**SMOKE FREE HOSPITALS IN OXFORD HEALTH FOUNDATAION TRUST**

1. **Context**

All hospitals within the NHS have been set the objective of becoming smoke free by the end of March 2015. The benefits for all patients and particularly those with mental health problems, who have amongst the highest rates of smoking and premature mortality linked to tobacco use, is set out in NICE Guidance and guidance from NHS England. For many years wards have been smoke free inside our premises in line with national legislation, however patients and staff have been able to smoke in external spaces. National guidance aspires for the NHS to lead by example and also use inpatient admission and one of many opportunities to discuss with patients the health and other benefits of stopping smoking.

1. **Becoming Smoke Free**

Six mental health inpatient teams have been pioneers, becoming early adopters who have led the move to smoke free wards ahead of the deadline. Our two young persons’ units have been smoke free for some time. Highfield young persons’ unit went smoke free from opening in 2011. Marlborough House Swindon and Opal ward at the Whiteleaf Centre also chose to coincide this improvement with moving from Mandalay into Opal ward in May 2014. Our two older adults’ wards and City Community Hospital at the Fulbrook Centre are smoke free. Cotswold House Marlborough has also become a smoke free environment more recently.

Our seven acute adult mental health wards in Buckinghamshire and Oxfordshire and one older adult ward at Whiteleaf has been working together to achieve accreditation from the AIMS (**A**ccreditation of **I**npatient **M**ental **H**ealth **S**ervices) programme, awarded by the Royal College of Psychiatrists. The topic of all wards towards becoming smoke free was discussed. It was agreed that the accreditation process afforded an opportunity to work together in planning for this eventuality. Our nine forensic wards are also planning to go smoke free at the beginning of March 2015. Cotswold House Oxford is also aiming to be smoke free by the end of March 2015.

Our nine community Hospitals are in practice smoke free, however they will need to ensure patients are offered nicotine replacement as part of their treatment if they are smokers.

Nobody will be able to smoke on NHS premises so MIUs and day hospitals also need to ensure plans are in place in addition to clear communications to staff.

Pam Treadwell Productive Care Lead is our Project Manager working closely with ward teams.

1. **Learning from our pioneer wards and other Trusts who have already gone smoke free**

Trusts who have successfully implemented moving to a smoke free hospital have identified the importance of good preparation, particularly education, for patients all community and inpatient staff who are preparing patients for admission so they know what to expect when they arrive in hospital. Many Mental Health and Acute Trusts are already completely smoke free.

The teams have started their preparation which includes:

* Advice and support from our Public Health Smoking Cessation lead. All wards have an identified smoking cessation advisor. Brief intervention training has been completed by a number of staff on all wards. An e-learning package is also available for staff to access.
* Staff, patient and carer groups have commenced regular and repeated opportunities to discuss and raise concerns with staff, ward managers and modern matrons.
* Advice and support given from lead pharmacists concerning the provision of nicotine replacement therapy, prescribing requirements, information concerning medications interaction with Nicotine Replacement Therapy for staff and patient advice leaflets are available.
* Learning from the Ward Manager of Opal Ward, Whiteleaf Centre. This ward took the decision to go smoke free on the move into the Whiteleaf Centre. Valuable experience has been gained in engaging patients, visitors and referrers into the service to ensure patients are reassured that they will be supported with the correct advice and treatment during their period of admission.
* Estate support has been sought re signage, removals of items necessary for safe disposal of smoking materials from shared open spaces.
* Our Communications team is helping to promote smoke free hospitals and the benefits to patients
* Staff wellbeing through promoting further opportunities for staff to consider smoking cessation.
* Discussions have commenced with Adult Mental Health Teams and with other stakeholders.
* The decision was made by the AIMS taskforce to go Smoke Free on **2nd March 2015**. This will allow for one month to address any concerns.
* Session to be arranged for visit from a psychologist from South London and the Maudsley NHSFT – this trust went Smoke free in September and from Nottingham Health Care Trust ( which includes Rampton) which has been smoke free on all sites for 2 years.

| **Directorate** | **Sites** | **Planned date to go smoke free** | **Leads** |
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| Adult and Forensic | Littlemore  Warneford  Whiteleaf  Marlborough House, Milton Keynes | March 2nd 2015 | Vanessa Odlin, Jude Deacon, Sam Robinson,  Modern matrons |
| Older People | Community Hospital sites  Fulbrook Centre  Amber ward | smoke free  smoke free  March 2nd | Karen Campbell and Jo Breen |
| Ch. and YP | Highfield Unit  Cotswold House Oxon  Cotswold House Marlborough  Marlborough House Swindon | Smoke free 2011  Will go smoke free by March 2015  Smoke free2014  Smoke free 2012 | Sharon Ryan  Kate Riddle |