

If you would like to have information translated into a different language, please contact us:  
[PDPSReferral@oxfordhealth.nhs.uk](mailto:PDPSReferral@oxfordhealth.nhs.uk)

**Arabic** يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسبيق مختلف.

**Bengali** আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

**Urdu** اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو براہے مہربانی ہم سے رابطہ کریں۔

**Chinese** 若要以其他語言或格式提供這些資訊，請與我們聯繫

**Polish** Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

**Portuguese** Queira contactar-nos se pretender as informações noutro idioma ou num formato diferente.

Oxford Health NHS Foundation Trust  
Trust Headquarters  
Littlemore Mental Health Centre  
Sandford Road  
Littlemore  
Oxford  
OX4 4XN

Switchboard: 01865 901 000  
Email: [enquiries@oxfordhealth.nhs.uk](mailto:enquiries@oxfordhealth.nhs.uk)  
Website: [www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)

Become a member of our Foundation Trust  
[www.ohftnhs.uk/membership](http://www.ohftnhs.uk/membership)

OH 217.20

## Concerns and complaints

We aim to provide you with a high quality service at all times.

However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact :

**Patient Advice and Liaison Service**  
Freephone 0800 328 7971



Physiotherapy

Physical Disability  
Physiotherapy  
Service

## What does the service provide?

- exercise and education courses
- establishing an exercise and self-management programme
- advice regarding your muscle tone and spasticity
- help to access local exercise and leisure facilities
- assessment for equipment and instruction in its use
- liaison with or referral to other services
- maximising your physical independence and wellbeing

## Who do we see?

We see adults who are registered with an Oxfordshire GP who have a long term neurological disability.

We also see adults who are newly diagnosed with a progressive neurological condition.

## Making a referral to the service

Our service is open-access which means you can refer yourself or be referred by a healthcare professional or by your carer.

To make a referral please contact your nearest physiotherapy team on the telephone number below and ask for a referral form.

**Abingdon and Didcot:** 01865 904 002

**Banbury and Bicester:** 01865 903 692

**Henley and Wallingford:** 01865 904 751

**Oxford:** 01865 904 376

**Witney:** 01865 904 200

Or you can contact us by email:  
[PDPSReferral@oxfordhealth.nhs.uk](mailto:PDPSReferral@oxfordhealth.nhs.uk)

Visit our website at:  
[https://www.oxfordhealth.nhs.uk/service\\_description/physiotherapy-neurophysio/](https://www.oxfordhealth.nhs.uk/service_description/physiotherapy-neurophysio/)

## How do we respond?

We will send you a letter confirming your referral and indicating an approximate waiting time for your first appointment.

Your physiotherapist will then make an appointment to assess your physical needs and discuss the findings with you.

Together we will talk about and agree a self-treatment and management plan.

## Sharing of information

We may need to share your information with other health or social service staff. All information is treated in the strictest confidence.

If you have any concerns about this please discuss them with your physiotherapist.

Local contact: