



Urgent care

Fractured nose advice

Advice for a fractured nose

- It is not necessary to X-ray fractured noses.
- You may experience swelling, headaches and bleeding.
- Ice packs wrapped in a cloth placed across the nose should stop bleeding and reduce the swelling.
- Take regular analgesia for pain but do not exceed the daily recommended dose.
- After one to two weeks the swelling should have subsided. If your nose looks deformed or you have difficulty breathing through your nose you should make an appointment to see your GP who may refer you to an ear nose and throat (ENT) specialist.

Individual management plan:

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For further advice please contact:

- Abingdon Minor Injury Unit 01865 903 476
- Henley Minor Injury Unit 01865 903 755
- Witney Minor Injury Unit 01865 903 841
- Wallingford First Aid Unit 01865 903 471
- Bicester First Aid Unit 01865 903 976

Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরম্যাট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

જો તમને આ માહિતી બીજી ભાષામાં અથવા બીજા આકારમાં જોઈએ, તો કૃપા કરીને અમને પૂછો

यदि आपको यह जानकारी किसी दूसरी भाषा या आकार में चाहिए हो तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的副本，请与我们联系

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੀ ਦੂਜੀ ਭਾਸ਼ਾ ਜਾਂ ਸ਼ਕਲ ਵਿੱਚ ਚਾਹੀਦੀ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰ ਕੇ ਸਾਨੂੰ ਪੁੱਛੋ

اگر آپ کو یہ معلومات کسی دوسری زبان میں یا کسی دوسرے طریقہ سے درکار ہوں تو براہ کرم ہم سے پوچھیں:-

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Urgent care is part of our Older People Directorate.