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**Mattress selection guide in the prevention and management of pressure damage**

This should be used as a tool for nursing staff following a full risk assessment including patient mobility and patient choice. This is a guide – clinical judgement is essential for specialist mattress requirements or advice ring tissue viability service.

No pressure damage

Cozyfoam topper

(Up to 16 ST/102Kg) (F)

Overlay for use with own mattress and bed (double bed size available)

Soft foam premier glide (up to 39st/248kg) (F)

For use with hospital bed or single size own bed

Repose mattress topper (up to 22ST/127Kg) (SA) if on own single or double bed or in combination with soft foam premier glide and hospital bed/single size bed

Yes

No

Able to move in bed

No pressure damage up to Category 1- 2 pressure damage

Moderate risk

Braden score 13-14

Very limited or no ability to move in bed and needs hoisting or is bed bound.

Cannot reposition self independently

High risk

Braden score 10-12

Severe risk

Braden score less than 9

Category 2/3/4 pressure damage

Very limited or no ability to move in bed and needs hoisting or is bed bound. Needs hoisting / bed bound/ repositioning by 2

Cannot reposition self independently

Alternating air dynamic mattress.

\*For example Talley Quattro plus replacement mattress

(Up to 31ST/200Kg) (D)

(Currently supplied by tissue viability)

Moves independently

No pressure damage

Mild risk

Braden score 15 -18

\*Premier active replacement mattress

(Up to 39ST/248Kg) (C)

Consider Alternating Dynamic Mattress if there are long periods of time without carers

Key \* =equipment request form needed. F=foam .SA= static air. C= combination foam & dynamic.

D= dynamic.

For advice about mattresses please contact Tissue Viability at [tissueviability@oxfordhealth.nhs.uk](mailto:tissueviability@oxfordhealth.nhs.uk)