

Oxford Health
NHS Foundation Trust



Urgent care

Child head injury advice

Following a head injury, it is normal for your child to:

- Be miserable and off colour.
- Feel nauseated and off their food. Do not force food on them but encourage them to drink.
- Be tired. Allow your child to sleep if they wish. The important thing is that you can rouse your child from a sleep. If they are sleeping normally, there is no reason to be concerned.
- Show a lack of interest in toys or an inability to concentrate on school work.
- Be irritable or complain of a headache. It is quite safe to give your child paracetamol for this.

Allow your child to rest as much as possible. They may need to be off school for a few days. It is best to discourage them from playing active games or from watching television or playing screen or computer games. Your child should improve over the next 24 to 48 hours.

If your child develops any of the following symptoms you should attend the main accident and emergency (A&E) department at the John Radcliffe Hospital, Oxford or the Royal Berkshire Hospital, Reading:

- Becomes steadily more sleepy or is difficult to rouse from sleep.
- Becomes confused or does not seem to understand what is being said to them.

- Vomits after discharge from the minor injury unit.
- Complains of a severe headache that does not resolve after taking painkillers, or any visual disturbance.
- Cries in a continuous way and cannot be settled.
- Has any sort of attack which you think could be a fit or spasm of face or hands.
- Has any sort of discharge from their nose or ears.

Individual management plan:

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Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

For further advice please contact:

Abingdon Minor Injury Unit	01865 903 476
Henley Minor Injury Unit	01865 903 755
Witney Minor Injury Unit	01865 903 841
Wallingford First Aid Unit	01865 903 471
Bicester First Aid Unit	01865 903 976

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরমেট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

ਜੇ ਅਸਨੇ ਆ ਮਾਭਿਨੀ ਘੀਉ ਆਖਾਮਾਂ ਅਥਵਾ ਘੀਯ ਆਕਾਹਮਾਂ ਘੀਠਐ, ਤੋ ਕ੍ਰਪਾ ਕਰੀਨੇ ਅਸਨੇ ਪੁਛੀ

यदि आपको यह जानकारी किसी दूसरी भाषा या आकार में चाहिए हो तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的版本文，请与我们联系

ਜੇਵਰ ਤੁਹਾਨੂੰ ਠਿਕ ਜਾਣਕਾਰੀ ਕਿਸੀ ਫੁਜੀ ਭਾਸ਼ਾ ਜਾਂ ਸ਼ਕਲ ਵਿੱਚ ਚਾਹੀਦੀ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰ ਕੇ ਸਾਨੂੰ ਪੁਛੋ

اگر آپ کو یہ معلومات کسی دوسری زبان میں یا کسی دوسرے طریقے سے درکار ہیں تو براہ کرم ہماری نم سے پوچھیں۔۔

Oxford Health NHS Foundation Trust

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This service is part of the Older People Directorate.

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