<table>
<thead>
<tr>
<th>NAME:</th>
<th>DATE:</th>
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<tbody>
<tr>
<td>Take contents out of the box - Have you got a Pump, Cushion Cover and ROHO Cushion?</td>
<td>Place cushion on the seating surface with the ISOFLO® memory control unit facing forwards and the inflation valve towards the front.</td>
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<tr>
<td>Make sure the ISOFLO® Memory control is pushed to the unlocked position (green button pressed in)</td>
<td>Make sure the valve is fully open (anti-clockwise) and inflate the cushion using the pump supplied.</td>
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<tr>
<td>Over inflate the cushion so it arches upwards slightly. Close the valve fully (clockwise).</td>
<td>Position the person as far back in the cushion as possible in a normal sitting position, ensuring armrests and footrests are properly adjusted.</td>
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<tr>
<td>Slide your hand, palm-side down between the buttocks and the cushion to locate the user’s lowest bony prominence.</td>
<td>With your hand still in position, release the valve to deflate the cushion until your hand touches the base of the cushion.</td>
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<tr>
<td>Close the valve. This will ensure that approximately 1.5cm of air remains between the user and the base of the cushion thus avoiding “bottoming out”.</td>
<td>The user will now be “immersed” in the cushion, not on it.</td>
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<tr>
<td>Once the person is in the optimum seating position, the ISOFLO® Memory Control can be pushed to the lock position (red button in). This restricts the flow of air within the cells in the cushion, providing a more stable, customised sitting position.</td>
<td>The ISOFLO® valve can be locked off to adjust or accommodate posture for individual use. When the ISOFLO® valve is shut the air is locked off into each quadrant hence ensuring the specific postural positioning is maintained.</td>
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Curvature of the Spine – Postural Support to avoid sliding in the chair
- Ensure the ISOFLO valve is open.
- Lift legs up at the front.
- Wait for approximately three seconds
- Lock the ISOFLO valve then lower the legs to the normal position
- These steps have allowed air to travel from the back of the cushion to the front of the cushion forming a ramp to ensure the user is held in position.
- Once adjustment is completed do a final check to ensure that the lowest bony prominence is not bottoming out.

Fixed pelvic conditions – Postural Support
- If the user has a fixed pelvic condition lower into the cushion and set up as previously demonstrated. Locking the ISOFLO valve will maintain the user’s position.

Non fixed pelvic conditions Pelvic Obliquity – Correctional Positioning
- The ISOFLO can be used to correct non fixed pelvic conditions by adjusting the user’s setting on a regular basis.
- Over time reposition the pelvis in order to return to a more neutral position.
- Each week adjust the cushion slightly to the left / right in order to alleviate the postural tilt. The subtle change over time will ensure no instability or discomfort affects the patient during the process.

Adjusting for working conditions – Reablement option for day to day activities
- The quadrants can be adjusted to allow a change in the seating angle when at a desk.
- Ensure the green button on the valve is pressed in so the ISOFLO valve is open.
- Press down on the front of the legs to move air from the front of the cushion to the back.
- Do not let the front of the cushion bottom out.
- Close the ISOFLO valve to lock the position.
- When resuming normal wheelchair use simply unlock the ISOFLO valve and allow the air to recirculate.
- Relock the ISOFLO valve.

HINTS AND TIPS
- Check regularly to see the cushion is safe to use – two hands on the surface to ensure it is inflated
- Check with hand over the valve to feel no air is leaking
- Only add air as required like a car tyre maybe weeks & months between inflating
- Can be rinsed in the shower
- Air dry only
- No neat bleach - standard wipes & antibacterial products are ok
- Covers can be washed in washing machine, although hand-washing is recommended

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