Selected titles in
Anger Management

Also see this list with additional information on SWIMS at
https://wv-swims.olib.oclc.org/webview/?sl=431

OHFT Library holdings

Anger control training / Emma Williams, Rebecca Barlow (1998) WLM 222

- Volume two: Part 3: the anger control training guide
- Volume 3 : Part 4: techniques and supplementary programmes

The anger control workbook / Matthew McKay, Peter Rogers (2000) WLM 222

Anger : Buddhist wisdom for cooling the flames / Thich Nhat Hanh (2001) WLM 222

Art therapy and anger / edited by Marian Liebmann (2008) WLM610

How to control your anger before it controls you / Albert Ellis (2016) WLM 222

Managing anger : simple steps to handling your temper / Gael Lindenfield. - 2nd ed (2000) WLM 222

Overcoming anger : when anger helps and when it hurts / Windy Dryden (1996) WLM2222


Prisoners of hate : the cognitive basis of anger, hostility, and violence / Aaron T Beck (2000) WLM 230

For further information see this list in the SWIMS library catalogue at:
http://wv-swims.olib.oclc.org/webview/?sl=431
or contact us: Library.enquiries@oxfordhealth.nhs.uk
Responding therapeutically to patient anger (n.d.) DVD / Comas-Diaz, Lillian WM498


Understanding anger disorders / Raymond DiGiuseppe and Raymond Chip Tafrate (2007) WLM222

Working with anger / Lorne Korman (2009) DVD WLM 222

Other SWIMS libraries

Autism : understanding and managing anger / Andrew Powell. - 2nd ed (2015) WS745

Anger management jumpstart : a 4-session mindfulness path to compassion and change Pavel G. Somov (2013) WLM222

The anger management workbook : use the STOP method to replace destructive responses with constructive behavior / W. Robert Nay (2014) WLM222

Anger management : an anger management training package for individuals with disabilities / Hrepsime Gulbenkoglu and Nick Hagiliassis (2006) WM 883

Feeling cross and sorting it out / Sheila Hollins, Nick Barratt (2014) WM876

From anxiety to meltdown : how individuals on the autism spectrum deal with anxiety, experience meltdowns, manifest tantrums and how you can intervene effectively / Deborah Lipsky (2011) WS745


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