

# Oxfordshire Health Visiting Service

## What to do if your child is unwell

If your child becomes unwell or is injured, there are a number of NHS services available to you to provide the best health care for your needs. Choosing the right NHS service will help get you the best advice quickest and reduces pressure on A&E and GP services, freeing them up to help those who need it most. Find your nearest services here <https://www.nhs.uk/pages/home.aspx>



**Pharmacists** can provide treatments and advice for a wide range of complaints including coughs and colds, teething, skin rashes and hayfever



**Health Visitors** can advise you on common childhood illnesses, self-care and can signpost you to the most appropriate health service.



**NHS 111** - a freephone advice line available 24 hours a day, 365 days a year by calling 111. 111 provides health information and recommends best treatment options according to your child's symptoms.



**GP's** - you can get a range of health advice by appointment from your local GP Surgery. Make sure that you are registered with a GP so you can receive NHS health care and support services. [Find your local GP surgery on NHS Choices](#) website below. Outside of normal working hours, you can make contact with a GP via NHS 111



**Minor Injury Units (MIU)** – in Abingdon, Henley and Witney, provide X-Rays and care and treatment for a range of minor illnesses and non-serious injuries and are staffed by specialist nurses. Go to MIU if you need advice or treatment for minor injuries or illnesses quickly, such as a sprain, broken bones or minor burns. First Aid Units (FAU) are in Bicester, Chipping Norton and Wallingford they are for injuries that don't require and X-Ray. [Download the MIU and FAUs patient information leaflet](#)



**A&E** - Accident and Emergency Departments (A&E) or 999 are for serious and life-threatening emergencies only. 24 hour A&E departments are at the John Radcliffe Hospital in Oxford and the Horton Hospital in Banbury. At A&E, the most seriously ill patients will be seen before those with less urgent conditions. Responsible use of A&E saves lives.