

### Alternative compression options to bandaging

We would suggest reviewing all your patients in compression bandaging to see if they are suitable for conversion into a Hosiery Kit or wrap system. All the below systems can be used whether a wound is present or not. Two factors to take into consideration:

1. Whether the bulk of the dressings will fit inside the garments
2. How much oedema is/has been present

All deliver full compression at 40 mmHg when applied correctly

There are 3 options:

1. **Compression hosiery kit** – a soft liner stocking which can easily be fitted over small to medium size dressings and a compression stocking which slides over the liner. The 2 together deliver 40 mmHg.

Actilymph Hosiery Kit	M, L, XL, XXL	History of mild or moderate oedema
Activa Leg Ulcer Hosiery Kit	small	<b>Not to be used if any history of oedema</b>

### The ActiLymph® Hosiery Kit

**C:** Widest part of the calf

**B:** Just above the malleolus (ankle bone)

**LZ:** From back of the heel to the longest toe

**Measuring guide**

SIZE	M	L	XL	XXL
<b>C</b>	33-41cm	35-44cm	39-48cm	44-52cm
<b>B</b>	21-23.5cm	23-27cm	27-32cm	32-37cm
<b>LZ'</b>	22-28cm	22-28cm	22-28cm	22-28cm

**NB** For below knee leg length measure from the popliteal space to floor

Style	Leg length	Foot length (LZ)
Below knee	Standard >38 cm	22-28cm

2. **JOBST Farrowwrap 4000** – a liner stocking/sock which has compression to the foot and ankle portion only and then has a calf wrap placed over the top.

- Suitable for going over small to medium dressings.
- Only suitable for mild oedema – can cut into the ankle otherwise



**A measurement form is available at:**

[https://www.bsnmedical.co.uk/fileadmin/z-countries/0-UK/old\\_site/PDF/Jobst\\_Order\\_Forms/NEW\\_JOBST\\_Order\\_Forms/JOBST\\_FarrowWrap\\_4000\\_Order\\_Form\\_1.pdf](https://www.bsnmedical.co.uk/fileadmin/z-countries/0-UK/old_site/PDF/Jobst_Order_Forms/NEW_JOBST_Order_Forms/JOBST_FarrowWrap_4000_Order_Form_1.pdf)

A video showing application can be found at: <https://www.youtube.com/watch?v=TgGG2JggK4E>

I would add the following instructions:

- It looks to me like the wrap is being applied too far down the leg so there is a danger of the malleolus being covered. The calf wrap should be applied above the malleolus like all other calf wraps
  - the donning sleeve doesn't have to be used if she finds it difficult. Just ignore it.
  - The instructions for how much tension to apply are not clear. You're looking at firm but comfortable.
3. **JUZO ACS Light foot and calf wraps** – despite the name these are NOT Light compression!! They can be used for legs with chronic oedema. They are applied over the top of blue or yellow line tubular bandage



Take the following measurements to identify the correct size.

There is flexibility in the measurements so choose the closest size.

#### Juzo ACS Light Foot Wrap

Art. J701LI	Circumference c Length P	Standard sizes - Measurements in cm				
		1/XS	2/S	3/M	4/L	5/XL
	CA over forefoot	22.0 – 24.0	25.0 – 27.0	28.0 – 30.0	31.0 – 34.0	35.0 – 40.0
	FA normal	16.5	18.0	19.5	21.0	23.0
	FA long	18.5	20.0	21.5	23.0	25.0

#### Juzo ACS Light Calf Wrap

Art. J702LI	Circumference c Length P	Standard sizes - Measurements in cm					
		1/XS	2/S	3/M	4/L	5/XL	
	cD largest point of calf	35.0 – 45.0	40.0 – 52.0	48.0 – 60.0	55.0 – 65.0	60.0 – 70.0	
	cB ankle	20.0 – 27.0	25.0 – 32.0	30.0 – 38.0	37.0 – 44.0	45.0 – 52.0	
	FBD	normal	30.0	30.0	35.0	35.0	37.0
		long	35.0	35.0	40.0	40.0	42.0
* below patella							

NB – IBD is the length from below the knee to just above the malleolus NOT to the heel

Prescribe as follows:

- JUZO ACS Light Foot wrap – you can choose normal or long length and black or Beige. They fit both left and right feet.
- JUZO ACS Light Calf wrap – **you need to identify left or right (however you can use on either leg if that's all you have)**, normal or long, beige or black

A video showing application can be found at: <https://www.youtube.com/watch?v=YOaEfQ5IDMg>

### **PRESCRIPTIONS & DELIVERIES**

You may find it useful to send any prescriptions for these items to DayLong.

- They deal specifically with compression items
- are more likely to be able to issue the prescription without delay
- will post directly to the patient so you don't need to collect

Please include a note with your mobile phone contact details so they can call you if there are any issues/problems.

The address is:

DAYLONG  
Unit 10  
Cossall Industrial Estate  
ILKESTON  
DE7 5UG