



Urgent care

# Care of wounds

## Care of wounds

It is important to keep the wound clean and dry. Dressings may require changing if they become wet or dirty. Use a non adherent (non stick) dressing. These can be bought from a pharmacy.

Alternatively you may make an appointment with your practice nurse on ..... to have your wound checked or re-dressed.

Do not cover finger dressings with plastic finger stalls as this makes the dressing moist and can lead to infection.

With scalp wounds, you may carefully wash your hair after it has been sutured but then you must keep it dry until the sutures are removed. Do not pick any forming scabs.

Observe the wound for signs of infection:

- redness
- swelling
- discharge or pus
- increase in pain
- heat around affected area

If you become concerned that your wound is infected please see your GP or practice nurse.

If the wound re-opens please contact your minor injury unit (MIU) for further advice.

## Sutures or clips

You have.....sutures or clips. These need to be removed in.....days. Please make an appointment with your practice nurse to have them removed.

## Tissue adhesive

This does not need to be removed. It acts like a scab and comes off by itself as the wound heals.

## Steristrips

These can be soaked off in warm water in.....days.

## Individual management plan

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## Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

For further advice please contact:

Abingdon Minor Injury Unit	01865 903 476
Henley Minor Injury Unit	01865 903 755
Witney Minor Injury Unit	01865 903 841
Wallingford First Aid Unit	01865 903 471
Bicester First Aid Unit	01865 903 976

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

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若您需要本信息的另一种语言或格式的版本，请与我们联系

ਜੇਵਰ ਤੁਹਾਨੂੰ ਠਿਠ ਸਾਣਕਾਰੀ ਕਿਸੀ ਦੂਸਰੀ ਭਾਸ਼ਾ ਜਾਂ ਸਫਲ ਵਿੱਚ ਚਾਹੀਦੀ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰ ਕੇ ਸਾਨੂੰ ਪੁਠੀ

.. اگر آپ کو یہ معلومات کسی دوسری زبان میں یا کسی دوسرے طریقے سے درکار ہیں تو براہ کرم ہماری سہ سے پوچھیں :-

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Trust Headquarters

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Email [enquiries@oxfordhealth.nhs.uk](mailto:enquiries@oxfordhealth.nhs.uk)

Website [www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)

This service is part of the Older People Directorate.

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