

Health Matters



Art and mental health

Tuesday 15 July, 6pm - 8pm, Whiteleaf Centre
with Tom Cox, artscape project manager

Come and listen to Tom talk about art and mental health and the artwork developed for the Highfield Unit, Oxford and the Whiteleaf Centre, Aylesbury. Tom will also talk about the importance of art in hospital settings and how this can benefit long term health and wellbeing.

Conference room, Whiteleaf Centre, Aylesbury, HP20 1EG
The talk will be followed by light refreshments and a Q&A session.

All of our talks are free to attend however spaces are limited. To book your place please email: eleanor.saunders@oxfordhealth.nhs.uk.

Find out more about Health Matters on our website: oxfordhealth.nhs.uk/news/events/