

LD CAMHS

Oxfordshire Learning
Disabilities Child and
Adolescent Mental Health
Service (LD CAMHS)

Children, young people and families information



### Who we are and where we are based

The contact details and main administrative base for the team is:

Oxfordshire Learning Disabilities Child and Adolescent Mental Health Service (LD CAMHS)

Boundary Brook House

Churchill Drive

Headington,

Oxford OX3 7LO Tel: 01865 902785

### What we offer

We will offer to meet you with your child to look at what your child's needs are and what choices are available to you.

# What will happen next

When your child has been referred to our team we will contact you and your child to offer an initial assessment in the most suitable location to support a good assessment.

With your permission we will gather further information from school, respite care providers and assessment at home if that would be helpful.

We will consider any risks you or your child may be vulnerable to and draw up an initial care plan to guide our work together.

The majority of our therapeutic input is delivered either at home or in schools, where the young person is most at ease.

Again with your consent we will link up with other services including school, social care, and respite services to ensure we all work together to best support you and your child and improve goals and outcomes for the young person.

We want to be flexible where possible on where your family member is seen by the team. Where possible we will offer home visits, but sometimes see young people at school, if this is convenient.

## Interventions offered

Following an assessment a period of interventions or therapeutic work may be helpful. Different interventions are used to address:

- challenging behaviour
- problems with anxiety
- trauma and grief reactions
- depression
- complex sleep disorders

Our team specialises in mental health and also learning disabilities. Team members are also trained in the assessment and diagnosis of autism spectrum conditions and offer support to families after they have been given a diagnosis with this condition.

Our team has a consultant psychiatrist, psychologists and nursing staff who specialise in mental health.

## Referrals

Young people who are 16 or 17 years old can self-refer to the service by ringing the Consultation Line on 01865 902515. All younger children can be referred by their general practitioner (GP).

We are always striving to improve our service so please feel free to contact us via our team administrator on the team phone number if you would like to know more about our service before you see us.



If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরমেট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

को तभने આ માહિતી બીજી ભાષામાં અથવા બીજા આકારમાં જોઇએ, તો કૃપા કરીને અમને પૂછો यदि आपको यह जानकारी किसी दूसरी भाषा या आकार में चाहिए हो तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的版本,请与我们联系

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੀ ਦੂਜੀ ਭਾਸ਼ਾ ਜਾਂ ਸ਼ਕਲ ਵਿੱਚ ਚਾਹੀਦੀ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰ ਕੇ ਸਾਨੂੰ ਪੁਛੋਂ

اكرات كويد سلومات كى دوسرى زبان ميل يكى دوسرے طريق سے وركاد يول تو براف مرمانى تم سے بوجين :..

Oxford Health NHS Foundation Trust Trust Headquarters Warneford Hospital Warneford Lane Headington Oxford OX3 7JX

Switchboard 01865 901000

Email <u>enquiries@oxfordhealth.nhs.uk</u>

Website <u>www.oxfordhealth.nhs.uk</u>

Oxfordshire Learning Disabilities Child and Adolescent Mental Health Service (LD CAMHS) is part of the Children and Young People's Directorate