# Coronavirus
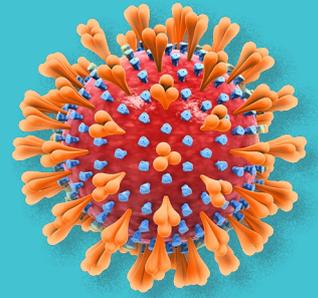## How to stay safe

**Coronavirus** is a new illness spreading across the world. Look out for

\* A new cough that will not stop

\* A high temperature where your back or chest feels hot to touch

If you have these signs stay at home for 7 days. Most people get better soon. If you start to feel worse use 111 online or phone 111.

## Don't spread it

Wash hands regularly

Use a tissue for coughs and sneezes and bin it

Don't touch your face or eyes with your hands

CALL 111

111.nhs.uk