



Self-harm team

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Information booklet

Introduction

The self-harm team is part of the emergency department psychiatric services (EDPS) at the John Radcliffe Hospital. In the team we have specialist nurses who work closely with a consultant psychiatrist.

What to expect

When a patient is admitted to hospital who has self-harmed, a member of staff from the ward will ask someone from the self-harm team to come and speak to the person and complete an assessment in a private and confidential way.

The assessment will take place in a private room where you will be able to discuss any problems that you have been experiencing.

We will discuss with you whether family members would be able to participate in the assessment, however we will always give you the opportunity to speak to us alone initially so that you will be able to discuss your concerns confidentially.

Assessment process

All people who self-harm will be offered an assessment in accordance with local and national guidelines (National Institute for Health and Care Excellence, 2004).

You can expect to be asked questions about your mental, physical and emotional health, as well as giving you the opportunity to talk about any other problems or worries you have been experiencing. Some of the questions will involve talking about the recent self harm and how you think you will cope afterwards.

Equality

It is important that you are aware that you will be treated as an individual and not be judged by your actions. You will be treated with respect, dignity and compassion.

Your feedback

We welcome any feedback from you or your parents as this enables us to improve on areas of concern as well as maintain practices that are beneficial to you. We will give you a feedback form at the end of your assessment which you can hand in to staff on the ward or post it to us if you would like.

Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the PALS and complaints team on freephone 0800 328 7971 or email PALS@oxfordhealth.nhs.uk.

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরম্যাট) পেতে চান
তবে দয়া করে আমাদেরকে বলুন

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