**TESTIMONIALS FROM INFORMATION SESSIONS:**

**From senior school children:**

*I really liked…*

The activity itself and the idea of it

When they [trainers] showed us the levels of acid in the drinks and how they are healthy/not healthy

Testing the Acid amount [in drinks]

I like testing the drinks [for the amount of acid in various drinks]

Brushing the guys teeth

The concept of the paper testing [pH testing of acidity in a variety of drinks]

To brush the fake teeth

That the teacher [trainer] was nice

Testing it as I saw that coke zero is worse than normal coke.

Looking at the diagrams

When we got to experiment the drinks

*I learnt……*

To care for your teeth

That acids [drinks] are bad for your teeth

That if below 5.5 its bad

That energy drinks and fizzy drinks are very bad for your teeth

I learnt acid and it has to be over 5.5 to be good for your teeth

That some drinks have so much sugar and also have acid drink with a meal.

Some drinks are very acidic

That acid can affect your teeth

Flavoured water is acidic

Many drinks are falsely advertised

I learnt that some drinks are bad and some are good

Orange and apple juice are bad

That juice is just as bad as fizzy drinks

That fizzy drinks are bad for health

To keep teeth clean

That you should drink a fizzy through a straw.

**From primary school children:**

*I really liked….*

Brushing the Animals teeth

Brushing the big set of teeth and the animals’ teeth

Loved when we brushed the animals’ teeth, brushing the big teeth

I like that we brush our teeth with no water in school. Not spitting the water out.

*I learnt…*

That we had to brush our teeth 2 times a day for 2 minutes in the morning and at night.

I didn’t know that we should not rinse with water after.

Brush teeth twice a day.

I have learnt [how] to brush teeth

**TESTIMONIALS FROM TRAINING SESSIONS TO EARLY YEARS STAFF:**

* “Very informative and engaging for the children”
* “Practical session – good for the age group and right length”
* “This was an eye-opening session”
* “The session for Healthy Smiles was very educational”
* “All Useful to give information to parents”.

**TESTIMONIALS FROM TRAINING SESSIONS TO STAFF WORKING WITH VULNERABLE ADULTS:**

* “It gave me the idea how I should look after my teeth or the clients”
* “All aspects were useful and well explained”
* “All aspects were well covered”
* “Good knowledge of oral hygiene”
* “How to support the service, used to take care of [client’s] teeth”
* “I have found the training informative and knowledgeable”

**TESTIMONIALS FROM ACCREDITATION OF EARLY YEARS SETTINGS:**

* “I am happy with the service provided. Us, as staff have benefited by learning information we were not aware of. The parents have also learnt a lot and are more vigilant about what they feed their children. They have understood the risk of using a bottle and have stopped”
* “The workshop for parents was very useful to get the parents thinking about their children’s oral health.
* The workshop for children was useful to practice tooth-brushing on soft toys with teeth – the children really enjoyed this.
* The workshop for staff was helpful to teach us how to brush in groups in the Nursery.
* During the workshops, everyone had an opportunity to ask questions and discuss common misconceptions.”
* Mrs G… was very helpful and supportive during the accreditation process. She helped me to realise how easy the whole scheme could be to enrol throughout the Nursery. Thank you!