

Your healthcare case manager will discuss with you other options that may be appropriate for your child's or young person's needs.

The main things to know about personal health budgets:

- Your child's or young person's care and support should be safe and effective. It should be a positive experience.
- Personal health budgets should make things better for your child or young person - not make things worse.
- You do not have to have a personal health budget if you don't want one.

Comments and concerns

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the children's continuing health care team or contact the PALS and the complaints team on:

Freephone 0800 328 7971

Email: PALS@oxfordhealth.nhs.uk

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরম্যাট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

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यदि आपको यह जानकारी किसी दूसरी भाषा या आकार में चाहिए हो तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的版本, 请与我们联系

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NHS

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Children and Young People's Services

Children's Continuing
Healthcare: personal
health budgets
(PHB)

Overview

From 1 April 2014, anyone eligible for NHS continuing healthcare (CHC) has the 'right to ask' for a personal health budget (PHB).

Children and young people who have complex health needs and who are also eligible for children and young people's continuing healthcare will, from October 2014, have the 'right to have' a PHB (not just a 'right to ask').

PHBs are a key component of the national personalisation agenda, which aims to put individuals firmly in the driving seat of building a system of care and support that serves their needs. For families, this allows them to make key decisions about who cares for their child, when and how.

What is a personal health budget (PHB)?

A personal health budget is a sum of money allocated to support the identified healthcare and wellbeing needs of your child or young person.

Personal health budgets can be used in a range of ways to meet your child or young person's healthcare needs.

The aim is to give you as much control over your child's or young person's healthcare as you wish.

Personal health budgets: how are they managed?

At the centre of your child's or young person's personal health budget is a support plan. This plan helps you decide your child's or young person's health and wellbeing goals. The plan sets out how your budget will be spent to enable you to keep your family healthy and safe.



The support plan will show that you are using NHS money in a way that is lawful, effective and affordable and in ways that enable you to meet your child's or young person's health and wellbeing goals.

You will have support when you are making your decision about whether a personal health budget is right for your child or young person.

You will also have support to help you manage the money in your personal health budget and what you would like to achieve if you chose to have one.

If you have a personal health budget you will be able to use it for a range of things to help you meet your child's health outcomes.

There are some exceptions, for example you will not be able to pay for emergency care or care you usually get from your family doctor.

You are also not allowed to spend the money on gambling, debt repayment, alcohol or tobacco or anything unlawful.

What can I spend my child or young person's personal health budget on?

You can spend the budget on services which will help you to meet the health and wellbeing goals that you have agreed through your support plan, and with your healthcare case manager. For example:

- a carer chosen by you and your child or young person who may come from an agency or be employed directly by you.

Or perhaps:

- ways of promoting changes to your child's or young person's lifestyle such as social and leisure activities.

These are just a couple of examples to give you an idea of what your budget could be spent on.

