

Fundamentals of Leg Ulcer Management

Overview

This face-to-face module aims to introduce clinicians involved in caring for people with leg ulcers to the components of holistic assessment, diagnosis, treatment options and management plans available to facilitate timely healing and prevention of recurrence.

Requirements

Prior to attending this course attendees must complete the on-line [Introduction and Core TV modules course](#). This is a requirement for all the Tissue Viability Courses but only needs to be completed once.

This consists of the following videos to be watched:

- Partnership working – explores the issue of patient concordance and introduces the technique of Motivational Interviewing in our interactions with patients as a way of engaging patients in their care
- Holistic patient assessment (Tissue Viability) – explores the variety of internal and external risk factors that can contribute towards delayed wound healing
- Nutrition for wound healing & pressure ulcer prevention – offers practical advice on assessing and enhancing nutritional intake to both prevent wounds and aid wound healing

Completion of the Core Module and attendance at both days of this 2-day, face to face course is required to be certified as having completed the course.

Attendees are also advised to complete the Wound Prevention, Assessment and Management Course before attending this course.

Module Objectives

- To be understand the underlying aetiology of leg ulcers
- To understand the elements of holistic assessment and how assessment is fundamental to gaining a correct diagnosis
- learn the differences between the various types of leg ulcers and how to recognise the 'abnormal'
- understand the elements of a holistic lower limb assessment
- learn how to undertake handheld doppler assessment of ankle brachial pressure index
- Introduction to the management of leg ulcers using the local leg ulcer pathways

- Understand the fundamentals of compression – explore the role of compression in treating leg ulceration. A variety of compression modalities are considered and the evidence behind their use examined
- Introduction to correct application technique of Actico, K-Two and Ko-Flex bandages in the management of venous leg ulcers with an opportunity to practice under supervision
- Explore some of the reasons for delayed healing and poor outcomes
- Clinicians will be able to prioritise identified risk factors and plan an effective programme of care.

Who should attend?

This course is aimed at all clinicians involved in the management of patients with leg ulceration and includes both registered and non-registered nurses.

(Maximum attendees 30)

Additional Notes

Please bring your own lunch. Tea and Coffee will be provided. To help towards reducing costs and waste, please consider bringing your own cup.

Please come dressed in suitable clothing to partake in practicing doppler assessment and compression bandaging on each other. **Please bring a doppler with you.**

Please wear a mask throughout the whole of the course and PPE when partaking in the practical elements of the course (aprons, gloves, hand gel and Clinell wipes provided)

Please note: This training provides evidence of Continuing Professional Development and can be used in the NMC Nurse Revalidation process.