

Healthy teeth smile chart

My name:

There is something magical inside your paste, hidden amongst the minty taste! Fluoride helps prevent tooth decay, use fluoride paste without delay!



Brush your teeth for 2 minutes twice a day and tick off or colour in when you have brushed your teeth

Week 1

Monday

Tuesday

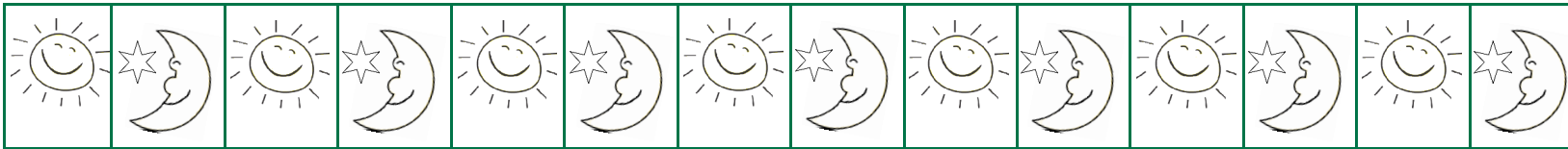
Wednesday

Thursday

Friday

Saturday

Sunday



WELL DONE!



Week 2

Monday

Tuesday

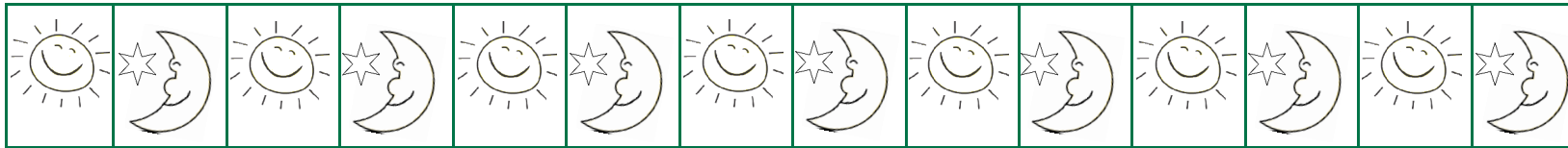
Wednesday

Thursday

Friday

Saturday

Sunday



Good effort!



Week 3

Monday

Tuesday

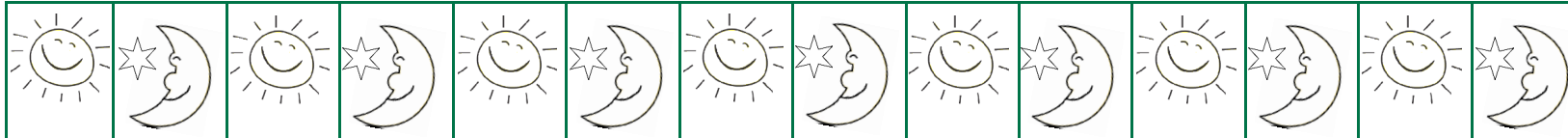
Wednesday

Thursday

Friday

Saturday

Sunday



Keep going!



Week 4

Monday

Tuesday

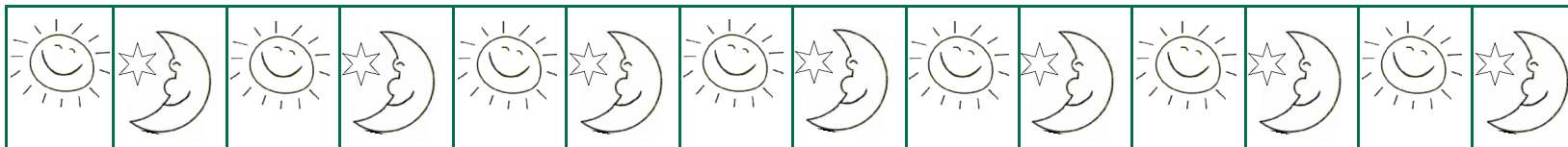
Wednesday

Thursday

Friday

Saturday

Sunday



Getting brighter!



WOW! What a bright smile! Keep up the good work!