

In a Mental Health Crisis?

Then come to Banbury Safe Haven



Do you need...

- Guidance
- Signposting
- Safety planning
- Listening support

Opening hours...

Monday, Friday,
Saturday & Sunday
6pm to 10pm

If you are in crisis please call us first so
that we can hold a space for you

01295 270004 and 07851246546

Referral open from 5pm. Last entry 9pm.

banburysafehaven@oxfordshiremind.org.uk

The Banbury Wellbeing Hub, Britannia Road, Banbury, OX16 5DN

