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Future-proofing General Practice – 14th April 2017

[Covering [innovation](#), [leadership](#), [skill mix & workforce planning](#), [telehealth](#)]

Innovation

Impact and acceptability of lay health trainer-led lifestyle interventions delivered in primary care: A mixed method study

Visram, Shelina, Primary Health Care Research and Development; Apr 2017

Lay health trainers were introduced in England with the aim of providing personalised lifestyle advice, support and access to services for people living in disadvantaged areas.

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Factors Influencing the Use of a Mobile App for Reporting Adverse Drug Reactions and Receiving Safety Information: A Qualitative Study

de Vries S.T. et al, Drug Safety; May 2017; 40 (5):443-455

A mobile app may increase the reporting of adverse drug reactions (ADRs) and improve the communication of new drug safety information.

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Increasing the Capacity of Primary Care Through Enabling Technology.

Young, Heather M; Nesbitt, Thomas S, Journal of general internal medicine; Apr 2017; 32(4):398-403

This paper describes enabling technologies in four domains (the body, the home, the community, and the primary care clinic) that can support the critical role primary care clinicians play in the health care system.

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Diagnostic Care Pathways in Dementia.

Wells, Christine E; Smith, Sarah J, Journal of primary care & community health; Apr 2017;8(2):103-111

The review found examples of diagnostic pathways and innovative practices being implemented in primary care.

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[eHealth in the future of medications management: personalisation, monitoring and adherence.](#)

Car, Josip; Tan, Woan Shin et al, BMC medicine; Apr 2017; 15(1):73

We explore the role of eHealth in the patients' medicines management journey in primary care, focusing on personalisation and intelligent monitoring for greater adherence.

Evaluation of a complex intervention to improve primary care prescribing: a phase IV segmented regression interrupted time series analysis.

MacBride-Stewart, Sean; Marwick, Charis et al, The British journal of general practice: the journal of the Royal College of General Practitioners; Mar 2017; bjgp17X690437

There were substantial and sustained reductions in the high-risk prescribing of NSAIDs, although with some waning of effect 12 months after the intervention ceased. The same intervention had no effect on antipsychotic prescribing in older people.

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Leadership

[Mission impossible? The task for NHS providers in 2017/18](#)

March 2017

NHS Providers

Claims NHS planning guidance in current financial year is not deliverable in the context of lower funding increases for the NHS, but suggests three ways in which the tasks may be made more realistic.

[Patient Experience of Primary Care: 2017](#)

March 2017

NIHR

Highlight of NIHR research into the GP patient survey data. Practices can compare their performance with others locally and national averages. Discusses insights from a linked set of research studies into the general practice survey data, & importance of responding to feedback.

[CQC Equality Objectives for 2017-19](#)

March 2017

Care Quality Commission

Despite progress, people from some equality groups are still less likely to receive good quality health and social care. The CQC has set out objectives for the next two years, and will use inspections to check that providers make person-centred care work for everyone, across all equality groups.

[Sustainability and Transformation Plan Questionnaire Report](#)

March 2017

Faculty of Public Health, Royal College of Physicians

Reports the results of a survey aimed to gauge level of involvement of key local public health staff in local authorities and the NHS. It identifies key public health challenges & influences in the effectiveness of public health and preventative elements of STPs.

Skill Mix & Workforce Planning

Interprofessional primary care team meetings: A qualitative approach comparing observations with personal opinions

Van Dongen, J.; *Family Practice*; 2017; vol. 34 (no. 1); p. 98-106

Study aims to improve understanding of the process of interprofessional collaboration in primary care team meetings in the Netherlands by observing the current practice and exploring personal opinions.

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The use of community pharmacies in North West England: an observational study

Mackridge A.J.; Stokes E.C.; Gray N.J.;

Int. J. Pharmacy Pract.; Apr 2017; vol. 25 (no. 2); p. 172-175

Structured observation was undertaken across the weekly opening hours of five pharmacies diverse in location and ownership to assess nature of staff/customer interactions.

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GP Retention Scheme replaces Retained Doctor Scheme 2016

NHS England

April 2017

The scheme is aimed at doctors who are seriously considering leaving or have left general practice due to personal reasons and delivers financial support to both the doctor and practice employing them.

Closing the False Divide: Sustainable Approaches to Integrating Mental Health Services into Primary Care.

Kroenke, Kurt; Unutzer, Jurgen

J. of General Internal Medicine; Apr 2017; vol. 32 (4); p. 404-410

Mental disorders account for 25% of all health-related disability worldwide. More patients receive treatment for mental disorders in the primary care sector than in the mental health specialty setting. This study explores factors which may facilitate the delivery of community care.

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Physician associates in primary health care in England: A challenge to professional boundaries?

Drennan V.M.; Halter M.; Gabe J.; de Lusignan S.; Levenson R.

Social Science and Medicine;

May 2017; vol. 181 ; p. 9-16

One solution to address staff shortages and rising costs in the NHS has been to employ Physician associates (PAs), trained in the medical model to assess, diagnose and commence treatment under the supervision of a physician, . This study looks at the impact of such models on professional boundaries and relationships.

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Telehealth

Usability of a Novel Mobile Health iPad App by Vulnerable Populations

David P Miller Jr, et al, JMIR Mhealth Uhealth 2017 (Apr 11); 5(4):e43

The aim of this study was to determine whether patients from vulnerable populations could successfully navigate and complete an mHealth patient decision aid.

Using Smartphones and Health Apps to Change and Manage Health Behaviors: A Population-Based Survey

Clemens Ernsting, et al, J Med Internet Res 2017 (Apr 5); 19(4):e101

Findings suggest age-related, socioeconomic-related, literacy-related, and health-related disparities in the use of mobile technologies. Health app use may reflect a user's motivation to change or maintain health behaviors. App developers and researchers should take account of the needs of older people, people with low health literacy, and chronic conditions.



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[Experiences of Older Adults With Mobile Phone Text Messaging as Reminders of Home Exercises After Specialized Manual Therapy for Recurrent Low Back Pain: A Qualitative Study](#)

Stina Charlotta Lilje, Ewy Olander, Johan Berglund, et al JMIR Mhealth Uhealth 2017 (Mar 30); 5(3):e39

Mobile phone text messaging may serve as a useful tool for patient empowerment with regard to recurrent LBP in older persons. Further studies are needed to explore whether future compliance with the exercises will be as large if the participants are not being interviewed.

Telecare, obtrusiveness, acceptance and use: An empirical exploration.

Hamblin K. British Journal of Occupational Therapy 2017;80(2):132–138.

Telecare is increasingly part of the United Kingdom (UK)'s health and social care arrangements, and therefore occupational therapists' practice. Understanding factors which influence telecare's acceptance and usage is important to ensure optimal outcomes

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