



Oxford Health **NHS**
NHS Foundation Trust

Community

Podiatry

Podiatry referrals

Oxfordshire NHS Podiatry service

This leaflet explains the referral routes for patients requiring specialist NHS podiatry treatment in Oxfordshire. We have a range of 20 clinic sites located across the county of Oxfordshire – bookable via Choose and Book.

Care pathways

There are three pathways of care for patients eligible for specialist NHS podiatry under AQP:

- at-risk/high risk patients
- musculoskeletal podiatry (biomechanical/gait problems)
- nail surgery

At-risk/high risk patients

These are patients with pathologically impaired neurological and/or vascular supply to the foot eg patients with diabetes or peripheral vascular disease.

Following assessment, patients will be allocated to one of the following four categories of care:

Patients with diabetes (in accordance with NICE CG10)

- **Low risk**– normal sensation, palpable pulses (patients are discharged back to and managed by the primary health care team).

Patients with diabetes (in accordance with NICE CH10), plus other at/high risk patients

- **At risk** - neuropathy or absent pulses or other risk factor.
- **High risk** - risk factor plus deformity or skin changes or previous foot ulcer.
- **Ulcerated** - active foot ulcer present.

These patients are generally kept on the podiatry caseload for life

Musculoskeletal podiatry (biomechanical/gait problems)

These are generally active/mobile patients with a functional foot problem resulting in significant pain in the foot or lower limb that is caused by gait anomalies or abnormal foot function or deformity.

Patients must have a functional foot problem and pain. Footwear must be suitable to accommodate a functional orthotic device.

Patients not suitable for referral to this care pathway are those with or corns/callus.

These patients are discharged at the end of their treatment plan (following one to three appointments).

Nail surgery

These are patients requiring surgical treatment of in-growing toenails. Surgical cases would include:

- infected in-growing nails that are beyond conservative resolution (onychocryptosis).
- painful involuted or thickened nails that cannot be resolved with a change in footwear or nail cutting technique.
- single fungally infected nails that do not respond to systemic drugs/treatment.

Nails/parts of nails are removed under local anesthetic and in most cases the nail bed is ablated with phenol to prevent regrowth. Patients not suitable for referral to this care pathway are those where local anesthetic or surgical intervention is contraindicated.

These patients are discharged at the end of their treatment plan (usually following the second post surgical re-dress appointment).

How to refer

Patients are only able to access Oxfordshire NHS podiatry services via health care professional referrals. These referrals should be made via Choose and Book (CAB). This is a **directly bookable** service. For more information on choose and book visit <http://www.chooseandbook.nhs.uk/staff/overview/whatis>

The logo for 'choose and book' is displayed in white text on a dark blue background.The NHS logo is displayed in white text on a dark blue background.

There is a Directory of Service (DoS) for each of our clinic sites available on CAB explaining referral guidelines and criteria in some more detail.

All referrals should be preferably made on the Oxfordshire NHS Podiatry Service referral form (a link to this is in the DoS) which has a separate section for each of the three pathways of care so should be completed accordingly. All referrals require both the referral form plus a medical history summary to be uploaded to CAB in preferably pdf or .doc format.

Please note that urgent referrals (foot ulceration/foot infection/Charcot foot) should **not** be made via CAB but should be telephoned through to Podiatry Head Office on 01865 311312 and followed up with the required referral documentation emailed to Podiatry.Oxfordshire@nhs.net or posted to Podiatry Head Office, St. Barnabas Clinic, Albert Street, Oxford, OX2 6AY.

If you have any questions about referrals and the access criteria, please contact us.

Podiatry Head Office
Telephone: 01865 311312

or refer to our website:
<http://www.oxfordhealth.nhs.uk/podiatry/>

Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the PALS and Complaints Team on freephone 0800 328 7971.

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরমেট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

ਜੇ ਨਮਨੇ ਆ ਮਾਭਿਨੀ ਯੋਗ ਆਖਿਆ ਅਥਵਾ ਯੋਗ ਆਕਾਸ਼ਮਾਂ ਸੋਧਿਐ, ਤੇ ਕ੍ਰਿਪਾ ਕਰੀਐ ਅਮਨੇ ਪ੍ਰਥੀ

यदि आपकी यह जानकारी किसी दूसरी भाषा या आकार में चाहिए ही तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的文本，请与我们联系

ਨੇਕਰ ਤੁਹਾਨੂੰ ਚਿਹ ਨਾਹਕਾਰੀ ਕਿਸੀ ਦੂਜੀ ਭਾਸ਼ਾ ਜਾਂ ਆਕਾਰ ਵਿੱਚ ਚਾਹੀਦੀ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰ ਕੇ ਸਾਨੂੰ ਪੁੱਛੋ

اگر آپ کو یہ معلومات کسی دوسری زبان میں یا کسی دوسرے طریقے سے درکار ہیں تو براہ کرم ہم سے پوچھیں۔۔

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