

Who can help?

If you would like help or advice, contact your local speech and language therapist –

Contact your local speech and language therapy service administration base at:

Abingdon Community Hospital (South)

Marcham Road, Abingdon
Oxon OX14 1AG
Tel: 01865 904 114

Orchard Health Centre (North)

Cope Road, Banbury
Oxon OX16 2EZ
Tel: 01865 904 435

East Oxford Health Centre (City)

Manzil Way, Oxford
OX4 1XD
Tel: 01865 904 537



Speech and language therapy

What to expect from your child's first visit to the speech and language therapist

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরমেট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

ਜੇ તમને આ માહિતી બીજા ભાષામાં અથવા બીજા આકારમાં પેઇએ, તો કૃપા કરીને અમને પૂછો
यदि आपको यह जानकारी किसी दूसरी भाषा या आकार में चाहिए हो तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的版本, 请与我们联系

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اگر آپ کو یہ معلومات کسی دوسری زبان میں یا کسی دوسرے طریقے سے درکار ہیں تو براہ کرم ہمیں خبر سے پوچھیں۔۔۔

Visiting the speech and language therapist for the first time

The first visit to the speech and language therapy clinic will usually last between half an hour and one hour. The therapist will want to put your child at ease, and may let your child play while they talk to you. It may help if your child brings along a favourite toy and book to show the therapist.

Don't worry if your child is shy, as during the first session the therapist will mainly wish to talk to you about your child.

What will happen during the appointment?

The therapist will want some background information from you, the reasons for the referral and your concerns. It will help the therapist if you can give them your impression of your child's language and speech.

You may also be asked about your child's developmental "milestones", such as the age at which they sat up, walked, etc.

If you have any records, for example your parent-held personal child record and early support family file, please bring them with you.

The therapist may also carry out some assessments of your child's language and speech.

Do ask the therapist to explain what they are doing, and why, if they have not made it clear.

What will happen after the appointment?

The therapist may suggest another visit before deciding on the best way to help your child. They may also arrange to see you on your own, to avoid talking in front of your child after they have completed their assessment.

Following the assessment, the therapist will discuss your child's needs - which may be:

- no further appointments needed as continued progress is expected - your child will be discharged.
- no therapy needed at present - your child's progress will be reviewed in an agreed number of months.
- therapy - this may be in a group or individually (please note, there may be a waiting list for regular therapy).
- a programme to be carried out in your child's educational setting.

You will be given therapy activities to practise at home between appointments so that you can help your child make the most of the therapy sessions.

With your agreement, the therapist may refer your child for additional medical or educational opinions.