

SAFE. CARING. EXCELLENT

WHAT TO DO IF AN ADULT TOOTH IS KNOCKED OUT



1 Locate the tooth



2 Hold it by the crown,
don't touch the root



3 Put the tooth straight back into the socket where it has come out (if dirty rinse with milk or water). **The sooner the tooth goes back in the socket the more chance it has of survival***



4 Ask the person to bite down on a hankerchief or tea towel



5 Take the person straight to a dentist



6 Check the person for a head injury

IN A MEDICAL
EMERGENCY
CALL 999

***If the tooth won't go back into the socket please put it in semi-skimmed milk and take it to the dentist.**