

What is Individual Placement and Support (IPS)?

IPS is an intervention that aims to support individuals in returning to competitive paid employment. It is:

- Recommended in the NICE guidelines
- A person-centred approach, adapting to meet individual needs
- Focused on placing people within paid employment and then providing with the necessary training
- An intervention that aids people to identify how to keep themselves healthy and well at work.

Who provides the support?

The support will be provided to those under the Early Intervention in Psychosis Service by Oxford Health NHS Foundation Trust .

IPS is offered in addition to the support provided by your care co-ordinator. The level of support you will receive is driven by your needs as an individual as well as how much support you would like to receive in regards to obtaining employment.

What if I don't feel ready yet?

If you don't feel ready yet, there are some options:

- Restore, a charity in Oxfordshire, offers a coaching service for individuals who want to explore volunteering
- You can always get re-referred when you do feel ready, so if you need more time that is okay
- Explore further education or training opportunities through your care co-ordinator or third party organisations

What do other people think?

"Having the assistance of an IPS worker significantly enhanced my confidence in attaining employment. I now have a job thanks to the help I received such as applying for jobs and how to handle interview questions.

"Despite my issues with mental health, the IPS worker helped me overcome fears and secure the job I was searching for."

– Service User, Bucks EIS

About my employment goals

My employment goals are:

I will achieve these by:

About my IPS Employment Worker:

My IPS Employment Worker is called....

Their Mobile number is...