aim of this qualitative study was to identify problems that English pharmacists face when measuring and recording their impact in general practice. All pharmacists, general practitioners (GPs) and practice managers working across two West London pilot sites were invited, via e-mail, to participate in a focus group study.

Patients’ views on making best use of GP premises
The Patient’s Association; 2019.
A survey of people’s views of their local GP surgery’s building highlights issues around poor confidentiality at reception desks, issues with access for disabled people and dated waiting rooms.

Can support workers from AgeUK deliver an intervention to support older people with anxiety and depression? A qualitative evaluation.
Kingstone, Tom et al; BMC Family Practice; Jan 2019; vol. 20 (no. 1)
Support Workers within AgeUK can be recruited and trained to deliver an intervention, based on the principles of Behavioural Activation, to older people with anxiety and/or depression. This model has the potential to contribute to improving the support and care of older people in primary care with anxiety and depression.

Optometry and independent prescribing.
Rumney, Nicholas Journal of Prescribing Practice; Feb 2019; vol. 1 (no. 2); p. 87-92
Independent prescribing optometrists represent a considerable potential resource whether in the hospital eye service or in the community as the ‘GP’ of the eye. This article describes the pathway to independent prescribing, both professionally and individually.
Contact the library for a copy of this article

Telehealth

The effectiveness and cost-effectiveness of e-health interventions for depression and anxiety in primary care: A systematic review and meta-analysis.
Massoudi, Btissame; Holvast, Floor; Bockting, Claudi L H; Burger, Huibert; Blanker, Marco H, Journal of affective disorders; Feb 2019; 245: 728-743
E-health interventions for depression have a small effect in primary care, with a moderate effect compared to waiting lists. The approach also appeared to be cost-effective for depression. However, we found no evidence for its effectiveness for anxiety.
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A long-term plan for embracing digital healthcare technology.
Glasper A. British Journal of Nursing 2019;28(3): 204-205.
The author discusses the recently published NHS Long Term Plan's proposals for developing the use of
digital technology to enhance patient care.
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The efficacy of telehealth delivered educational approaches for patients with
chronic diseases: A systematic review.
Telehealth modalities included the web, telephone, videoconference, and television delivered to
patients with diabetes, chronic obstructive pulmonary disease, irritable bowel syndrome and heart
failure. In 11 of 16 studies, virtually delivered interventions significantly improved outcomes compared
to control conditions. In the remaining 5 studies, virtual education showed comparable outcomes to
the control conditions.
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Development and piloting of a highly tailored digital intervention to support
adherence to antihypertensive medications as an adjunct to primary care
consultations
Kassavou A. et al; BMJ open; Jan 2019; vol. 9 (no. 1)
Tailored automated text and voice message interventions are feasible ways to improve
medication adherence as an adjunct to primary care. Patients reported that the intervention content
increased awareness about the necessity to take and maintain adherent to medication, reinforced
social support and habit formation, and reminded them to take medication as prescribed.

GPs online: turning expectations into reality with the new NHS app
Paul Beaney et al. Br J Gen Pract February 11, 2019
Gaps in care provision are widening, and take-up of GP Online Services (GPOS) is increasing, but there is still
a long way to go. So far, expectations and reality have not aligned, but could the NHS app be the solution
waiting on the horizon?

The Topol Review: preparing the healthcare workforce to deliver the digital
future
Eric Topol; HEE 11th Feb 2019
This independent report, on behalf of the Secretary of State for Health and Social Care, makes
recommendations that will enable NHS staff to make the most of innovative technologies such as
genomics, digital medicine, artificial intelligence and robotics to improve services.

A 14-year review of a UK teledermatology service: experience of over 40 000
teleconsultations
Mehrtens S.H.; Shall L.; Halpern S.M. Clinical and Experimental Dermatology; 2019
We have set up a successful TD service at a UK centre, which has prevented 16 282 face-to-face
appointments over 14 years. Patient feedback has been very good. Review of cases with diagnostic
uncertainty provides important information for service improvement and has not previously been
documented.
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