

## Overview

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This face-to-face half day workshop aims to equip clinicians with the knowledge and skills to select and fit appropriate compression hosiery for a variety of conditions and patient need.

## Requirements

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Prior to attending this course attendees must complete the on-line [Introduction and Core TV modules](#) course. This is a requirement for all the Tissue Viability Courses but only needs to be completed once.

This consists of the following videos to be watched:

- Partnership working – explores the issue of patient concordance and introduces the technique of Motivational Interviewing in our interactions with patients as a way of engaging patients in their care
- Holistic patient assessment (Tissue Viability) – explores the variety of internal and external risk factors that can contribute towards delayed wound healing
- Nutrition for wound healing & pressure ulcer prevention – offers practical advice on assessing and enhancing nutritional intake to both prevent wounds and aid wound healing

Completion of the Core Module and attendance at this workshop is required to be certified as having completed the course.

Attendees are also advised to complete the Fundamentals of Leg Ulceration Management course before attending this workshop.

## Module Objectives

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During this informative and interactive workshop, you will learn how to:

- Carry out an assessment for hosiery
- Select the most appropriate garment for your patient's condition
- Measure the limb correctly to ensure there is an accurate fit, including made to measure hosiery
- Apply the hosiery correctly
- Care for the hosiery correctly and be able to advise the patient on long term prevention management.

## Who should attend?

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This course is aimed at all clinicians, both registered and non-registered, involved in the provision of compression hosiery, the management of patients with current or healed leg ulceration or those with venous disease or chronic oedema.

(Maximum attendees 30)

## Additional Notes

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Tea and Coffee will be provided. To help towards reducing costs and waste, please consider bringing your own cup.

Please come dressed in suitable clothing to partake in practicing measuring for thigh high made-to-measure hosiery.

Please wear a mask throughout the whole of the course and PPE when partaking in the practical elements of the course (aprons, gloves, hand gel and Clinell wipes provided)

Please note: This training provides evidence of Continuing Professional Development and can be used in the NMC Nurse Revalidation process.