

## What will the service offer me?

- Ongoing, individually tailored support for your employment goals
- Advice and help with exploring employment options
- Job searching
- Guidance on application design and interview skills (including CV)
- In-work support (thinking about how to stay well at work)
- Employer liaison (both before and during employment)
- Support with accessing the hidden labour market
- Welfare benefit advice

## Am I eligible?

- Do you feel ready to return to work?
- Are you motivated to work?
- Would you like some support in finding a job?
- Would you like to explore what job opportunities are available to you?

If you answered yes to these questions you are eligible!

## Concerns and complaints

We aim to provide you with a high quality service at all times. However, if you have any concerns, complaints or comments about your experience of our service then please tell a member of the team or contact the Patient Advice and Liaison Service on freephone 0800 328 7971.

Please contact us if you would like the information in another language or different format.

**Arabic** يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسيق مختلف.

**Bengali** আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

**Urdu** اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

**Chinese** 若要以其他語言或格式提供這些資訊，請與我們聯繫

**Polish** Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

**Portuguese** Queira contactar-nos se pretender as informações noutro idioma ou num formato diferente.

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Individual Placement and Support

# Employment Support

## What is Individual Placement and Support (IPS)?

IPS is an intervention that aims to support individuals in returning to competitive paid employment. It is:

- Recommended in the NICE guidelines
- A person-centred approach, adapting to meet individual needs
- Focused on placing people within paid employment and then providing with the necessary training
- An intervention that aids people to identify how to keep themselves healthy and well at work.

## Who provides the support?

The support will be provided to those under the Early Intervention in Psychosis Service by Oxford Health NHS Foundation Trust .

IPS is offered in addition to the support provided by your care co-ordinator. The level of support you will receive is driven by your needs as an individual as well as how much support you would like to receive in regards to obtaining employment.

## What if I don't feel ready yet?

If you don't feel ready yet, there are some options:

- Restore, a charity in Oxfordshire, offers a coaching service for individuals who want to explore volunteering
- You can always get re-referred when you do feel ready, so if you need more time that is okay
- Explore further education or training opportunities through your care co-ordinator or third party organisations

## What do other people think?

"Having the assistance of an IPS worker significantly enhanced my confidence in attaining employment. I now have a job thanks to the help I received such as applying for jobs and how to handle interview questions.

"Despite my issues with mental health, the IPS worker helped me overcome fears and secure the job I was searching for."

– Service User, Bucks EIS

## About my employment goals

My employment goals are:

I will achieve these by:

## About my IPS Employment Worker:

My IPS Employment Worker is called....

Their Mobile number is...