

BOD 102/2014

(Agenda Item: 6)

# Report to the Meeting of the

# Oxford Health NHS Foundation Trust

# Board of Directors

**Board Meeting**

**24 September 2014**

**Chief Operating Officer’s Report**

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**For Information**

This month’s report provides the Board with an update on:

* School Health Nursing
* Development of Recovery Colleges
* Food at Witney Hospital
* Development of integrated locality teams for older people and adults with complex health needs
* District Nursing and Community Nursing Redesign

**Recommendations**

The Board is asked to note the report.

**Lead Executive Director: Yvonne Taylor, Chief Operating Officer**

1. **Children and Young People’s Services**

**Public Health Services Oxfordshire**

The Trust has, in its Public Health Services, an excellent opportunity to make a positive impact on the wellbeing of the general population in Oxfordshire. We deliver Health Visiting, School Health Nursing, TB services and Smoking Cessation.

**School Health Nursing**

Since the Trust won the contract to provide the School Health Nursing service in Oxfordshire the Children and Young People’s Directorate have been recruiting school health nurses to ensure that every secondary school in Oxfordshire will have a dedicated school health nurse working 9-3pm in school. They have also been recruiting to the dedicated team of school health nurses who will work across all the primary schools in Oxfordshire.

The new service offers an excellent opportunity to promote early intervention in health in its broadest public health aspects for children and young people aged between 5 and 19yrs. The nurses will work with the head teachers and board of governors in secondary schools to develop school health plans for each secondary school which will be developed to meet the particular needs within the schools as well as ensuring there are plans in place to address issues such as healthy eating, sexual health, mental wellbeing and smoking cessation. The School nurses receive further training to masters level in Public Health and are able to offer a wide range of interventions both in terms of group and individual work. They have a key role in supporting the head teacher and will undertake staff training to ensure that teachers in schools are supported to recognise the health needs of pupils and understand the importance of early intervention.

Young people have been consulted on a number of issues about the development of the service and are involved in developing posters, information leaflets to make sure they contain the information young people need about the service. They have also been consulted as to whether school health nurses should wear uniform – we are currently piloting this is some schools and gathering feedback from young people, school staff and school nurses about whether adopting uniform makes a difference.

As well as having nurses working in schools there will also be nurses working across the colleges of further education in Oxfordshire. Again, as expert public health practitioners, their remit is to promote the public health agenda within the college setting as well as providing individual sessions to young people who need them.

The development of the school health nursing service and because we also provide the Health Visiting service in Oxfordshire, the Trust is in the very privileged position of being able to impact positively on the health outcomes of children and young people from aged 0 -19yrs. This means we have a very real opportunity to make lasting changes in health outcomes that will be life-long and reduce the need for further health interventions in adulthood.

Through our close working relationship with our Public Health colleagues we have developed a service which we are determined will become the best School Health Nursing service in the country and the Directorate look forward to updating the Board about how we are progressing in future reports.

1. **Adult Directorate**

**Development of Recovery Colleges**

Recovery Colleges brings together two sets of expertise – professional and experience – in a non-stigmatising college environment with the same systems as other educational establishments. Courses provided at colleges are designed to contribute towards wellbeing and recovery. People who share experiences of mental health or physical health challenges teach on the courses with the intention of inspiring hope and embodying principles of recovery.

The courses are designed to put people back in control of their life, helping each person to identify goals and ambitions whilst giving the confidence, skills and support to access opportunities. They are open to adults who:

* Have personal experience of mental health challenges
* Care about people with mental health challenges
* Are a member of staff in mental health services

The Adult Directorate has started to explore the development of Recovery Colleges in Oxfordshire and Buckinghamshire. In Oxfordshire this work is part of our commitment as part of the Oxfordshire Mental Health Partnership and the implementation is being led by Martin Realey, Chief Executive of Restore with support from Karen Sinclair, Project Manager from the Directorate. A project team is currently being established and will have multi-agency representation and will include service users and carers. The team will be visiting other Recovery Colleges (London and Nottingham) to have a chance to see first hand how they work and learn from their experiences. We will also be applying to become members of ImROC (Implementing Recovery through Organisational Change) which is the national support programme to support the NHS and partners move to a recovery focus.

This is a complex programme of development and we anticipate that we will ready to start the initial pilot in January 2016. This is an exciting project for the adult directorate and we look forward to being able to work in partnership with both colleagues from the third sector and our staff, service users and carers to form a meaningful and personalised service that will bring about many benefits and positive changes for all.

1. **Older People’s Directorate**

**Actions to Improve Food at Witney Hospital (following PLACE assessment)**

The Patient Led Assessments of the Care Environment (PLACE) took, which took place on all of our hospital sites earlier this year. We were pleased to learn that almost all of the sites run by Oxford Health NHS Foundation Trust were assessed as providing food of good quality to patients. We were, however, disappointed that assessors rated the food at Witney Community Hospital as requiring improvement (49.43% compared to the rest of the community hospitals in Oxfordshire, which scored between 86% and 99% on this measure).

Following the assessment of this site in March 2014, the Trust instigated an action plan to improve the quality of food at the hospital. In August, we conducted a patient survey regarding the new meals on offer there and were pleased to learn that 85 per cent of patients rated the food as either ‘good’ or ‘excellent’.

**Implementation of Integrated Locality Teams for Older People and Adults with Complex Co-morbidities**

The six Integrated Locality Teams are moving forward, by integrating many of our physical health community teams.  This will be supported by the management re-structure taking place in the directorate.   This autumn we will also start aligning our physical and older people’s mental health duty desks and back office functions in the same localities, to supported integrated delivery of care across the older people’s spectrum of care.

On October 6th the ‘Circle of Support’ Age UK Care Navigators will join the teams; this is an eight month test of concept of bringing in the volunteer sector into the centre of public services.  This project has been sponsored by the Cabinet Office and will be evaluated nationally by the Nuffield Trust.

Through the winter we will be rolling out the training in personalisation to over 200 staff members to support the cultural changes needed to make integration at a patient’s level really work.  We will also we working closely with Thames Valley Clinical Network and NHS England on the developments of the personalised approach outlined in the ‘House of Care’.

**District Nursing and Community Nursing Redesign**

There are two major actions in progress to ensure that the District Nursing Service is able to provide high quality care sustainably given the dual challenge of significantly rising patient need and demand within a block contracting arrangement and the national challenge (reflected locally) of difficulties in recruiting band 6 community nurses.

The Trust continues to work collaboratively with OCCG to identify how it can reduce District Nursing activity to contracted levels. This is being undertaken through a process of audit and clinical review to identify and agree simple clinical interventions that can be diverted from District Nursing. The Service will thus be focused on delivering complex health care to housebound patients where the clinical skills and competencies of the district nurses can be utilised to best effect for patients. This process is due to be completed by 1st October 2014.

In parallel to this, work is underway to develop a modern model of care for community nursing in Oxfordshire (district nurses, together with condition-specific community nursing teams such as tissue viability, respiratory and heart failure). The Trust's Director of Nursing and Clinical Standards is the Executive Sponsor for this project, the aims of which are to develop a model of care for community nursing that is

* Aligned to the increasing complexity of patient need cared for in community settings
* Is outcome-focused (current contracting focuses predominantly on activity levels)
* Will function with LEAN pathways of care within integrated locality teams whilst retaining and strengthening the role of the community nurse as part of the extended primary care team)

The outcomes of both pieces of service development will be reported to a future Board, once completed.